

The Cyber Wellness Program

Your **Fast Track** to Cyber Health

Cybercrime is undoubtably, the world's most profitable business. Almost 50% of all cyber-attacks are against small to mid-sized businesses. Sadly, if your business has money or data, you are a target.

Whether your company is just starting to develop a cybersecurity program or already have one and are looking for an expert advisor you can trust to offer additional guidance and expertise, our Cyber Wellness Program will put your firm on the fast track to cyber health.

A SIMPLE PLAN...

The Cyber Wellness Program offers a comprehensive, phased, and affordable solution to assess your cybersecurity program - or start one. We'll completely assess your current state, identify and understand your vulnerabilities and security gaps, develop a practical remediation strategy, and assist in its implementation as an extension of your IT and or security team.

TWO POWERFUL OPTIONS: TECHNICAL OR GRC

Depending on the nature of your company, your industry, competitive framework, and the maturity of your cybersecurity program, clients have the option of choosing a program that has either a technical focus or a Governance, Risk, and Compliance focus. Some of our clients start with one and add the other as they grow.

LEAN ON US

The Cyber Wellness Program offers your company the unparalleled expertise of the Fortress Security Risk Management cybersecurity team of experts; chief information security officers (vCISOs), security architects, engineers, or even cybersecurity project managers. This approach gives you access to a highly experienced team of advisors without the financial and time burden of one or more dedicated hires.

Through a detailed analysis of your environment, a practical and affordable improvement roadmap delivered via scheduled touchpoints and smooth coordination, the Cyber Wellness Program will actively and dramatically enhance any company's cyber maturity.

KEY CYBER WELLNESS BENEFITS

- ✓ **Comprehensive Advisory Services**
- ✓ **Assessment & Governance Program**
- ✓ **External Security Posture Monitoring**
 - Financial Risk Exposure
 - Cyber, Industry, & Compliance Ratings
 - Cyber Risk Benchmark
 - Recommendations for Improvement
- ✓ **Technical Assessments**
 - Windows Domain Assessment
 - Vulnerability Assessment
 - Network Discovery Assessment

Available Options-Client Choice:

- Framework Assessment
 - CIS Framework
 - NIST Assessment
 - PCI Readiness
 - Privacy Assessment
 - Risk Register
 - Security Plan of Action
- ✓ **Incident Response Program**
 - DFIR Response SLA
 - 25% Discount on rates
 - Incident Response Policy, Plan, and specific responses
 - Tabletop Exercise and Runbook