

### OVERVIEW

- About us
- What is a mini forest?
- Highlights and summary data from mini forests across Canada
- Seeds of Change research by UBC
- Resources and events



# GREEN COMMUNITIES CANADA

#### THE NEED

Supporting the people and communities most affected by climate change to prepare and adapt to the current and future impacts.

#### THE APPROACH

We support grassroots organizations across the country, building the local capacity needed to accelerate ambitious climate solutions.





#### FUNDERS & SUPPORTERS

# - definity. FOUNDATION



## TD READY COMMITMENT

















FEDERATION OF CANADIAN MUNICIPALITIES

FÉDÉRATION CANADIENNE DES MUNICIPALITÉS



Natural Resources
Canada

Ressources naturelles Canada

# WHAT IS A MINI FOREST?

# Miyawaki Forest Method of afforestation

- Soil preparation
- Dense planting
- Diverse locally-native species
- Multilayered design (3-4: canopy, subcanopy, understory, shrubs)

Fast growing, dense, rapid naturalization process that accelerates forest growth towards climax forest communities.

Well suited to urban sites.



## MINI FOREST BENEFITS



**Increase Biodiversity** 



**Fast Growing** 



Stormwater Infilitration



**Urban Cooling** 



Low Maintainance



**Carbon Sequestration** 



Increase Green Space



Improved Mental Health



# SITE SELECTION CONSIDERATIONS









- Public OR publicly accessible
- Accessible for maintenance
- Supported by community
- At least 100m2, to be afforested with at least 300 trees

SIZE

- Don't need to be "walked through"
- Low risk of contamination
- In areas of need for greenspace

BENEFICIARIES

- Adjacent to underserved communities
- Able to install permanent educational signage



# SNUNEYMUXW, BC

• Locations: Transitional housing site

• Years: 2024

• **Size:** 185 m2

• Volunteers: 40





# RICHMOND, BC

• Location: Terra Nova Rural Park, Garden City Lands, Bridgeport Trail

• Year: 2023, 2024, 2025

• **Size:** 250m2, 100m2, 200m2

• Volunteers: 180

• **Plants:** 1337, 932, TBD



# LANGLEY, BC

Locations: Derek Doubleday
 Arboretum, Gloucester Park

• Years: 2023, 2025

• Size: 200 m2

• Volunteers: 64,





# CALGARY, AB

Location: Calgary Spiritual Living Centre,
 Rocky Ridge Royal Oak Community
 Association

• **Year:** 2023, 2025

• **Size:** 425 m2,

• Volunteers: 224

# Photos credit: City of St. Thomas, 2025



## ST. THOMAS, ON

• Location: Parish Park

• **Year:** 2025

• **Size:** 100m2

• Volunteers: 55

# Photos credit: City of Hamilton, 2023



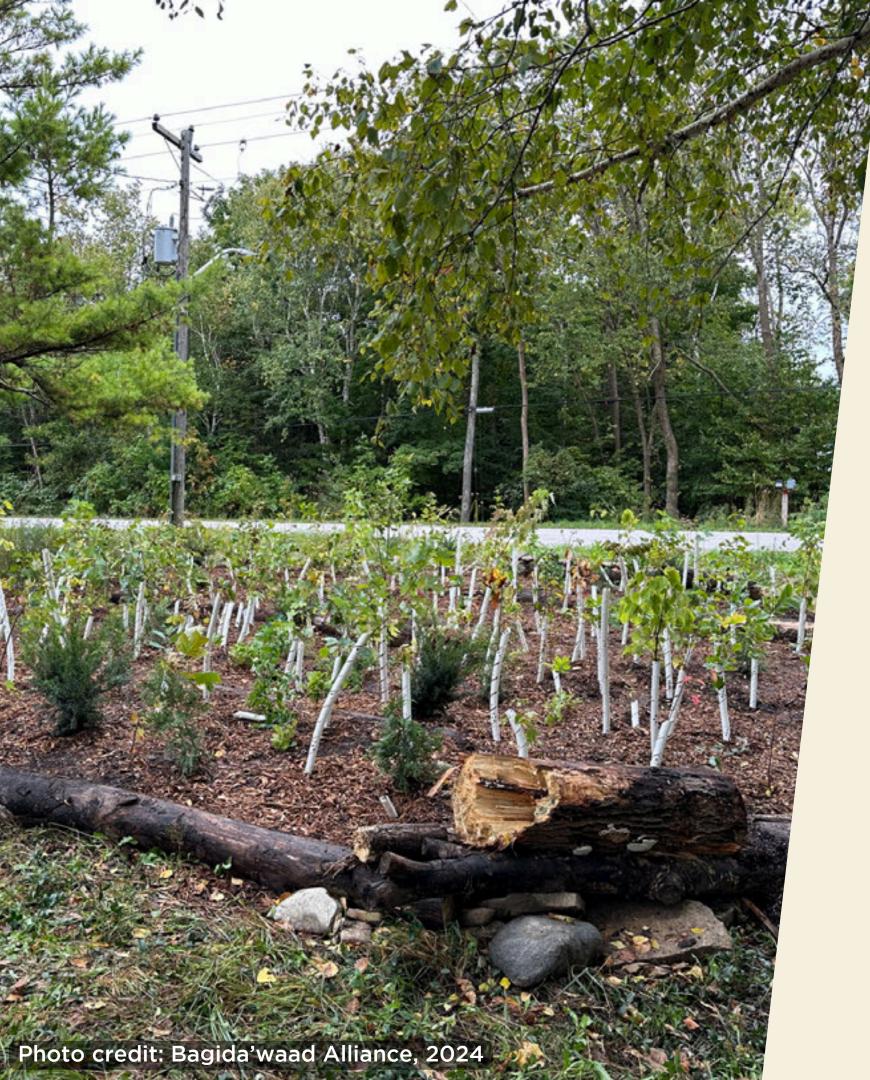
# HAMILTON, ON

• Location: Johnson Tew Park, Albion Falls

• Year: 2023, 2024

• Volunteers: 28, 239





### NEYAASHIINIGMIING, ON

• Location: Lakeshore Road

• Year: 2024

• **Size:** 100m2

• Volunteers: 27





# GUELPH, ON

• Location: York Road Park

• Year: 2023

• **Size:** 500m2

• Volunteers: 237

• Plants: 1292 (623 trees, 495 shrubs, 165

flowers and grasses)



## SHERBROOKE, QC

• Location: Conseil Sports Loisirs de l'Estrie, Parc Léonard Cohen

• **Year:** 2023, 2025

• **Size:** 100m2, 150m2

• Volunteers: 127





# SAINT JOHN, NB

• Location: Glen Falls

• Year: 2024

• **Size:** 100m2

• Volunteers: 32



## MONCTON, NB

• Location: Decomissioned Landfill, Fundy Biosphere Plant Nursery

• **Year:** 2023, 2025

• **Size:** 200m2, 250m2

• Volunteers: 32

# MINI FOREST SOIL HEALTH

- Windermere Basin Park in Hamilton, ON
- Two Mini Forests planted by Green
   Venture & the City of Hamilton
- Vineland Research and Innovation Centre collected soil samples from the mini forests and the conventional planting area
  - Both Mini Forests contained more carbon in topsoil and subsoils than baseline soil samples



elandresearch.com





## Soil health and the Mini Forest method

A preliminary overview of below ground soil health and function as it relates to the Mini Forest method

A preliminary case for soil carbon storage: Windermere Basin Park



#### Windermere Basin Park Preliminary Soil Carbon Results \*



\* Results are not statistically significant due to limited sample size. Additional soil testing and analysis is required to further validate results.

## MINI FORESTS

#### 2023 - 2025 Mini Forests/ Miyawaki Forest Plantings

ACAP Saint John | Saint John, NB

Bagida'waad Alliance | Bruce County, ON

Calgary Climate Hub | Calgary, AB

Carlton University | Ottawa, ON

City of Hamilton | Hamilton, ON

City of Guelph | Guelph, ON

City of Markham | Markham, ON

City of Richmond / Garden City Conservation Society | Richmond, BC

City of St. Thomas | St. Thomas, ON

City of Welland | Welland, ON

Craig Kielburger Secondary School | Milton, ON

Credit Valley Conservation | Mississauga, ON

Eastview Public School | Toronto, ON

**EnviroCentre |** Ottawa, ON

Fundy Biosphere Reserve | Moncton, NB

Grandmother's Voice | Oakville, ON

Gorge Waterway Action Society | Victoria, BC

GreenUp | Peterborough, ON

Green Venture | Hamilton, ON

Halton District School Board | Halton, ON

Langley Environmental Partners | Langley, BC

Little Forests Durham | Uxbridge, ON

Little Forests Kingston | Kingston, ON

London Environment Network | London, ON

Oakville Green | Oakville, ON

Ontariogreen / Town of Lincoln | Lincoln, ON

Toronto Green Community / Rainscape TO | Toronto, ON

ReForest London | London, ON

REVE Nourricier | Sherbrooke, QC

Seedlings Forest Education | Victoria, BC

Snuneymuxw Hulit Lelum First Nation | Snuneymuxw First Nation, BC





mini forests across

communities in

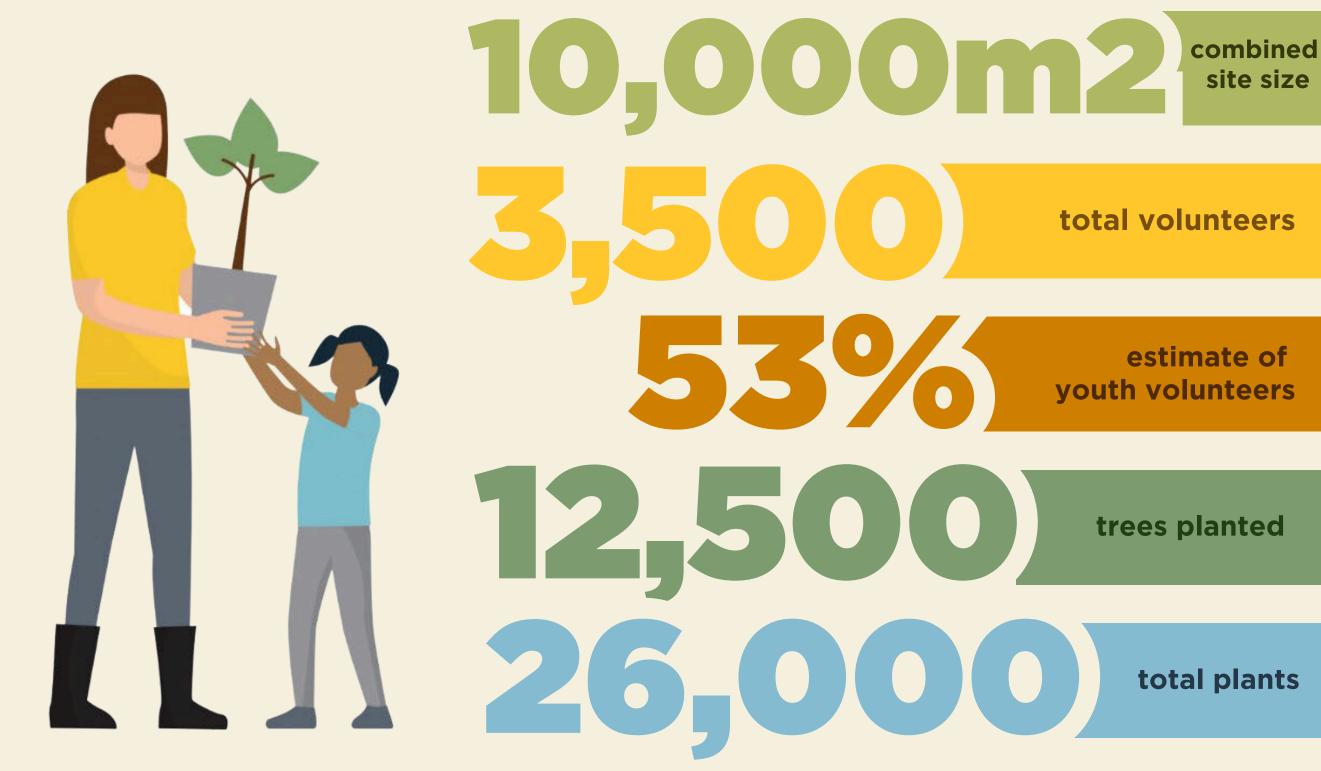
different provinces



# MINI FORESTS 2023-2025 IMPACTS







**Professionally** produced mini forest coordinator training videos and curriculum, planting guidance, project management tools, and a monitoring and maintenance program were shared with program participants.

# Calvin Park Community Little Forest

#### Why here? Why now?

At the invitation of Kingston Frontenac Housing Corporation (KFHC), Little Forests Kingston, beginning in 2023, met with eager and interested residents to plan and plant these forests. The residents and KFHC embraced the opportunity to welcome back a diverse forest and all the beings it supports. They know that the trees will improve their lives. Students and teachers from local schools were crucial in the preparation and planting of these forests.

#### It's all about community!

Based on the Miyawaki method and Indigenous concepts of personhood, our plantings bring people together to imagine a multispecies city, where all beings can find what they need to thrive. We help Kingstonians learn about the rich, biodiverse world they are welcoming back into their lives when they plant a Little Forest or a Pocket Forest.

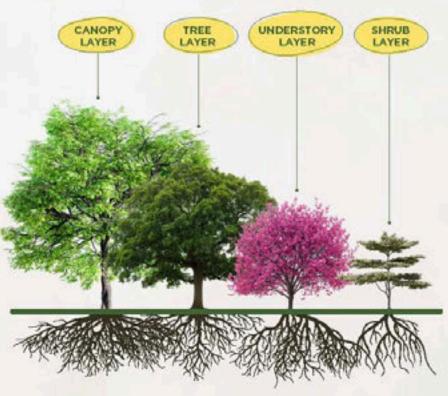


Scan the QR code to visit the Little Forests Kingston website! What is a Little Forest?

A Little Forest, using the Miyakwaki method, is a complete ecosystem consisting of 30-35 species planted in a space at least 100m<sup>2</sup> and no less than 5m wide.



It consists of densely planted areas, with three trees per square metre representing different layers.



- Dense planting results in a stable and resilient root system!
- Works with local conditions and support biodiversity.
- 10x faster growth than a traditional forest due to competition.



Scan the QR code to learn more about this Little Forest.

#### Alvar Forest

Alvars are unique ecosystems with shallow soil over limestone bedrock. Trees who grow in these challenging conditions are those that can cope with spring flooding and intense summer droughts. While this area is not a naturally occurring alvar, subdivision development often creates these conditions here in Kingston.

#### Can you find each of these species within this Little Alvar Forest?



Quercus Macrocarpa

COMMON NAME:

Bur Oak

FREQUENCY: Dominant species



Carya Ovata

COMMON NAME:

Shagbark Hickory
FREQUENCY:

Dominant species



LATIN NAME:

Prunus Serotina COMMON NAME:

Wild Black Cherry

FREQUENCY:

Supporting species



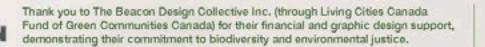
Little Forests Kingston aims to transform Kingston into a nature-positive, equitable City-in-a-Forest.

WANT TO GET INVOLVED?

acorn@littleforests.org













#### Welcome to Our

#### **Mini Forest**













White Oak



Popularized by Japanese botanist, Akira Miyawaki, mini forests are small, dense plantings of many different native tree and shrub species. The technique mimics natural forest conditions and encourages faster growth. Mini forests can reach maturity in as little as 20 years. The best part is they only need a small space, like this 100 square metre forest.

#### **Planting Communities**

The mini forest method of planting tightly encourages the fast upward growth of trees towards the sun, while shrubs add diversity and healthy habitat.

#### The Benefits of Mini Forests

Fast growth means mini forests capture carbon quicker. They also generate shade which helps to cool our cities and provide food and shelter for wildlife. Mini forests can also help to reduce flood risk by diverting and absorbing rainwater.

St Georges Anglican Church is a proud participant of Credit Valley Conservation's Greening Corporate Grounds program. This project was made possible by Green Communities Canada's Living Cities Canada Fund with support from CVC's Hungry Hollow SNAP community.



Eastern Bluebird













Green Communities Canada: Communities of Practice Webinar Series
September 18, 2025

# Seeds of Change: Cultivating Mini Forests Across Canada

UBC team: Tahia Devisscher (PI), Kylie Clark, Jennie Zhou

GCC team: Emily Amon, Tianna Mighty









Р	Name of mini forest	Province	Context	Previous land use	Site size (m^2)	Total # of plants	Planting density (trees/m^2)	# of species planted	# of volunteers
A R T	Austin Drive Park	ON	Urban	Park / Forested Area	100	300	3.0	13	25
	Calgary Centre for Spiritual Living	AB	Urban	Under-utilized urban space	200	870	2.2	32	72
	Conseil Sport Loisir de L'Estrie	QC	Suburban	Parking lot	100	690	1.1	NA	127
	Derek Doubleday Arboretum	ВС	Suburban	Arboretum	100	260	0.8	26	55
	Humber River Lodge	ON	Urban	Park / Forested Area	300	488	0.1	43	35
	Johnson Tew Park	ON	Suburban	Arboretum	300	903	2.4	38	28
	Kingston Seniors Centre	ON	Urban	Senior Centre	560	1571	2.2	85	375
	Milne Dam Conservation Park	ON	Suburban	Park / Forested Area	100	300	3.0	13	20
	Mohawk College	ON	Suburban	School / College	100	300	2.1	30	70
	Riverfront Trail	NB	Urban	Former landfill	200	707	3.1	12	12
	Sisters of the Previous Blood Monastery	ON	Urban	Church / Monastery	100	300	2.4	14	15
	St. George Anglican Church	ON	Suburban	Church / Monastery	100	396	2.0	32	50
	Terra Nova Rural Park	ВС	Suburban	Park / Forested Area	130	740	0.8	36	100
	The Pocket Tiny Forest	ON	Urban	Under-utilized urban space	100	300	1.8	18	60
	York Road Park Mini Forest	ON	Urban	Park / Forested Area	500	1292	2.58	55	237



## Methodologies

#### Review



- Multi-scale policy
- Narrative and impact reports



#### Surveys

- 15 mini forests
- Quantitative and qualitative analysis (13 complete)

#### **Interviews**



- 6 case studies
- Thematic review



#### **Biodiversity**

Increased presence of pollinators, arachnids, and other insects

Reduced presence of invasive or unwanted species



#### Forest Health & Growth

Accelerated growth rates

High survival rates and resilience



## **Community Building**& Empowerment

Increased access and connection to nature

Empowered individuals to make a difference through action

Created a community hub

#### **Benefits**

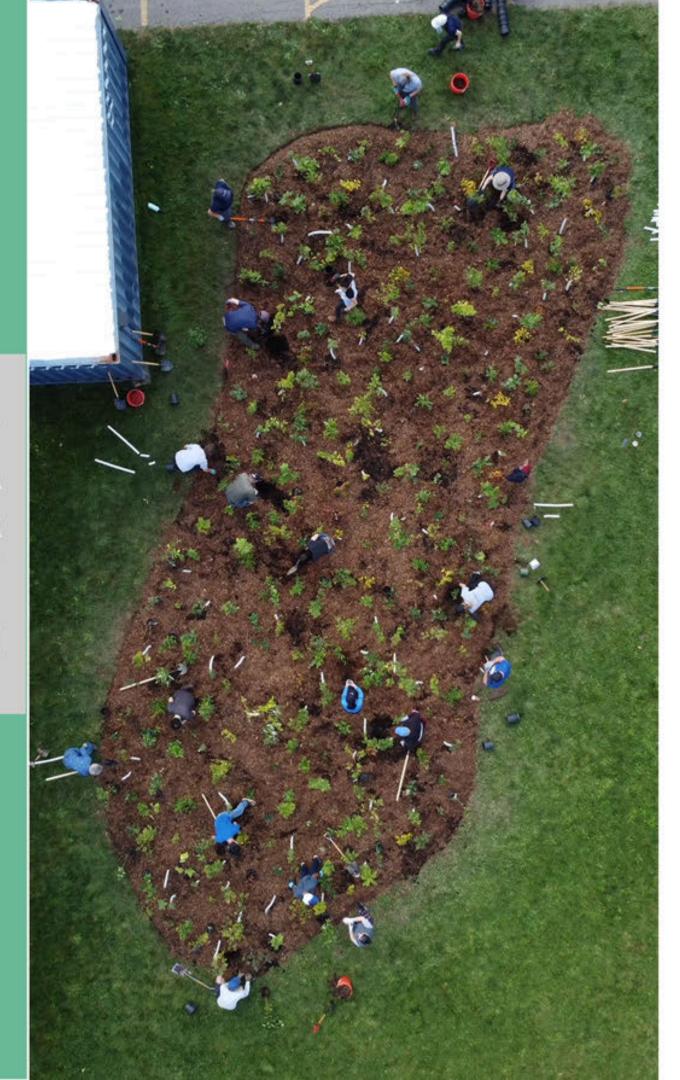


Environmental education

Hands-on Learning experience







# Challenges and lessons learned:

- Operational: herbivores, weeds and watering
- Mini forests are expensive, but a pilot to learn from
- Funding for planting, but not for stewardship

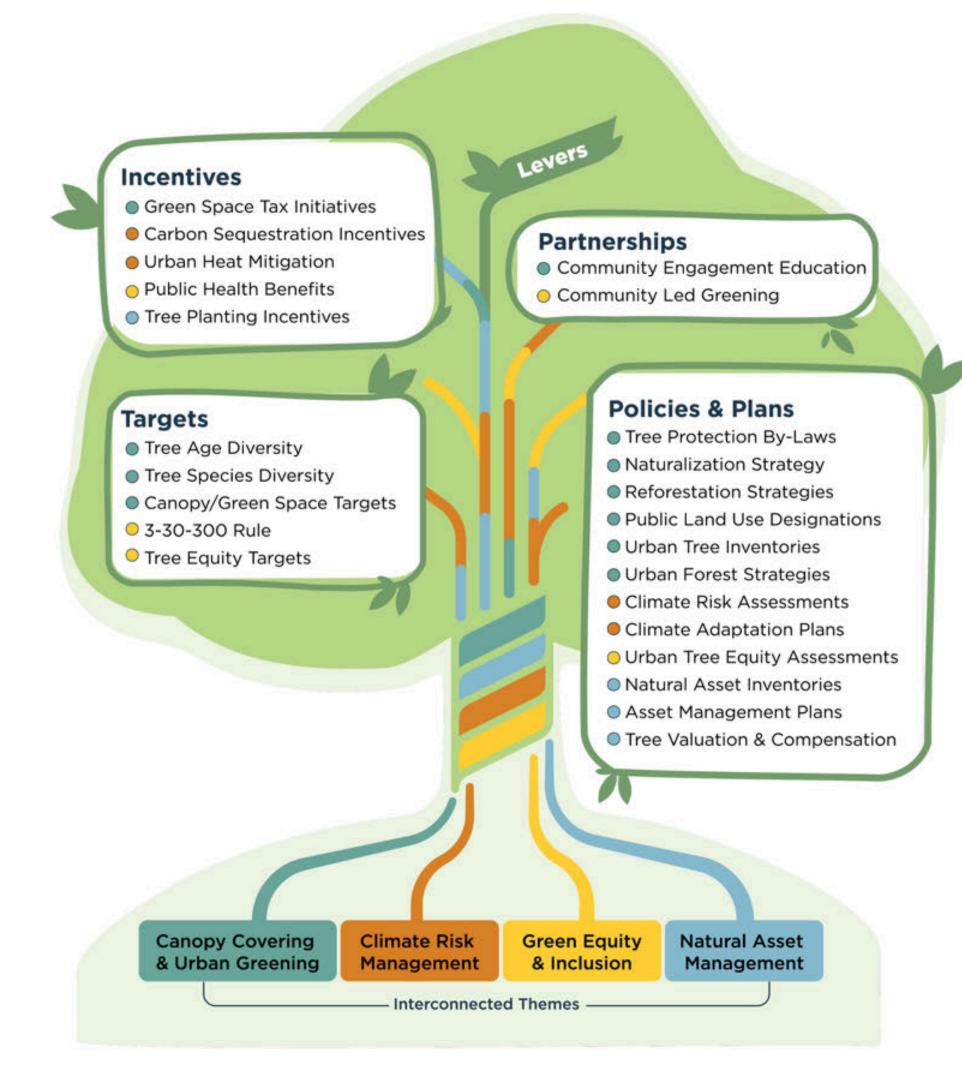


Long-term alliances & protection

Maintenance capacity

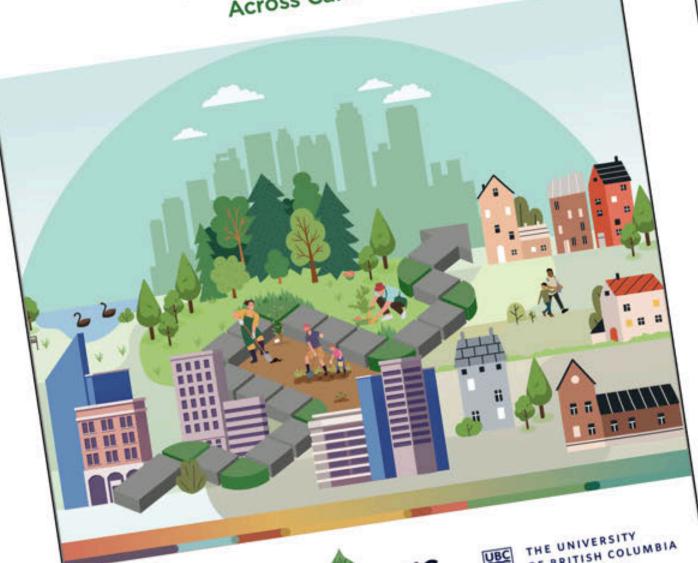
Monitoring systems

### **Policy levers**



# SEEDS OF CHANGE:

**Cultivating Mini Forests** Across Canada









#### LES GRAINES DU CHANGEMENT :

cultiver des mini-forêts à travers le Canada









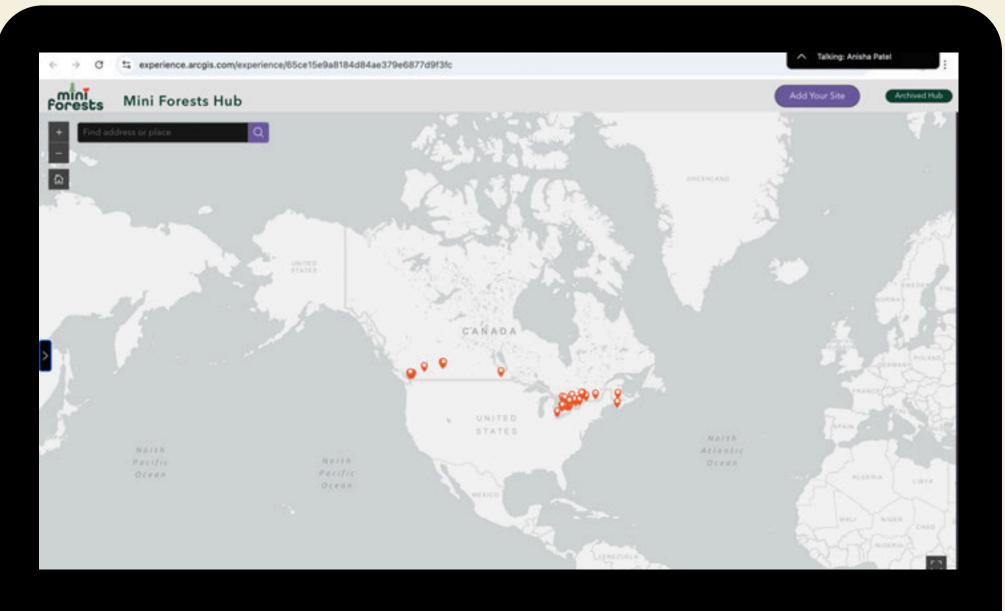
# RESOURCES & EVENTS

- Grants: Living Cities Canada Fund Demonstrate and Thriving Microgrant programs
- Join our Mini Forest Community of Practice!
  - Third Thursday of the month
  - Next meeting: January 15, 2026 at 2:00 pm Eastern
- Free online mini forest course
  - https://green-communities-canada.thinkific.com/



# RESOURCES & EVENTS

- Mini forest hub
- Network of Nature
  - Native species database
  - Find a nursery



# THANKSOUS

# QUESTIONS?

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