CAMP IS LOCATED AT:

YMCA Camp Casey 1276 Engle Road Coupeville, WA 98239

GETTING TO CAMP:

Families can drive to camp via the Deception Pass Bridge or by taking the Mukilteo or Port Townsend ferries and continuing by car to camp.

Transportation to/from camp is also available from the Everett **Family YMCA**



SCHOOL DISTRICT DISCLAIMER

The *School District has neither reviewed nor approved the program, personnel, activities, or organizations announced in this flyer. Permission to distribute this flyer should not be considered a recommendation or endorsement of the program by the school district. In consideration of the privilege to distribute these materials, the school district shall be held harmless from any cause of action or claim filed arising out of the distribution of these materials including all costs, attorney's fees, judgments and awards.

*Everett School District, Marysville School District, Monroe School District, Mukilteo School District, Arlington School District, Lakewood School District, Lake Stevens School District, Snohomish School District, Stanwood-Camano School District, Sultan School District, Riverview School District, Coupeville School District, South Whidbey School District, Oak Harbor School District.



YMCA OF **SNOHOMISH COUNTY**



2026 **GUIDE TO OVERNIGHT CAMP**

ADVENTURE AWAITS

YMCA.LINK/CASEY

OVERNIGHT CAMP OVERVIEW

ENTERING GRADES 1-11

The YMCA has been the leader in summer camp for over 130 years. Summer camp experiences are transformational! Campers will spend their time at camp building friendships and learning new skills through adventure and exploration, all while discovering the Y's values of caring, honesty, respect, and responsibility. There is no place like camp to discover who you are and the gifts you have to share.

CAMP GOALS

- Achievement Campers gain confidence and discover their strengths by trying new activities, stepping outside their comfort zones, and achieving new skills.
- Relationships Campers will make new connections and build lifelong relationships with other children, camp counselor role models and other caring adults, providing a true sense of belonging in a supportive, encouraging community.
- Belonging Finding a place to belong, campers will find a true sense of belonging through meaningful traditional and rituals that foster inclusion, acceptance and a strong camp community!





OUR STAFF

- Counselors are carefully chosen for their maturity, strong values, and ability to be positive role models. Each counselor is assigned to a specific cabin, providing dedicated leadership, guidance, and a responsible, caring presence for every camper.
- Camp has an onsite health station with dedicated Health Aides to support camper well-being. They provide basic first aid, assist with medication administration, and help ensure campers stay healthy and cared for throughout their time at camp.
- All camp staff receive more than 60 hours of training, including CPR, first aid, child abuse prevention, water safety, camp fun, and more. Additionally, the YMCA performs background checks on all counselors and Y staff.



OUR CABINS

- Campers and counselors join together in small, close-knit cabin groups by grades and gender. Here is where lasting friendships are formed, exciting adventures begin, big ideas are shared, and laughter fills the air. They eat together, play together, and spend most of the day together. Whether campers come alone to make new friends or with a couple of buddies, they'll leave with lasting friendships formed through shared fun and unforgettable moments.
- Cabins accommodate 12-15 campers, depending on the age group. Each cabin is led by at least two camp counselors who stay with the campers and guide them throughout the day.







ACTIVITIES

- Campers will enjoy a dynamic mix of activities each day! They'll choose 2-3 electives to attend daily, giving them the chance to dive deeper into what they love or try something new. Additional activities are done with their cabin or during choice time, offering campers a wide variety of experiences throughout the day.
- Swimming is available multiple times a week at the onsite pool, where campers can choose to swim or participate in an alternative activity.



THE SCHEDULE:

7:00 – Good Morning!

8:00 - Breakfast

8:45 - Morning Activities

12:00 – Lunch

12:45 – Rest & Recharge

1:30 – Afternoon Activities

6:00 – Dinner

7:00 – All Camp Activities

9:00 – Ready for Bed and Cabin Reflections

10:00 – Lights Out

*Times will vary based on age groups.

ACTIVITY OPTIONS

STEM **Archery Sports Outdoor Education** Climbing wall **Outdoor Cooking** Friendship Bracelets And more! Drama

Arts & Crafts

Tie-Dye Gaga Ball 9 square Carpetball **Swimming Giant Slides**

Group Games





SESSION INFO

WHAT'S THE DIFFERENCE BETWEEN OUR SESSIONS?

- All of our sessions include the same base elements: food, lodging, and activities.

 Campers stay in cabins with peers of similar age and participate in a variety of activities throughout the day, along with engaging evening programs.
- 2-Night Sessions (Entering grades 1-3): these sessions offers a chance to try camp without a full-week commitment. Campers stay Sunday-Tuesday or Wednesday-Friday, enjoy a sampling of activities, and are led by cabin counselors who guide all activities.
- 4-Night Sessions (Entering grades 2-9): these full-week sessions (Monday-Friday) gives campers the opportunity to experience the full range of camp activities.
- 5-Night Sessions (Entering grades 2-11 including Leaders in Training): Not enough time at camp? This extended session (Sunday-Friday) includes all camp activities, plus an extra day for more in-depth experiences.
- Financial assistance is available to help ensure everyone has the opportunity to attend camp.

Register online by scanning the QR code or at ymca.link/casey





SAFETY



PROFESSIONAL ROLE MODELS

Camp staff are dedicated to providing a safe and wholesome environment for each camper. Camp staff are chosen for their maturity, strong values, enthusiasm, and ability to be positive role models for children.



STAFF TRAINING

Camp staff receive more than 60 hours in training. Training includes CPR, First Aid, child abuse prevention, emergency procedures, and water safety.



FACE CHECKS

Camp staff perform face checks and take attendance numerous times throughout the day and at every transition.



AUTHORIZED PICKUPS

Campers are released only to pre-authorized adults. Photo ID is required.



MEAL SAFETY

Camp meals are prepared with care to meet the nutritional needs of campers. Special dietary requirements and food allergies are taken into account, and proper food handling practices are followed.



RATIOS

Group sizes are kept small to ensure that every camper receives personalized attention. We maintain a maximum staff-to-camper ratio of 1:7, and campers will stay with the same group of peers and counselors throughout the week.



HAND WASHING

Campers and staff practice frequent handwashing with soap and water for at least 20 seconds. Campers will be required to wash their hands before and after meals, and as often as possible throughout the day.



HEALTH CARE SUPPORT

Health Aides provide daily care, including first aid and medication administration, ensuring campers are healthy and cared for during camp.



THE IMPACT OF CAMP

"There really are no words to describe the joy my kids experience at Overnight Camp. From the staff, fellow campers, food, and fun – they love it all. Having this unique opportunity to take a break from "normal life" and get to indulge fully in having fun and being a kid is like nothing I've ever personally experienced and I'm so grateful that my kids get to make these memories. "

"Overnight Camp was life changing for him. It was everything I had hoped it would be for him. Memories to last a lifetime!"