



Healthy Ireland Framework: Public Consultation

Fields marked with * are mandatory.

Healthy Ireland is a national plan to help people in Ireland live healthier and happier lives. The plan was first introduced in 2013 and it looks at health in a broad way — including physical health, mental health, and social wellbeing.

Since 2013, Healthy Ireland has guided how Government departments, local authorities, communities and services work together to improve health. The framework focuses on:

Prevention – supporting people to stay healthy.

Equity – making sure everyone has a fair chance at good health.

Participation – listening to people and communities.

Working together – across society, not just the health service.

More detail on the Healthy Ireland Framework can be found [here](#).

We are now updating the Healthy Ireland Framework, and we want to hear your views.

* Are you answering this survey on behalf of an organisation, group or network?

Yes

No

What is the name of the organisation/group/network?

Shine

What year were you born?

4 character(s) maximum

1979

Before today, how familiar were you with Healthy Ireland?

- Extremely familiar
- Very familiar
- Somewhat familiar
- Slightly familiar
- Not familiar at all

Have you taken part in or attended any Healthy Ireland programmes or events in the last 10 years (for example "Stop Smoking", "Parkrun", "Healthy Ireland @ Your Library", "Healthy Food Made Easy", "Food Dudes")?

- Yes, many times
- Yes, a few times
- Yes, once
- I have heard of them but have not taken part
- I have never heard of any programmes or events

If you have taken part, how was your experience?

- Very positive
- Positive
- Neutral
- Somewhat negative
- Very negative
- I have not taken part in a Healthy Ireland event or Programme

Are there any groups of people or communities in Ireland that you feel Healthy Ireland could support better?

For example: Travellers, migrants, people with disabilities, LGBTQIA+ people, older adults, young people.

If yes, please tell us which groups and why you think they could be better supported by Healthy Ireland.

500 character(s) maximum

People living with mental illness, particularly serious mental illness, and their families remain under-represented in population health policy. Healthy Ireland should more explicitly address stigma, discrimination and social exclusion that impact recovery, employment, housing and community participation. Greater emphasis is needed on mental illness literacy, lived-experience participation, and targeted support for groups facing compounded disadvantage (e.g. young people, Travellers and migrants)

How could Healthy Ireland better support people or communities who face barriers to good health?

500 character(s) maximum

Healthy Ireland could better support people facing barriers to good health by prioritising community-based programmes, reducing stigma around mental illness, and ensuring lived-experience voices shape policy and services. Cross-government action is also needed to address structural barriers such as poverty, housing instability, and discrimination, alongside investment in mental illness literacy and inclusive public health initiatives that reach underserved communities.

Which factors most affect your health and wellbeing?

Maximum 5 selection(s)

- Your income
- Your accommodation
- Your workplace
- Your school or education
- The place where you live
- Access to healthcare
- Your Community
- Your family or caring responsibilities
- Your amount of free time
- Your job or employment
- Access to Green Spaces

What makes it hard for you or your family to look after your health and wellbeing?

Maximum 5 selection(s)

- Cost
- Time
- Transport
- Hard to find information about health and wellbeing
- Hard to understand information given about health and wellbeing
- Cultural or language barriers
- Digital access or skills
- Discrimination
- Other (please tell us)

If you selected other, please list the barrier(s) here.

250 character(s) maximum

Stigma and discrimination around mental illness makes it harder for people & families to seek help, stay connected to their communities, & access employment/housing/services. Cost of living pressures, long waiting lists and gaps in community supports

Which factors should be prioritised to make Ireland a healthier place over the next 10 years?

Maximum 3 selection(s)

- Mental Health & Wellbeing
- Physical Activity

- Healthy Eating
- Alcohol and Drug Use
- Tobacco Use
- Sexual Health
- Healthy Ageing
- Children and Young People
- Social Connection and Loneliness
- Other (please tell us)

If you selected other, please list the barrier(s) here.

250 character(s) maximum

Reducing health inequalities, tackling stigma and discrimination around mental illness, improving access to community-based services, addressing housing and poverty, and strengthen prevention via education, mental health literacy and cross-govt action

How could the new Healthy Ireland Framework better support the health and wellbeing of everyone in Ireland?

500 character(s) maximum

Healthy Ireland should strengthen cross-government action on the social determinants of health, including housing, poverty and education. It should also place greater emphasis on mental health, addressing stigma and discrimination around mental illness, and supporting community-based prevention and recovery services. Lived /living-experience participation should be embedded in policy design and evaluation to ensure programmes reflect the realities of people and families across Ireland.

Is there anything else you would like to say or suggest for the new Healthy Ireland Framework?

Healthy Ireland should ensure that mental health is addressed alongside physical health and that people living with mental illness are not overlooked within broader wellbeing approaches. Reducing stigma, improving mental illness literacy (for those who experience mental illness, their families, friends and communities), and embedding lived-experience voices in policy development will be essential to creating a healthier and more inclusive Ireland. Please note we have consulted with a lived experience panel as part of our submission process.

If you would like to also upload a written submission to this consultation you can attach it here.

Only files of the type pdf,doc,docx,odt,txt,rtf are allowed

Contact

<https://www.gov.ie/en/healthy-ireland/campaigns/healthy-ireland/>

