

BU TŌ WORKSHOP

WITH **YUMIKO YOSHIOKA**

Thank you for your interest in the butoh workshop held by Yumiko Yoshioka. In this email you will find all the necessary information regarding the workshop and the space in which it will take place. We ask that you read it carefully and do not hesitate to write to us for any clarifications. at: spaziocinquecento@gmail.com

PLACE



We invite you to join us in a cozy renovated barn on a green hill covered with vineyards and olive trees. The work will take place in a large room with wooden floor.

From Verona the location is 20 minutes by car and 40 minutes by public transport. Montorio (the closest village to us) can be reached by bus from the Verona Porta Nuova and Verona Porta Vescovo train stations; if you come by public transportation, we will pick you up by car in Montorio.



LODGING

The studio and bedrooms are in the same residence. There is choice of overnight stay in a single or shared room. Spaces are very limited so please enquire as early as possible.



MEALS

Vegetarian and organic meals will be cooked by our beloved cook. We believe that individual awareness and responsibility are key to collective well-being, so we encourage collaborative interaction with the space. Therefore, we ask all creatures present to contribute to the harmony by keeping the space clean and tidy.



DAY 1

Thursday 28th May

2:00 pm	ARRIVALS
3:00 - 8:00 pm	CLASS
8:30 pm	Dinner

DAY 2

Friday 29th May

9:00 - 10:00 am	Breakfast
11:00 am - 1:00 pm	CLASS
1:30 - 2:30 pm	Lunch
4:00- 7:00 pm	CLASS
8:00 pm	Dinner

DAY 3

Saturday 30th May

9:00 - 10:00 am	Breakfast
11:00 am - 1:00 pm	CLASS
1:30 - 2:30 pm	Lunch
3:00 - 4:00 pm	Gong Bath
4:00 - 7:00 pm	CLASS
8:00 pm	Dinner



SCHEDULE

DAY 4

Sunday 31th May

8:00 - 9:00 am	Breakfast
9:30 am - 1:30 pm	CLASS
2:00 - 3:00 pm	Lunch
DEPARTURES	

FEES

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| <ul style="list-style-type: none">▪ 20 hours classes▪ Accommodation for 3 nights in shared rooms▪ Meals included | €450 |
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| <ul style="list-style-type: none">▪ 20 hours classes▪ Tent stay (outside), or hammock or sleeping mat in shared hall▪ Meals included | €360 |
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| <ul style="list-style-type: none">▪ 20 hours classes▪ Participation without overnight stay▪ No meals included | €240 |
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| <ul style="list-style-type: none">▪ Possibility to join for less days | PRICE TBD |
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