

Here is some suggested text to go with these posts:

Join the Green Ribbon Campaign:

Wear it. Talk about it. Support it.

This September I'm joining Shine's Green Ribbon campaign to help end mental health stigma. Together, we can build a more open and understanding Ireland.

Find out how you can get involved at shine.ie.

#GreenRibbonIRL #EndTheStigma

Proud to wear the Green Ribbon:

Proud to wear the Green Ribbon this September and show my support for anyone experiencing mental health challenges.

Talking about mental health shouldn't be taboo.

Let's end the stigma together.

#GreenRibbonIRL #EndTheStigma

Step Up to Stamp Out Stigma:

1.

I'm stepping up to help stamp out stigma around mental health by supporting the Green Ribbon campaign.

Will you join me?

#GreenRibbonIRL #EndTheStigma

2.

I'm stepping up this September to help stamp out the stigma around mental health. By wearing the Green Ribbon, I'm showing I'm open to talking and listening. Join the movement and let's change the conversation together.

#GreenRibbonIRL #EndTheStigma

3.

Stigma stops people from reaching out for help.

This September, I'm wearing the Green Ribbon to start more honest conversations about mental health.

Let's step up together to stamp out stigma.

#GreenRibbonIRL #EndTheStigma

