

The Gift of Hospitality Retreat

hosted by Quiet Waters

Date: 9:30 – 4pm, Wednesday 24th June 2026

Location: Quiet Waters Christian House, Flixton Road, Bungay NR35 1PD

What to expect: Would you like to find a way to talk and think more deeply and creatively about the gift of hospitality in your context?

Listening to stories with our hearts, we explore through reflective dialogue what they may mean for us and our community. We will reflect together in a way that brings new awareness and insight.

The Retreat invites: Wisdom • Wonder • Wellbeing

- ✓ Wisdom – we take time to breathe, trusting in ourselves and in the process, listening out for wisdom and new insights as a story is told visually on cloth or in sand.
- ✓ Wonder – we reflect on our feelings imaginatively with the metaphors of the story and the stories of our lives.
- ✓ Wellbeing – we develop deeper understanding of and connection to ourselves and others as we journey in love.



Jennie Fytche is an Outofthebox mentor, Christian coach & Pastoral Supervisor who's inviting you to come and listen to God in a new way, enabling you to wonder about hospitality in your context.

Cost: £65.00 to include all materials, refreshments & a Two course home-cooked lunch

To book: contact the QW office at mail@quietwaters.org.uk or 01986 893201

The Gift of Hospitality Retreat

hosted by Quiet Waters

Date: 9:30 – 4pm, Wednesday 24th June 2026

Location: Quiet Waters Christian House, Flixton Road, Bungay NR35 1PD

What to expect: Would you like to find a way to talk and think more deeply and creatively about the gift of hospitality in your context?

Listening to stories with our hearts, we explore through reflective dialogue what they may mean for us and our community. We will reflect together in a way that brings new awareness and insight.

The Retreat invites: Wisdom • Wonder • Wellbeing

- ✓ Wisdom – we take time to breathe, trusting in ourselves and in the process, listening out for wisdom and new insights as a story is told visually on cloth or in sand.
- ✓ Wonder – we reflect on our feelings imaginatively with the metaphors of the story and the stories of our lives.
- ✓ Wellbeing – we develop deeper understanding of and connection to ourselves and others as we journey in love.



Jennie Fytche is an Outofthebox mentor, Christian coach & Pastoral Supervisor who's inviting you to come and listen to God in a new way, enabling you to wonder about hospitality in your context.

Cost: £65.00 to include all materials, refreshments & a Two course home-cooked lunch

To book: contact the QW office at mail@quietwaters.org.uk or 01986 893201