



January Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Gerda G - 12th				New Years Day 1 9:30 AM Chronicle Review 10:00 AM Morning Exercise 1:30 PM Creative Cove: Watercolor Painting 2:30 PM Snack Time Social 3:30 PM Noodle Ball	2 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Bingo! 1:30 PM Reminiscing: Memory Jars 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club	3 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Reminiscing: Memory Jars 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club	
9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Animal Flash Cards! 1:30 PM Colorful Moments: Coloring 2:30 PM Manicure 3:30 PM Walk and Roll Club	4 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Creative Cove: Card Stamping 1:30 PM Bingo! 2:30 PM Rhythm and Motion 3:30 PM Bowling	5 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:30 PM Music Hour 2:00 PM Tasty Treat Creations: Trail Mix 3:00 PM Hand Massages	6 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:30 PM Science Project: Sink or Float 2:30 PM Bingo 3:30 PM Ball Drumming	7 9:30 AM Chronicle Review 10:00 AM Morning Exercise 1:30 PM Creative Cove: Sock Snowmen 2:30 PM Snack Time Social 3:30 PM Mirror Movements	8 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Animal Flash Cards 2:30 PM Happy Hour! 2:30 PM Live Music!	9 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Reminiscing: Scrapbook Page 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club	10 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Reminiscing: Scrapbook Page 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club
9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Coffee & Conversation 1:30 PM Colorful Moments: Watercolors 2:30 PM Manicure 3:30 PM Walk and Roll Club	11 9:30 AM Chronicle Review 10:00 AM Hot Cider Social & Music 10:30 AM Music with Meridith 1:30 PM Bingo! 2:30 PM Rhythm and Motion 3:30 PM Toss the Ball	12 National Sticker Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 11:00 AM Lunch Outing: Abos Pizza 1:30 PM Music Hour 2:00 PM Warm Neck Towels 3:00 PM Tasty Treat Creations: Muffins	13 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 11:00 AM Lunch Outing: Abos Pizza 1:30 PM Creative Cove: Door Sign Designs 2:30 PM Bingo 3:30 PM Scarf and Movement	14 9:30 AM Chronicle Review 10:00 AM Morning Exercise 1:30 PM Creative Cove: Picture frames 2:30 PM Snack Time Social 3:30 PM Pattern Movement	15 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM MC RESIDENT COUNSEL 2:00 PM Happy Hour! 2:30 PM Live Music!	16 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Colorful Moments: Yarn Art 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club	17 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Colorful Moments: Yarn Art 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club
9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Go Fish! 1:30 PM Colorful Moments: Coloring 2:30 PM Manicure 3:30 PM Walk and Roll Club	18 Martin Luther King Jr. Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Creative Cove: Snowy Village Plates 1:30 PM MLK Day Stories 2:30 PM Rhythm and Motion 3:30 PM Soccer: Kick the Ball 4:00 PM FAMILY COUNSEL	19 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:30 PM Music Hour 2:00 PM Hand Massages 3:00 PM Tasty Treat Creations: Hummus & Veggies	20 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:30 PM Science Project: Colorful Water 2:30 PM Bingo 3:30 PM Sword Fights!	21 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:00 AM Morning Exercise 1:30 PM Creative Cove: Hot Cocoa mugs 2:30 PM Snack Time Social 3:30 PM Noodle Ball	22 National Pie Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:00 AM Morning Exercise 1:30 PM Puzzles 2:00 PM Happy Hour! 2:30 PM Live Music!	23 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Sensory and Sound: Zen Garden 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club	24 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Sensory and Sound: Zen Garden 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club
9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Name That Item! 1:30 PM Colorful Moments: Coloring 2:30 PM Manicure 3:30 PM Walk and Roll Club	25 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Creative Cove: Glass Jar Painting 1:30 PM Bingo! 2:30 PM Rhythm and Motion 3:30 PM Balloon Volleyball	26 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:30 PM OUTING: Ice cream 1:30 PM Music Hour 2:00 PM Hand Massages 3:00 PM Tasty Treat Creations: Muddie Buddies	27 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:00 AM Morning Exercise 1:30 PM Science Project: Baking Soda Balloons 2:30 PM Bingo 3:30 PM Mirror Movements	28 National Puzzle Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:00 AM Morning Exercise 1:30 PM Puzzles 2:00 PM Happy Hour! 2:30 PM Live Music!	29 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:00 AM Morning Exercise 1:30 PM Creative Cove: Bell bracelets 2:30 PM Snack Time Social 3:30 PM Ball Drumming	30 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Science Project: Quilt Squares 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club	31 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:30 PM Science Project: Quilt Squares 2:30 PM Book Club/ Story Time 3:30 PM Walk and Roll Club