

include nyc

Love, equity, and access for young people with disabilities



INCLUDEnyc is the leading source of training and information for young people ages 0-26 with known or suspected disabilities, their parents, and the professionals who support them.



**Multilingual
Help Line**



Workshops



**Youth
Programs**



**News,
Information
& Events**

We can help you:

- Determine how to support your infant, toddler, pre-schooler, school-age child, or young adult
- Understand special education, your rights, eligibility, and available supports
- Identify community resources
- Learn about public service benefits
- Develop parenting and advocacy skills
- Work with youth and families in your community

About INCLUDEnyc:

- We are an independent organization and information shared is confidential.
- No referrals are necessary and immigration status is not considered.
- All our services are **FREE**.



“Knowledge is power. INCLUDEnyc gave me the information I needed to advocate for my son.”

– Christine D., parent

Live Help Line hours

Call us Monday-Thursday, 9am-3pm
Or leave a message at any time

English

Call: 212-677-4660
Text: 646-693-3175

Español

Llame: 212-677-4668
Texto: 646-693-3157

When you call our Help Line, you can receive assistance in **200+** languages.

iHola!

你好

Attend a FREE Workshop

Our workshops are in all **5 boroughs and virtual.**

Visit our website calendar and **register for a free workshop.**



Check out our website for news, information, and events

Email

info@includenyc.org

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