

VIVERA RETAINERS

After Care Instructions

Congratulations on completing Invisalign® or Orthodontics!

- Wear your retainers diligently every night.
- Vivera retainers should be replaced after a period of use.
- Whenever your retainers look cracked, damaged, loose, or showing signs of breakage, it's time to switch to a new set.
- Bring your current set to your check-up for evaluation and guidance.
- Brush daily with unscented soap, or soak in Hydrogen Peroxide.

When to contact the office

- Your retainer does not fit.
- Your retainer is super uncomfortable
- You are ready for a new set of retainers.