

# Knit or Crochet a Garden!

## Hosted by Quiet Waters

**Date:** 4pm, Friday 8<sup>th</sup> – 3pm Sunday 10<sup>th</sup> May 2026

**Location:** Quiet Waters Christian Retreat House, Flixton Road, Bungay, NR351PD

**What to expect:** The blend of garden and yarn introduces a unique, enchanting way to reconnect with God. By merging the two and focusing on God's presence in your life, through the meditative process of knitting or crochet, you can find inner peace and creativity in equal measure.

A 2-day retreat focusing on the beauty of our gardens and the joy of creating through knitting or crochet.



Knitting is a rhythmic activity that calms the mind and fosters a sense of achievement. All materials provided.

**Cost:** £270 full-board or £65 as a day guest

**To book:** contact the office at [mail@quietwaters.org.uk](mailto:mail@quietwaters.org.uk) or 01986 893201

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