



April 13, 2026

Dear Community Partner,

Astor Services is a community-based behavioral health provider with more than 70 years of experience engaging, empowering, and strengthening children, adults, and families. We serve over 9,000 individuals across the Hudson Valley and the Bronx through more than 20 programs in over 80 locations. As we continue to assess community needs and opportunities to expand our impact, we are pleased to share important news.

Astor is opening a new site at **1057 Southern Boulevard in the South Bronx**—our first location in this part of the borough. This space will house several key programs, including our Adolescent Partial Hospitalization Program, Trauma Recovery Center, and South Bronx Counseling Center. This move enables us to expand our services while remaining deeply rooted in the Bronx communities we have proudly supported for decades.

Whether you are a long-standing partner or newly connected to our mission, we value your collaboration. We look forward to strengthening our partnership as we settle into this new home. We hope this transition creates more opportunities for referrals, outreach, and shared initiatives.

While we plan to host a formal ribbon-cutting this spring, the site is now open. We welcome you to visit for a tour to learn more about our programs. If preferred, our leadership team is also available for a virtual meeting to provide information. Enclosed is a one-page overview of the services that will be offered at this site. Additional detailed materials are available upon request.

Please feel free to reach out to discuss referral linkages, partnership opportunities, or any questions you may have. We appreciate the vital support partners like you bring to this work and look forward to collaborating closely. Together, we can strengthen the network of support available to individuals and families in the Bronx.

Sincerely,

*Alan Fong, LCSW*

Assistant Executive Director of Clinical Services

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# South Bronx Behavioral Health Hub

1057 Southern Blvd, Bronx, NY 10459



## Program Overview

### Adolescent Partial Hospitalization Program (PHP)

Intensive, structured treatment for youth ages 11–18 with mental health–related safety concerns while they remain at home. Daily programming includes DBT-based groups, individual therapy, family involvement, and academic support.

### Additional Services

- Psychiatric evaluation & medication management
- Discharge planning connecting youth with outpatient and community services
- 24/7 crisis coaching and skill-building support

### South Bronx Counseling Center

Provides therapy, psychiatric care, and family advocacy for youth ages 2–26 and their families.

### Services

- Family, individual & group therapy
- Substance-use screening & treatment
- Crisis intervention & safety planning
- Family advocacy
- Behavioral health assessments
- Treatment for youth who cause sexual harm
- Psychiatric services & medication management

### Trauma Recovery Center (TRC)

Trauma-informed treatment using evidence-based models for clients exposed to interpersonal or community violence, helping them access mental health, healthcare, and legal resources.

### Services

- Individual & family therapy
- Case management to improve stability and connection to community supports
- Advocacy with medical providers, public assistance, and courts

### Referral Criteria

- Bronx residents ages 5+ (others considered case-by-case)
- Trauma within past 3 years or loss of a loved one by suicide/homicide throughout their lifetime

### Juvenile Justice Program

Supports court-involved or at-risk Bronx residents—youth ages 12–26 with emotional/behavioral needs.

### Services

- Therapy screenings; individual & family therapy
- Evidence-based assessments and evaluations and strengths-based case management

All services accept insurance and/or Medicaid or are provided regardless of insurance.

For questions or more information: [development@astorservices.org](mailto:development@astorservices.org) | [www.astorservices.org](http://www.astorservices.org)