

Menu



SMOOTHIES

PBJACKED 13

Strawberry, banana, cherry, peanut butter, chocolate protein powder, choice of milk

BERRY 13

Açaí, raspberry, blueberry, strawberry, vanilla protein powder, choice of milk

LIME GREEN 13

Pineapple, banana, spinach, Greek yogurt, lime juice, honey, vanilla extract, greens powder, choice of milk

APPLE CRISP 13

Apple, yogurt, oats, cinnamon, apple pie spice, vanilla protein powder, oat milk

BERRY BOWL 16

Bowl ingredients: blueberry, açai, raspberry, banana, peanut butter, choice of milk, choice of collagen or protein
Bowl toppings: strawberries, bananas, granola, coconut flakes, chia seeds, peanut butter

*Additional collagen, protein or greens powder
Choice of whole or oat milk*

COFFEE

ESPRESSO 3.5 LATTE 6

DRIP COFFEE 3 DRAFT LATTE 6.25

HOT TEA 4.5 NITRO COFFEE 6.25

CAPPUCCINO 5.75 MATCHA LATTE 5.5

PISTACHIO AGAVE LATTE 6.5 | 7.25

Raw pistachio, organic agave syrup

PUMPKIN SPICE LATTE 6.5 | 7.25

Sugar, water, pumpkin puree, sweetened condensed milk, pumpkin pie spice, salt

S'MORES LATTE 6.5 | 7.25

Water, sugar, marshmallow

SEA SALT MAPLE BROWN SUGAR LATTE 6.5 | 7.25

Sea salt, organic maple syrup, brown sugar

GREEN & GOLD MATCHA 6.5 | 7.25

Mango, water, honey vanilla syrup

*All syrups crafted in house
Choice of whole or oat milk*