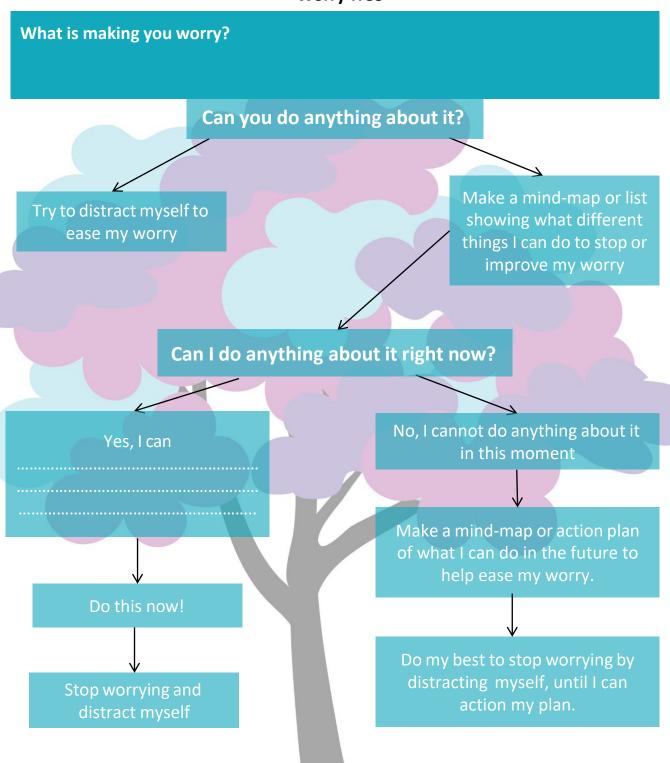


## **Abdominal pain Worksheet 8**

**Worry Tree** 



Tip: make your mind-maps and lists colourful, you will be more likely to remember what you have written, and engage with the material more!