

Government of Canada : Canada Food Guide: Recipes

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Search: Canada's food guide

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Canada's food guide Search recipes

Find a recipe

Browse our recipe collections:

- 10 ingredients or less
- 30 minutes or less
- Vegetarian-friendly
- Kid-friendly
- Non-dairy
- Vegan-friendly

Filter by:

- Vegetables
- Fruits
- Whole grains
- Proteins
 - Almond butter
 - Almonds
 - Beef
 - Bone bones
 - Blue cheese
 - Breadcrumbs cheese
 - Canned
 - Cheddar cheese
 - Chia seeds
 - Chicken
 - Chickpea
 - Clams
 - Cod
 - Edamame
 - Eggs
 - Egg whites
 - Feta cheese
 - Fish
 - Frank steak
 - Greek yogurt
 - Halloumi cheese
 - Kale
 - Kidney beans
 - Lentils
 - Lima Beans
 - Milk or plant-based beverage
 - Miso
 - Mince
 - Mozzarella cheese
 - Parmesan cheese
 - Peanut butter
 - Peanut free butter
 - Peanut free butter
 - Peanut
 - Pork chops
 - Pumpkin seeds
 - Ricotta cheese
 - Salmon
 - Sesame seeds
 - Snapper fillet
 - Steak
 - Striploin steak
 - Sunflower seeds
 - Swiss cheese
 - Tahini sauce
 - Tarragon
 - Tofu
 - Trout
 - Tuna
 - Turkey
 - Walnut
 - Yogurt

Current search: 10 ingredients or less

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