

2025 V.E.T. IMPACT & MISSION REPORT



Our Mission

Empowering veterans, service members, and families to explore the wilderness and pathways through outdoor recreation.

We believe that the mountains, the rivers and the open sky are not just beautiful landscapes they are places where courage is rebuilt where connection is restored and where resilience is rediscovered! Through carefully guided experiences in nature participants find strength in challenge peace in quiet and deep connection with others who truly understand their journey. This is more than adventure it's a proven way to support lasting mental physical and emotional well-being through the transformative power of the outdoors!

2025 Core Impact Areas



Healing through Adventure

Creating safe spaces for veterans to push past fear and build meaningful connections through shared adventure.



Building Community

Strengthening the bonds between veterans and their families through inclusive, family-friendly outdoor activities.



Mental Wellness

Providing an alternative "pathway to peace" that reduces isolation and fosters a renewed sense of purpose.

How We Made A Difference



375 Total veterans and family members served in 2025



41 Impactful trips and events hosted



\$0 Cost to any veteran to join an expedition



8-12 Average group size per trip to ensure personal connection



9 Media features highlighting the VET mission



\$79,179 Total funds raised to fuel our adventures



6 Outdoor Ops members leading the way



18 (and counting) Community partners and sponsors

Our 2025 Wins

Adventure & Recovery



Hosted a wide range of trips including skiing, snowshoeing, hot air ballooning, climbing, hiking and many more.



Maintained a commitment to our heroes by ensuring the cost for veterans to participate remained at \$0.

Media & Awareness



Our mission reached new audiences through 9 media appearances across news articles, podcasts, and video segments.



Shared personal stories of resilience to highlight the importance of wilderness therapy over traditional settings.

There is always someone on the other end of the rope.



This progress is only possible because of our donors, volunteers, and the brave veterans who trust us with their journey.

Join the mission at vetxtherapy.org.