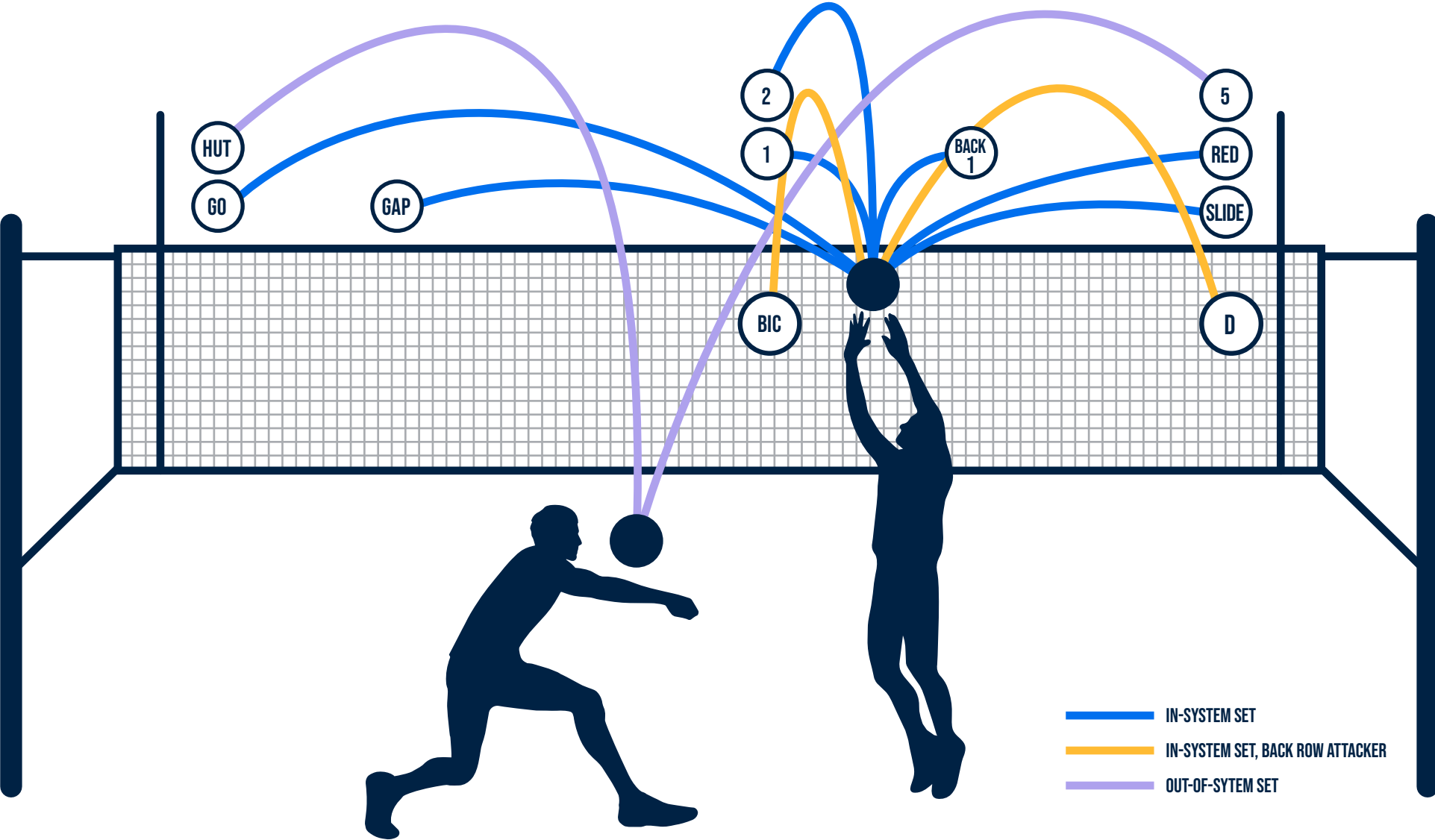
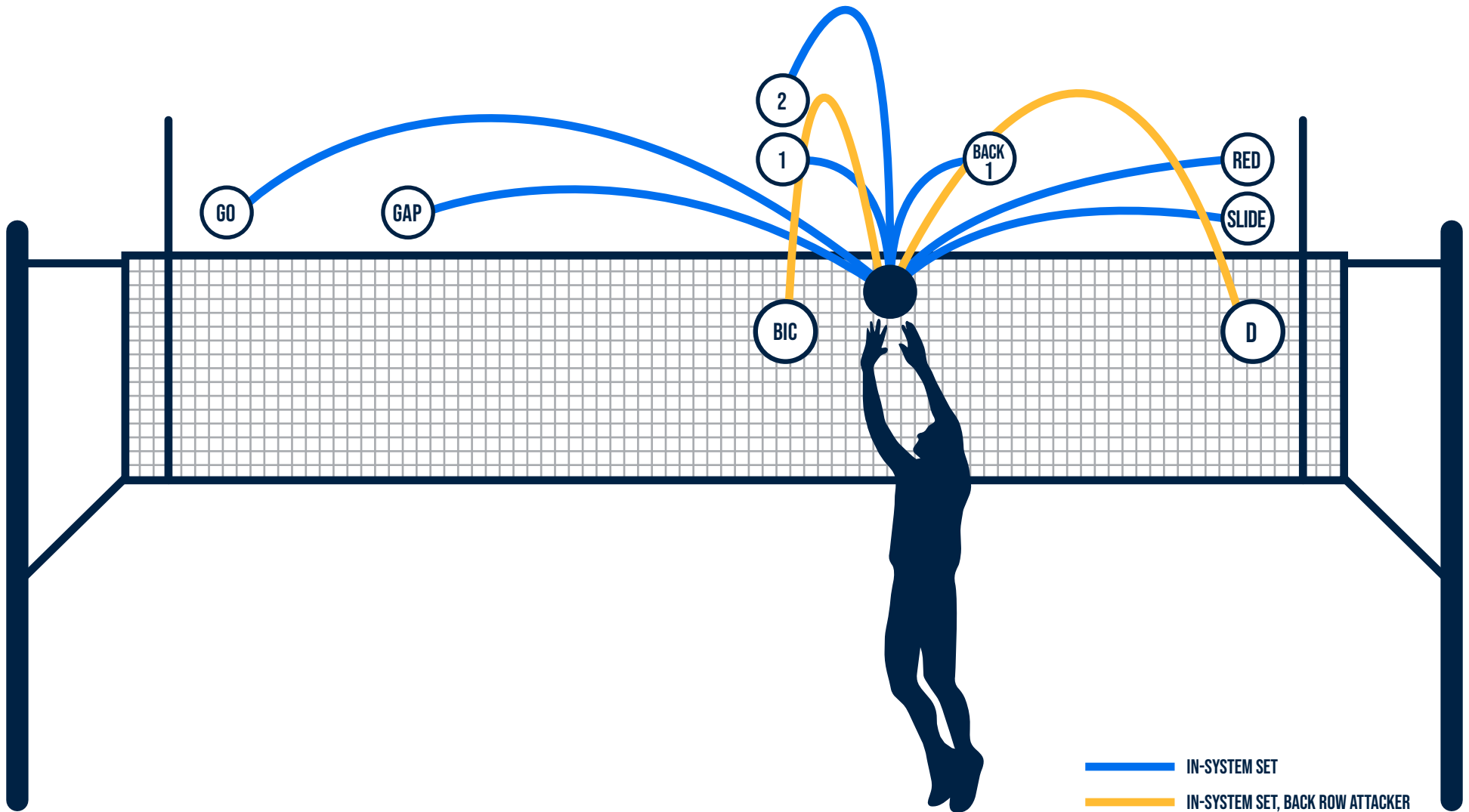


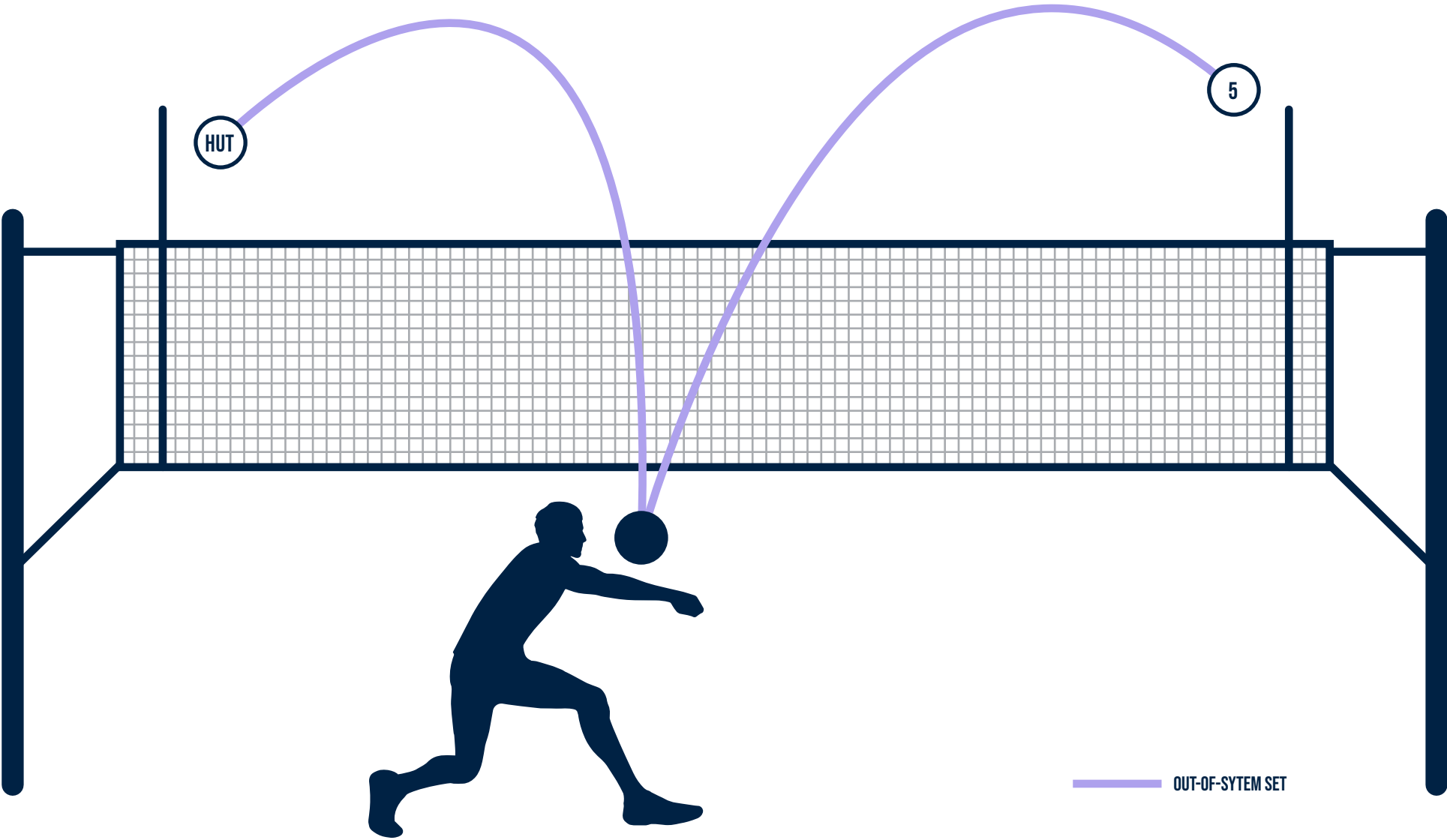
VOLLEYBALL ATTACK NAMES



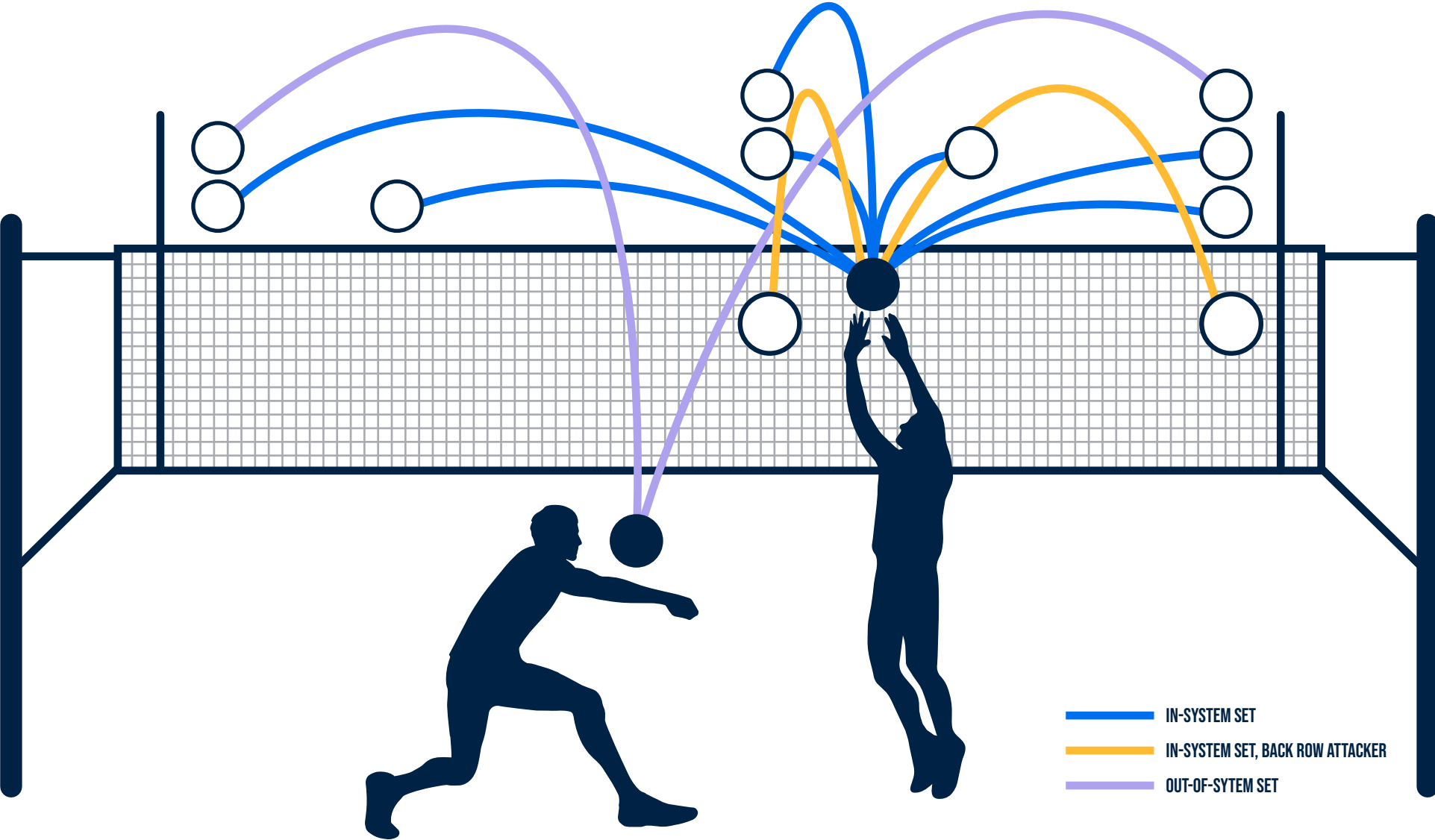
IN-SYSTEM ATTACK NAMES



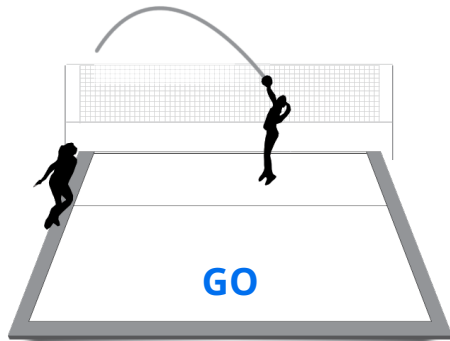
OUT-OF-SYSTEM ATTACK NAMES



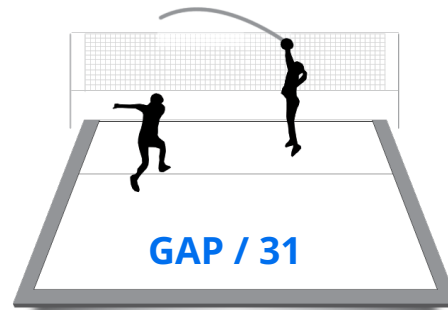
VOLLEYBALL ATTACK NAMES



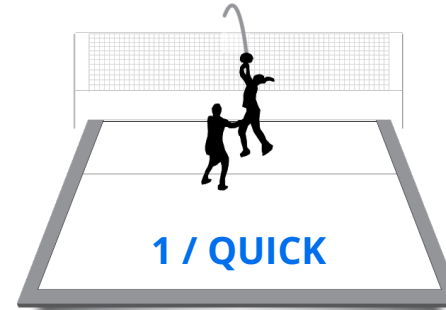
VOLLEYBALL ATTACK NAMES



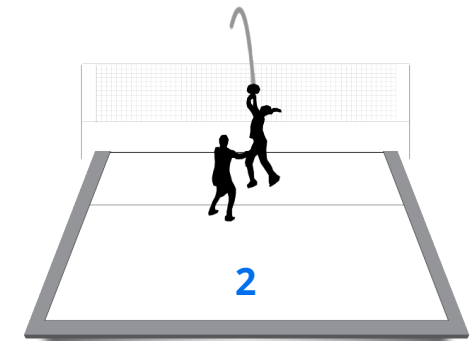
In-System, 2nd Step Set to left side of the court.



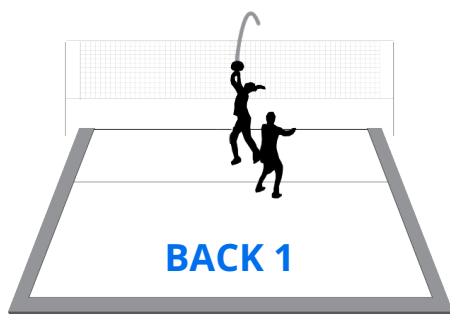
In-System, 3rd Step Set to middle attacker in blockers "gap."



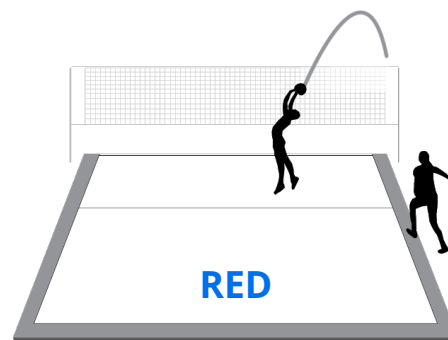
In-System, 3rd/4th Step Set to middle attacker in middle.



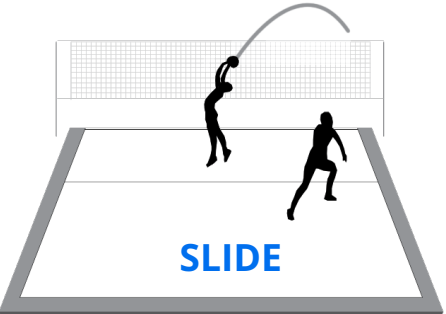
In-System, 2nd Step Set to middle attacker in middle.



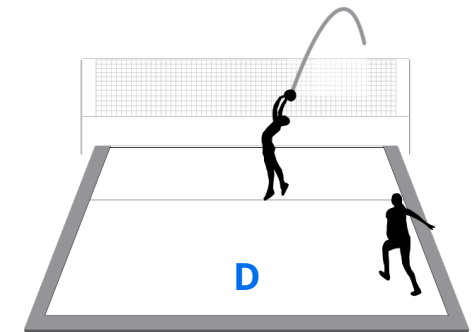
In-System, 3rd/4th Step Set to middle attacker behind setter.



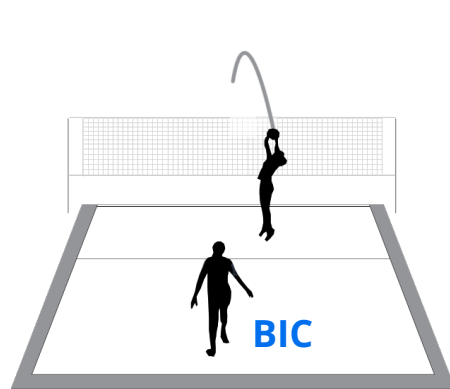
In-System, 2nd Step Set to right side of the court.



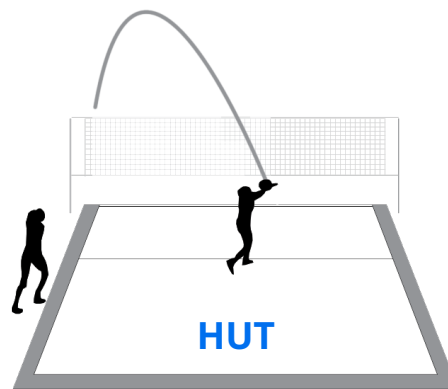
In-System, 2nd/3rd Step Set to middle attacker at right sideline.



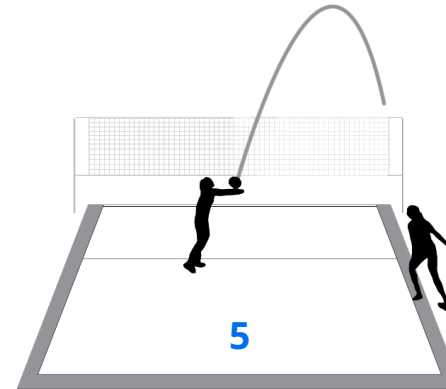
In-System, 2nd Step Set to back row attacker to right side of court.



In-System, 2nd Step Set to back row attacker in middle of court.



Out-of-System, 1st Step Set to left side of the court.



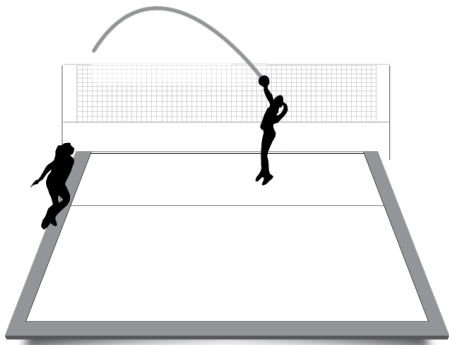
Out-of-System, 1st Step Set to left side of the court.



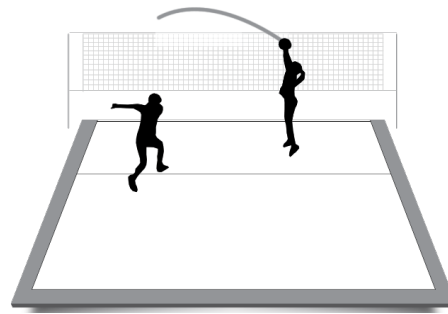
Athlete Modeling

Access video breakdowns of each set tempo with GMS+!

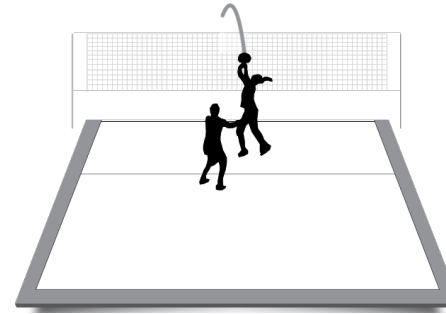
VOLLEYBALL ATTACK NAMES



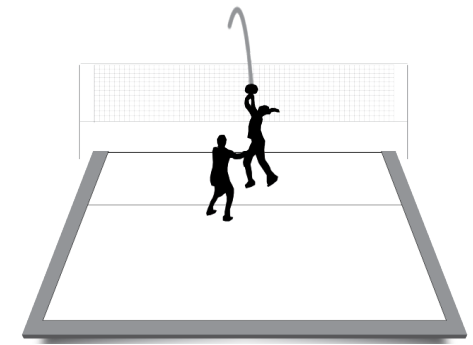
In-System, 2nd Step Set to left side of the court.



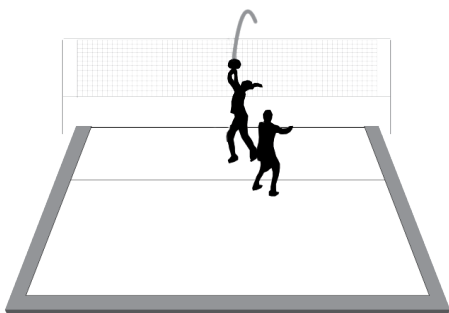
In-System, 3rd Step Set to middle attacker in blockers "gap."



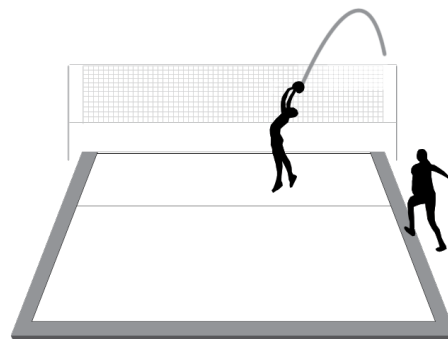
In-System, 3rd/4th Step Set to middle attacker in middle.



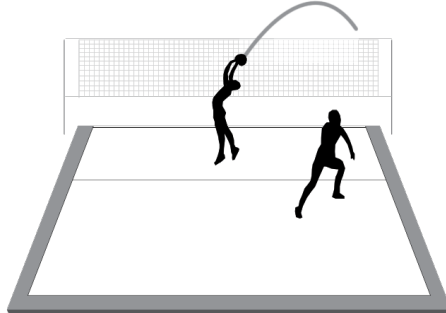
In-System, 2nd Step Set to middle attacker in middle.



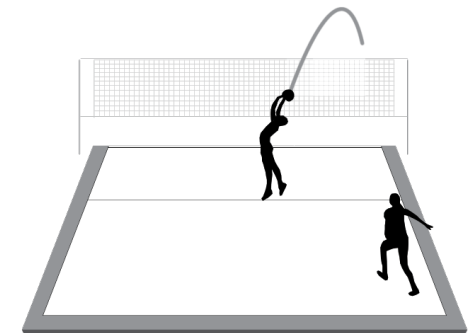
In-System, 3rd/4th Step Set to middle attacker behind setter.



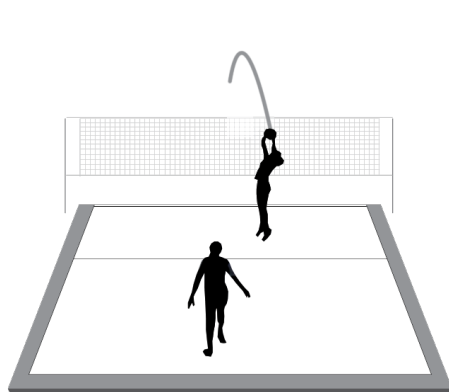
In-System, 2nd Step Set to right side of the court.



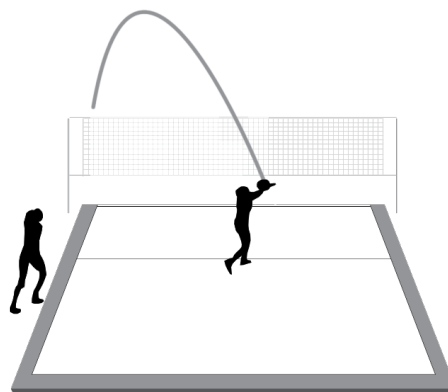
In-System, 2nd/3rd Step Set to middle attacker at right sideline.



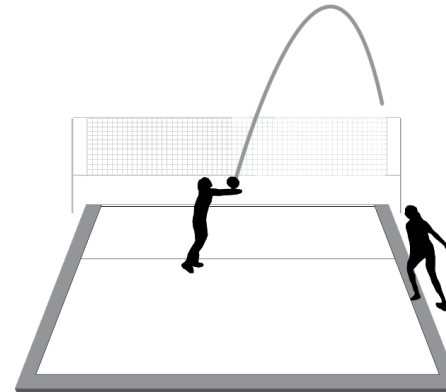
In-System, 2nd Step Set to back row attacker to right side of court.



In-System, 2nd Step Set to back row attacker in middle of court.



Out-of-System, 1st Step Set to left side of the court.



Out-of-System, 1st Step Set to left side of the court.



Athlete Modeling

Access video breakdowns of each set tempo with GMS+!