

UNLOCK YOUR CHILD'S POTENTIAL

Early motor development red flags

Is Your Child on Track?

As parents, we all want the best for our children. Ensuring they reach their developmental milestones is a crucial part of that. This guide highlights key **red flags** in early motor development, empowering you to identify potential concerns and seek timely support.

Key Red Flags in Early Motor Development

0-6 Months

- Poor head control
- Difficulty bringing hands to mouth
- Reaching primarily with one hand
- Stiffness or floppiness
- Not reacting to sounds or visual stimuli

6-12 Months

- Not rolling over in both directions
- Difficulty sitting independently
- Not bearing weight on legs when supported
- Absent or asymmetrical crawling
- Delayed fine motor skills (e.g., grasping toys)

12-18 Months

- Not pulling to stand
- Not cruising along furniture
- Not standing independently
- Limited babbling or vocalization
- Difficulty with transitions

18-24 Months

- Not walking independently
- Inability to climb or explore physically
- Limited imitation skills
- Frequent falls
- Struggling with grasp and release of objects

The Power of Early Intervention

Early intervention is **key** to maximizing a child's potential. Addressing motor development delays early can lead to significant improvements in:

- **Physical abilities:** Enhanced coordination, strength, and balance.
- **Cognitive development:** Improved problem-solving and learning skills.
- **Social-emotional growth:** Increased confidence and social interaction.
- **Independence:** Greater ability to participate in daily activities.

Ignoring these red flags can lead to long-term challenges. Early intervention can help mitigate these risks and support your child's overall development.

Concerned? We're Here to Help.

If you've noticed any of these red flags in your child's development, don't hesitate to seek professional guidance. Our pediatric physical therapy services can provide a comprehensive assessment and create a personalized intervention plan to support your child's unique needs.

Benefits of our Physical Therapy Services:

- Individualized assessments and treatment plans
- Play-based therapy to make learning fun
- Parent education and support
- A nurturing and supportive environment

Take the Next Step

Give your child the best start in life. Contact us today for a consultation and discover how our physical therapy services can help your child thrive!

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