



**Our Casa**

- Family Enrichment Center
- ✓ Welcoming Center - Open to all!
- ✓ Co-designed by COMMUNITY
- ✓ Connection to Resources
- ✓ Learning Labs
- ✓ FREE events & activities

# Stepping Stones Social Emotional Literacy



workshops designed  
for caregivers of  
young children



**8:30am:**



This Social Emotional Literacy workshop focuses on building young children's self and social awareness and emotional vocabulary. We'll explore understanding big feelings, practice calming techniques, and learn how to foster a growth mindset through praise and affirmations.

## Location

**Our Casa**  
3067 Kingsbridge Terrace  
Bronx, NY 10463

**SCAN ME:**

Sign up:

[tinyurl.com/our26casa](https://tinyurl.com/our26casa)



Want more info?

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