



Brotherhood Below, Mental Strength Beneath the Surface

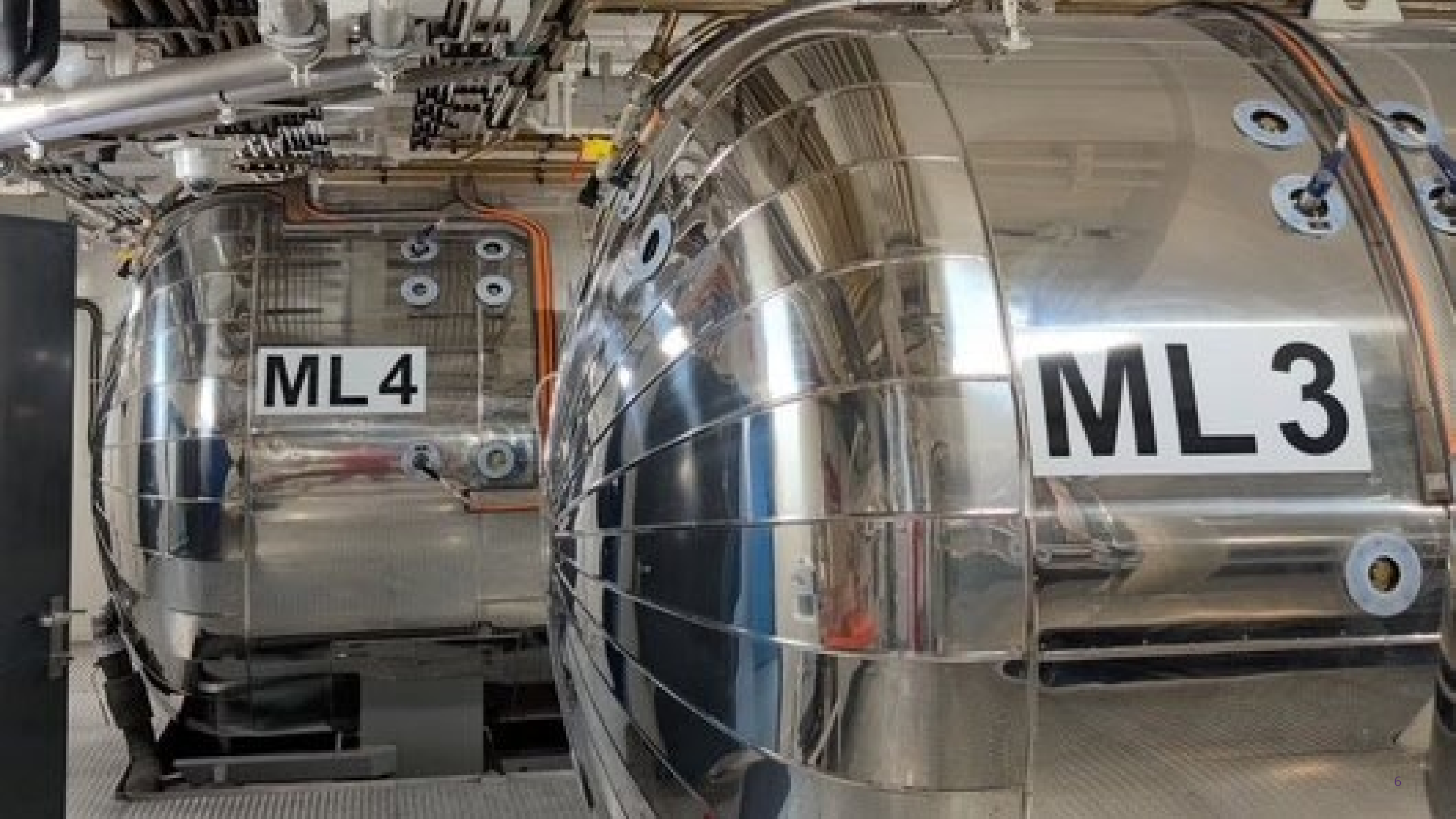
Stuart Cowie and Abbie Coutts



























MIX 1/C

MIX 1/B

MIX 1A

MIX 1

MIX 4

MIX 2

MIX 2

MIX 2 OLE

LINE/C

MIX 2 OLE
LINE/D

MIX

MIX 3

MIX 3

MIX 3/C







2.2T

STAGE FRAME 2.2T

A.B.C.
A
B
C







201
+00

















352
-01



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Call to Action

- How do we integrate mental resilience into training, briefings, and leadership dialogues?
- How do we create safe spaces offshore for open conversations, without stigma or fear?
- How do we build systems that support safe dives and sustainable, healthy careers?

