

# CREATINE GUMMY

#### PECTIN-BASED GUMMY SUPPLEMENT

1,000 MG CREATINE

THIS FUNCTIONAL GUMMY MADE WITH CREATINE MONOHYDRATE SUPPORTS **PHYSICAL PERFORMANCE** AND **MUSCLE STRENGTH**. IDEAL BEFORE OR AFTER WORKOUTS, IT OFFERS A CONVENIENT AND TASTY ALTERNATIVE TO POWDERED FORMATS. AVAILABLE IN MULTIPLE FLAVORS.

### **ACTIVE INGREDIENTS**

CREATINE MONOHYDRATE

1,000 MG PER GUMMY (4.9 G)

### **AVAILABLE FORMATS**

4.9 G CUBES AVAILABLE:





IN POUCH IN BOTTLE

### **BASE INGREDIENTS**

PECTIN (100% VEGAN)
ORGANIC CANE SUGAR
ORGANIC TAPIOCA SYRUP

### **KEY BENEFITS**

- ✓ SUITABLE FOR THE SPORTS AND NUTRITION MARKET
- √ 1 FULL GRAM OF CREATINE PER GUMMY
- ✓ VEGAN (GELATIN-FREE)
- ✓ MADE IN CANADA

# MULTIPLE FLAVORS AVAILABLE

# **CERTIFICATIONS**











# **GUMMY PRODUCT FACTS**

### MEDICINAL INGREDIENTS

### **EACH GUMMY CONTAINS:**

CREATINE MONOHYDRATE - 1 G

### **RECOMMENDED USES**

- INCREASES MUSCLE MASS WHEN COMBINED WITH A RESISTANCE TRAINING PROGRAM
- IMPROVES STRENGTH / POWER / PERFORMANCE DURING SHORT, REPEATED SESSIONS OF HIGH-INTENSITY ACTIVITY (E.G., SPRINTS, JUMPS, RESISTANCE TRAINING)

### **WARNINGS**

- CONSULT A HEALTHCARE PRACTITIONER BEFORE USE IF YOU ARE PREGNANT, BREASTFEEDING, OR HAVE A KIDNEY DISORDER.
- WEIGHT GAIN MAY OCCUR WHEN USING THIS PRODUCT.

Nutrition Facts Per serving (24 g) 5 gummies	3
Calories 45	% valeur quotidienne* % Daily Value*
Lipides / Fat 0 g	0 %
saturés / Saturated 0 + trans / Trans 0 g	g 0 %
Glucides / Total Carbor	nydrate 13 g
Fibres / Fibre 2 g	7 %
Sucres / Sugars 6 g	6 %
Polyalcool / Sugar Alc	ohol 1 g
<b>Protéines / Protein</b> 2 g	
Cholestérol / Cholesterol 0 mg	
Sodium 5 mg	0 %
Potassium 0 mg	0 %
Calcium 0 mg	0 %
Fer / Iron 0 mg	0 %
*5 % ou moins c'est <b>peu</b> , 15 % ou plus c'est <b>beaucoup</b> *5% or less is <b>a little</b> , 15% or more is <b>a lot</b>	

#### DIRECTION FOR USE

ADULTS (18+): TAKE 3 TO 5 GUMMIES ONCE DAILY. · USE FOR A MINIMUM OF 4 WEEKS.

## NON-MEDICINAL INGREDIENTS

TAPIOCA SYRUP, SUGARS (CANE SUGAR), CORN SOLUBLE FIBER, PURIFIED WATER, GLYCERIN, SORBITOL SYRUP, NATURAL FLAVORS, PECTIN, PHOSPHORIC ACID, NATURAL COLORING, MONOSODIUM MALATE, SODIUM CITRATE DIHYDRATE.