



# When Should My Child Start Having Loose Teeth?

Discover when children typically start having loose teeth, how to manage them, and the role of pediatric dental care in this important growth milestone. Learn tips from Just 4 KiDDS Dentistry for Children.

[Baby Teeth](#)

Updated On: November 26, 2024



As a cornerstone of pediatric dental care at Just 4 KiDDS, we often encounter curious and sometimes anxious parents wondering about the milestones in their child's dental development.

A common question that pops up is, "**When should my child start having loose teeth?**" It's a significant marker in a child's growth, signaling the transition from baby teeth to adult teeth. Let's dive into this topic, offering insights and guidance to help you navigate this phase with confidence.

## Understanding the Timeline for Loose Teeth

**Typically, children begin to notice their first loose tooth around the age of 6 or 7. However, it's important to remember that every child is unique, and this timing can vary.** The process of losing baby teeth and the emergence of permanent teeth is a natural one, often starting with the lower front teeth (the incisors) and followed by the upper front teeth.

## Signs Your Child's Teeth Are Getting Ready to Wiggle

Before a tooth becomes noticeably loose, you might observe your child fidgeting with it or complaining about a slight discomfort in the area. This is perfectly normal and part of the process where the underlying permanent tooth starts to dissolve the root of the baby tooth, making it loose.

## How to Handle Loose Teeth: Do's and Don'ts

### Do:

- Encourage your child to gently wiggle the tooth with their clean finger or tongue.
- Maintain regular dental checkups with us to ensure the overall health of your child's teeth and gums.
- Celebrate this milestone! It's an exciting time for your child and marks their growth.

### Don't:

- Force the tooth to come out before it's ready. This could cause unnecessary pain or damage.
- Neglect oral hygiene. Even if a tooth is loose, it's crucial to keep the area clean to prevent any potential infection.

## The Role of Pediatric Dental Care in Managing Loose Teeth

At Just 4 KiDDS, our specialized pediatric dentists, **Dr. Jordan Higham**, **Dr. Austin French**, and our orthodontist, **Dr. Andy Higham**, are here to support your child through every milestone, including when they start to have loose teeth. Whether it's guiding them on how to care for a loose tooth or ensuring their oral health is on track, our team is dedicated to making each dental visit a positive experience.

## Nurturing Your Child's Smile Through Milestones

Losing baby teeth is more than just a physical change—it's a rite of passage. It's a time filled with excitement, a bit of apprehension, and lots of questions. Our team at Just 4 KiDDS is here to answer those questions, offering expert care and advice. We're committed to making dental care a fun and comfortable experience, ensuring that your child looks forward to taking care of their teeth and embracing each new stage with a smile.

## Your Partner in Pediatric Dental Health

We understand the importance of nurturing your child's dental health from the very beginning. That's why we offer a comprehensive range of services tailored to meet the needs of children at every stage of their dental development. From their first dental visit to managing loose teeth and beyond, Just 4 KiDDS is your family's partner in pediatric dental health.

If you're noticing the first signs of a wiggly tooth or have any concerns about your child's oral health, **don't hesitate to reach out to us**. Let's ensure that your child's smile is bright, healthy, and ready for the exciting changes ahead.

## Related Questions

### At what age do children usually start losing their baby teeth?

Most children begin losing their baby teeth around the age of 6 or 7, but the timing can vary from child to child.

### Is it normal for my child to have loose teeth before the age of 6?

While less common, some children may start losing their teeth a bit earlier than the typical age range. However, if you're concerned, it's always best to consult with a pediatric dentist.

### How can I help my child with a loose tooth?


Encourage gentle wiggling of the loose tooth with a clean finger or tongue but avoid using force. Maintaining good oral hygiene and regular dental checkups is also crucial during this time.

### What should I do if my child's loose tooth is causing pain?

If your child is experiencing discomfort beyond what is typical for a loose tooth, please contact us for an appointment. It's important to ensure there are no underlying issues that need attention.

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