

August 2025

Mon	Tue	Wed	Thu	Fri	Sat
Hawaiian Fun in the Sun August 5th—7th				1 Hairdresser 9:15 Yoga 10:30 Yoga 1:30 Lovin' Ice Cream 2:30 Babbling Brook Newsletter & Resident Council Meeting 7:00 CPS Singers	2 1:30 Movie 'Ladies in Lavender' 6:30 Hymn Sing
Heritage Day Office Closed 1:30 Documentary BBC Earth 'Nature's Most Amazing Events— The Great Melt, Salmon Run & Migration'	5 9:15 Hula Hoop Yoga 10:30 Hula Hoop Yoga 1:30 Drumming with Judy Cooper 3:15 Pass the Coconut 6:00 Hawaiian Bingo	6 Hairdresser 9:15 Tropical Ring Toss 10:30 Coconut Bowling 1:00 St. Matthew Church 1:00 Coconut Shy 3:00 Seated Beach Volleyball 7:15 St. Pl. United Church	7 Hairdresser 9:00 St. John Church 10:30 Spear Throwing 1:00 Ulu Maika Coconut Toss 2:30 Tropical Drinks 3:00 Water Balloon Toss 2:30-4:00 Recreated Cards	8 Hairdresser 9:15 Yoga 10:30 Yoga 1:30 Lovin' Ice Cream 2:00 RCMP Fraud Presentation	9 Sturgeon Full Moon 1:30 Movie 'Only Angels Have Wings' 6:30 Hymn Sing
11 'Wear Red' 9:15 Adventure Walk 10:30 Fireside Reading 'Thriving' 1:00 Whist 3:15 TV Classic: I Love Lucy 'Viv Visits Lucy & Lucy and the Submarine' 7:00 Community Gathering Church Service	12 9:15 Yoga 10:30 Yoga 1:30 Armchair Travel 'Sao Tome & Principe Norway' 3:00 Bean Bag Baseball	13 9:00-11:00 Barb Baxter's Footcare 9:15 Tai Chi 10:30 Shuffleboard Bowling 1:00-4:00 Art with Savannah 6:00 Crib with Gabe	14 9:00 Art Therapy Colouring 10:30 Holy Trinity Church 1:00 Bingo 3:00 Nifty Knitting 3:30 St. Pl. Library 6:30 Classic Hymns with Pianist June	15 9:15 Yoga 10:30 Yoga 1:30 Lovin' Ice Cream 2:00 Bibb's Music	16 1:30 Movie 'Parental Guidance' 6:30 Hymn Sing
18 9:15 Adventure Walk 9:30 Mint Health Check 10:30 Fireside Reading 'Thriving' 2:30 Community Bible Study	19 9:15 Yoga 11:00-4:30 River Cree Casino 1:30 Movie 'Three Amigos!' 6:00 Bingo	20 9:15 Tai Chi 10:30 Lawn Bowling 1:00-4:00 Art with Savannah 6:00 Country Music with Larry and Friends	21 9:00-11:00 Barb Baxter's Footcare 9:00 Rummy-O 10:30 Bocce Ball 1:00 Bingo 3:00 Horse Racing	22 Be An Angel Day 9:15 Yoga 10:30 Yoga 1:30 Lovin' Ice Cream 2:00 The Snowbirds	23 New Corn Moon 1:30 Movie 'Wild Horses' 6:30 Hymn Sing
25 9:15 Adventure Walk 9:00-11:00 Personal Touch Fashions 1:00 Whist 3:15 TV Classic: Carol Burnett with Guest Star Steve Lawrence	26 9:15 Yoga 10:30 Yoga 2:00 General Store 6:00 Sing-A-Long with Joanne Peterson	27 Hairdresser 9:15 Tai Chi 10:30 Shuffleboard Bowling 1:00 Crib 3:00 Bean Bag Baseball	28 Hairdresser 9:00-11:00 Barb Baxter's Footcare 9:00 Rummy-O 10:30 Holy Trinity Church 1:00 Bingo 3:00 Horse Racing 3:30 St. Pl. Library 7:00 High Hopes Birthday Celebration & Sing-a-Long	29 Hairdresser 9:15 Yoga 10:30 Yoga 1:30 Lovin' Ice Cream 2:00 Canada Trivia & Happy Hour 2:30 Sing-a-Long with Savannah	30 1:30 Movie 'Gus' 6:30 Hymn Sing
	Heritage Day Office Closed 1:30 Documentary BBC Earth 'Nature's Most Amazing Events— The Great Melt, Salmon Run & Migration' 11 'Wear Red' 9:15 Adventure Walk 10:30 Fireside Reading 'Thriving' 1:00 Whist 3:15 TV Classic: I Love Lucy 'Viv Visits Lucy & Lucy and the Submarine' 7:00 Community Gathering Church Service 18 9:15 Adventure Walk 9:30 Mint Health Check 10:30 Fireside Reading 'Thriving' 2:30 Community Bible Study 25 9:15 Adventure Walk 9:00-11:00 Personal Touch Fashions 1:00 Whist 3:15 TV Classic: Carol Burnett	Hawaiian Fun in th August 5th—7th 4 Heritage Day Office Closed 1:30 Documentary BBC Earth 'Nature's Most Amazing Events— The Great Melt, Salmon Run & Migration' 11 'Wear Red' 9:15 Adventure Walk 10:30 Fireside Reading 'Thriving' 1:00 Whist 3:15 TV Classic: I Love Lucy 'Viv Visits Lucy & Lucy and the Submarine' 7:00 Community Gathering Church Service 18 9:15 Adventure Walk 9:30 Mint Health Check 10:30 Fireside Reading 'Thriving' 2:30 Community Bible Study 19 9:15 Yoga 11:00-4:30 River Cree Casino 1:30 Movie 'Three Amigos!' 6:00 Bingo 25 9:15 Adventure Walk 9:00-11:00 Personal Touch Fashions 1:00 Whist 3:15 TV Classic: Carol Burnett 5 9:15 Hula Hoop Yoga 10:30 Funming with Judy Cooper 3:15 Pass the Coconut 6:00 Hawaiian Bingo 10:30 Yoga 11:30 Armchair Travel 'Sao Tome & Principe Norway' 3:00 Bean Bag Baseball 19 9:15 Yoga 11:00-4:30 River Cree Casino 1:30 Movie 'Three Amigos!' 6:00 Bingo 26 9:15 Yoga 10:30 Yoga 26 9:15 Yoga 10:30 Yoga	Heritage Day Office Closed 1:30 Documentary BBC Earth 'Nature's Most Amazing Events— The Great Melt, Salmon Run & Migration' 11	Heritage Day Office Closed 1:30 Documentary BBC Earth Nature's Most Amazing Events— The Great Melt, Salmon Run & Migration' 1:1 Wear Red' 9:15 Yoga 10:30 Fireside Reading Thriving' 1:30 Oxformunity Gathering Church Service 1:30 Dommunity Gathering Church Service 1:30 Personal Touch 1:30 Rower Cree 1:30 Rower Cree 1:30 Rower Cree 1:30 Rower Cree 1:30 Noring 1:30 Shuffleboard Bowling 1:30 Adventure Walk 9:30 Stated Beach 1:30 Armchair Travel 'Sao 7:15 Tai Chi 10:30 Shuffleboard Bowling 1:30 Armchair Travel 'Sao 7:30 Stated Beach 1:30 Armchair Travel 'Sao 7:15 Tai Chi 10:30 Shuffleboard Bowling 1:30 Armchair Stravel Sao 7:30 Classic Hymns with Pianist June 1:30 Armchair Stravel Sao 7:30 Classic Hymns with Pianist June 2:15 Tai Chi 10:30 Fireside Reading Thriving' 1:30 Movie 1:30 Shuffleboard Bowling 1:30 Lawn Bowling 1:00-4:00 Art with Savannah 6:00 Curity Music with 1:30 Barb Baxter's Footcare 9:00 Litzob Barb Baxter's Footcare 1:0:30 Hird Reading Thriving' 1:30 Movie 1:30 Shuffleboard Bowling 1:00 Carbon With Savannah 1:30 Movie 1:00 Carbon With Savannah 1:30 Movie 1:00 Carbon Baxter's Footcare 9:00 Carbon Bay 1:00 Coconut Bwling 1:00 Coconut Bwling 1:00 Coconut Bwling 1:00 Carbon Baxter's Footcare 9:00 Carbon Baxter's Footcare 9:00 Carbon Bay 1:00 Carbon Baxter's Footcare 9:00 Carbon Bay 1:00 Carbon Baxter's Footcare 9:00 Litzob Barb Baxter's Footcare 9:	Hardresser 9.15 Yoga 1.30 Lovin Tec Cream 2.30 Babbling Brook Newsletter 4 Resident Council Meeting 7.50 CFS Singers 7 Hairdresser 9.15 Yoga 1.30 Lovin Tec Cream 2.30 Babbling Brook Newsletter 4 Resident Council Meeting 7.50 CFS Singers 7 Hairdresser 9.15 Yoga 1.30 Documentary BBC Earth 9.15 Hulu Hoop Yoga 1.30 Documentary BBC Earth 9.15 Hulu Hoop Yoga 1.30 Documentary BBC Earth 9.15 Fast the Coconut 6.00 Earth 9.15 St. Pl. United Church 9.15 St. Pl. United Church 9.15 Yoga 1.30 Vogs 9.15 Tai Chi 1.00 4.30 Nivet Cree 1.30 Vogs 1.30 Awar Barbon 1.30 St. Pl. Library 6.30 Cassic Hymas with Planist June 1.30 Freside Reading "Thriving" 1.30 Fast Chi 1.00 4.30 River Cree 2.30 Freside Reading "Thriving" 2.30 Community Gathering 9.15 Yoga 1.30 Hull Health Check 9.15 Tai Chi 1.00 4.30 River Cree 2.30 Freside Reading "Thriving" 2