

Finding The Way In Jail

Program Pointers

Starting Point

- Suggests that the reader think about their biggest worry at this time
- Brings up the question of the meaning of life
- Challenges the person to take the first step in a finding a new way to live

1

Which Road?

- Ask what a person really wants out of life
- Looks at guilt and worry as obstacles to change
- A higher power that will forgive anyone and anything

2

Walk What You Talk

- Walking what we talk
- What “God talk” really means
- Aids to walking the talk

3

Do Real Men/Women go to Church?

- Why people go to church ?
- The “sinner” and the pharisee
- Excuses, excuses

4

Let’s Get Serious

- Why people go to church?
- The “sinner” and the pharisee
- Excuses, excuses

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Our Father In Heaven

- What is your image of God?
- Give us today our daily bread
- Forgive us our debts as we forgive our debtors

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Mary

- Why We Pay Attention to Mary?
- The Hail Mary
- The Rosary

7

The Creed

- What is the Creed?
- The Holy Trinity
- Amen

8

Rules of “The Way”

- “Who sets the rules?”
- The signposts on the way
- The commandments

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Help Is On The Way

- “Where is God when I need him?”
- How he is present among us
- The sacraments

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Getting Back On The Right Way

- Discussion of sin: mortal and venial
- How sins are forgiven
- How to go to confession

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Need A Helping Hand?

- The Eucharist as the Bread of Life
- Conditions for receiving Communion
- The choice is yours!

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Tough Choice

- Making choices related to the direction your life will take
- Discussing the choices we made in the past
- The Choices we can make in the future

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Take A Look

- Discusses personal insights using the imaginary person in the mirror
- Create a quiet zone in very noisy place
- Asking the right questions

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Get A Problem? Let's tackle It!

- Observe-Judge-Act
- We can't lie to the person in the mirror
- Footprints in the sand

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Help From Others

- God's readiness to help us
- Who is a messenger?
- Examine the help that is available to us

16

Imagination

- Discussing bible stories in a different way
- Emphasizing hope and love, not hell or damnation
- An invitation to talk about our favorite stories from the Bible

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The Door

- Attitude is most important than words
- If God can forgive us, why can't we forgive ourselves?
- Assurance that with God's help we will succeed.

18

The Way I Am Feeling Now

- An invitation to examine our own behavior
- Stuck or rooted?
- Discussing the worthiness of each one of us

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Putting My Feet On The Ground

- Dealing with our current reality
- Having clean vs. unclean environment
- Let's get real: change requires patience and perseverance

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God, Let’s Talk About Him!

- What kind of God do we believe in?
- Life in a “dark room”
- God is always on our side

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Facing Our Fears

- Exploring our relationship with God
- “Talk” needs to be rooted in truth
- By exploring our fears, they will lose power over us

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Is It Time to Change?

- Hearing God more clearly
- The annoying bell ringing for us to change
- What does it mean to be humble?

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God In Me

- Recognizing his presence in all people
- Opportunity for a different solution
- Overcoming resentment

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