

CROWN & BRIDGE

After Care Instructions

- Numbness: Be very careful not to bite, chew, pinch, or scratch the numb area. You might be numb for several hours after you leave the office.
- It is common for the jaw and gums to be sore following the procedure. Apply ice packs on the affected area for 15 min on, then 15 min off. Repeat as needed in the first 24hrs.
- Please avoid sticky foods that may dislodge the temporary crown.
- Keep the area clean by brushing, flossing and using mouthwash daily.
- When flossing, snap the floss through the contacts of the temporary and slide the floss out. Do not floss up through the contact again. This may dislodge the temporary.
- Sensitivity is a common post-operative symptom especially with crowns or bridges associated with deep fillings. These symptoms generally go away in a short period of time. Symptoms can last from several days to several weeks. Please contact the office if symptoms persist beyond 2 weeks, do not decline, or are not manageable with OTC pain medication.

When to contact The Office

- Severe discomfort that wakes you up at night or spontaneously during the day
- Severe discomfort to temperature that does not go away after 1-2 minutes (it lingers)
- Swelling outside of your mouth
- Difficulty swallowing or breathing
- You have lost or broken your temporary crown or bridge