



WEST COAST
BIRTH RELATED
CARDIOVASCULAR
HEALTH CLINIC



Patient Information After BiRCH Clinic Visit

Thankyou for attending your West Coast Birch Clinic Visit. We hope you have found this clinic helpful in supporting you with your future cardiovascular health.

We recommend you continue to use your Postpartum Health Record provided at this BiRCH visit. Continue working with your physician/nurse practitioner to monitor and support your long-term health goals. Please ask our West Coast BiRCH team and other health care providers if you have any questions.

Your feedback is **important** to us.
Please scan the QR code to complete a quick, anonymous survey. This can help us make the BiRCH clinic the best experience possible.
(Please make sure to press the “Finish” button at the bottom when you are done!)

