## The Hidden Life of trees hosted by Quiet Waters

Date: 4pm, Friday 20<sup>th</sup> – 3pm, Sunday 22<sup>nd</sup> March 2026

Leader: Brigid Main

Location: Quiet Waters Christian House, Flixton Road, Bungay NR35 1PD

What to expect: Come and spend a weekend in the beauty of Quiet Waters, discovering together how we can experience some of the underlying connectedness of all things in God's creation and being open to God's wild hospitality.



Researchers see and hear trees communicating, helping and supporting each other via root systems and fungi.

How can the trees help us deepen our prayer life and our own support systems?

"But blessed is the man who trusts in the LORD, whose confidence is in him. He will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit." (Jeremiah 17:7-8)

Cost: £270.00 full-board, £60.00 day guest

**To book:** contact the QW office at <a href="mail@quietwaters.org.uk"><u>mail@quietwaters.org.uk</u></a> or 01986 893201

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