



Jesus said, "Come with me by yourselves to a quiet place and get some rest."
Mark 6 v 31 N.I.V.

QUIET WATERS

CHRISTIAN RETREAT
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Registered charity
No 1215446

Information for Groups

Thank you for booking at Quiet Waters Christian Retreat House. We are looking forward to welcoming you. For your visit to run as smoothly as possible, please read the following information carefully.

Retreat Information

1. **Bookings** are confirmed when the deposit of £100 is received. Final numbers and payment are due two weeks prior to the visit.
2. **Meals:** breakfast is served at 8.45am in the dining room. Refreshments are served at 11am and 3.30pm. Lunch is at 1pm and supper, our lighter meal of the day, is served at 5.30pm. If you would like to vary these times, please contact us before your visit.
3. **Food allergies** or dietary requirements must be sent to the office at least two weeks in advance to assist menu planning.
4. **Equipment:** if you need any equipment to help facilitate your retreat, we will do our best to accommodate you. We have a flip chart and pens, CD/DVD player, TV on a stand, Digital projector and screen and in the chapel a piano and acoustic guitar including a variety of songbooks.
5. **Programme:** to help us ensure your time at Quiet Waters runs smoothly, please email us with a copy of your programme prior to your visit.

If you have any further queries, please don't hesitate to get in touch.

Every blessing

The Quiet Waters Team