



March

Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Helping Hands: Card Sorting 1:30 PM Colorful Moments: Finger Painting 2:30 PM Manicures 3:30 PM Walk and Talk 4:00 PM Helping Hands: Set for Dinner	2 Dr. Seuss Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Dr. Seuss Scavenger Hunt 1:30 PM Bingo! 2:30 PM Green Eggs & Ham! 3:30 PM Dr. Seuss Read Aloud 4:00 PM Helping Hands: Set for Dinner	3 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:30 PM Music Hour 2:00 PM Hand Massages 3:00 PM Tasty Treat Creations: Rainbow Fruit Cups 4:00 PM Helping Hands: Set for Dinner	4 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Creative Crafts: Rainbow Paper Chains 1:00 PM Would You Rather? 2:30 PM Bingo 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	5 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Rhythm & Motion 1:30 PM Creative Cove: No sew pillows 2:30 PM Snack Time Social: Pizza Bites 3:30 PM Balloon Volleyball 4:00 PM Helping Hands: Set for Dinner	6 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM LUNCH OUTING: Olive Garden 2:00 PM Happy Hour! 2:30 PM Live Music! 4:00 PM Helping Hands: Set for Dinner	7 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:00 PM Helping Hands: Flower Arranging 2:00 PM Book Club/ Story Time 3:00 PM Bowling 4:00 PM Helping Hands: Set for Dinner
8 International Women's Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Sunshine Sit & Sips 1:30 PM Colorful Moments: Watercolor Art 2:30 PM Manicures 3:30 PM Walk and Talk 4:00 PM Helping Hands: Set for Dinner	9 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Music with Meridith 1:30 PM Bingo! 2:30 PM Helping Hands: Sorting Socks 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	10 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 11:00 AM OUTING: Scenic Drive 1:30 PM Music Hour 2:00 PM Hand Massages 3:00 PM Tasty Treat Creations: Cinnamon Rolls 4:00 PM Helping Hands: Set for Dinner	11 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Wednesday Would You Rather? 1:30 PM Creative Crafts: Birds Nests 2:30 PM Bingo 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	12 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Rhythm & Motion 1:30 PM Creative Cove: Pots of Gold 2:30 PM Sensory Social: No Bake cookies 3:30 PM Noodle Hockey 4:00 PM Helping Hands: Set for Dinner	13 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Garden Gathering 2:00 PM Happy Hour! 2:30 PM Live Music! 4:00 PM Helping Hands: Set for Dinner	14 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:00 PM Sunshine Sit & Sips 2:00 PM Book Club/ Story Time 3:00 PM Travelogues: Ireland 4:00 PM Helping Hands: Set for Dinner
15 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Helping Hands: Spring Decorating 1:30 PM Bowling 2:30 PM Irish Dancers! 3:30 PM Walk and Talk 4:00 PM Helping Hands: Set for Dinner	16 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Creative Cove: Paper Plate Lady Bugs 1:30 PM Bingo! 2:30 PM Sensory Social: Spring Bins 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	17 Saint Patrick's Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:00 PM St. Patty's Day "Pub" Crawl 1:45 PM Tasty Treat Creations: Shamrock Shakes 2:00 PM Music w/ Molly Kaufman 4:00 PM Helping Hands: Set for Dinner	18 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Sunshine Sit & Sips 1:30 PM Creative Crafts: Butterfly Sun Catchers 2:30 PM Bingo 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	19 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM OUTING: Scenic Drive & Ice cream 1:30 PM Creative Cove: Coffee Filter Flowers 2:30 PM Snack Time Social: Lemon Bars 3:30 PM Seated soccer 4:00 PM Helping Hands: Set for Dinner	20 First Day of Spring 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM LUNCH OUTING: Westwood's Golf Course 2:00 PM Happy Hour! 2:30 PM Live Music! 4:00 PM Helping Hands: Set for Dinner	21 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:00 PM Helping Hands: Flower Arranging 2:00 PM Book Club/ Story Time 3:00 PM Table "air" hockey 4:00 PM Helping Hands: Set for Dinner
22 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Sunshine Sit & Sips 1:30 PM Colorful Moments: Flower Art 2:30 PM Manicures 3:30 PM Walk and Talk 4:00 PM Helping Hands: Set for Dinner	23 National Puppy Day 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Picnic in the Park 1:30 PM Bingo! 2:30 PM Creative Cove: Dog Tag Decorating 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	24 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Taste Test Tuesday 1:30 PM Helping Hands: Spring Cleaning 2:00 PM Hand Massages 3:00 PM Tasty Treat Creations: Dirt Cups 4:00 PM Helping Hands: Set for Dinner	25 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Wednesday Would You Rather? 1:00 PM Sensory Social: Spring Scents 2:30 PM Bingo 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	26 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Grow a Garden Class w/ Kim Obert 1:30 PM Creative Cove: "Rain" water coloring 2:30 PM Tea Party w/ tea sandwiches 3:30 PM Bowling 4:00 PM Helping Hands: Set for Dinner	27 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Garden Gathering 2:00 PM Happy Hour! 2:30 PM Live Music! 4:00 PM Helping Hands: Set for Dinner	28 9:30 AM Chronicle Review 10:00 AM Morning Exercise 11:00 AM Bingo! 1:00 PM Sunshine Sit & Sips 2:00 PM Creative Corner: Spring Wreaths 3:00 PM Travelogues: Turks & Caicos 4:00 PM Helping Hands: Set for Dinner
29 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Springtime Scavenger Hunt 1:30 PM Colorful Moments: Spring Seed Pictures 2:30 PM Manicures 3:30 PM Walk and Talk 4:00 PM Helping Hands: Set for Dinner	30 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:30 AM Creative Cove: Dot Paint Spring Trees 1:30 PM Bingo! 2:30 PM Sunshine Sip & Sits 3:30 PM Wellness Walk and Talk 4:00 PM Helping Hands: Set for Dinner	31 9:30 AM Chronicle Review 10:00 AM Morning Exercise 10:45 AM Trivia Tuesdays! 1:30 PM Music Hour 2:00 PM Hand Massages 3:00 PM Tasty Treat Creations: Flower Cookies 4:00 PM Helping Hands: Set for Dinner				