

Free Summer Art Series!

(For youth, ages 10-24)

Join Weekly!

Each week, youth will engage in a different, fun, strength-based art activity, to improve their resiliency skills, while connecting with their peers. Activities can double as coping skills youth can use in times of stress or crisis. Series is drop-in, meaning it isn't mandatory to attend all 8 weeks. Youth can participate as desired! Snacks, fun prizes, will be given out weekly!

FREE ART SERIES.

- **Week 1 (7/9)** – Self Portrait with Affirmations and Interests
- **Week 2 (7/16)** – Coping Strategies Wheel
- **Week 3 (7/23)** – Garden Bed Visualization
- **Week 4 (7/30)** – Paint Your Safe Space
- **Week 5 (8/6)** – Rainbow Breathing Drawing
- **Week 6 (8/13)** – Postcard From Your Future Self
- **Week 7 (8/20)** – Paint Your Feelings
- **Week 8 (8/27)** - You've Got Mail

When, Where, and Who!

When: Every Wednesday,
7/9/25-8/27/25, from 3-4:30pm

Where: 489 E 153rd St. Bronx,
NY 10455

Who: Led by YPA-C Emma
Adler and Peer Specialist
Jules Brendanawicz



For more info or to register, please
scan the QR code below:



For any further questions, please contact Melinda Wong, Program Coordinator

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