

Hopeful



**7 DAY JOURNEY TO A HOPE-FILLED CHRISTMAS**

Being hopeful reminds me of joy and peace. It is that even if faith, that if this happens, whatever it might be, the Lord is still good. Scripture tells us in John 16:33 ESV that, "I have said these things to you, that in me you may have peace. In the world, you will have tribulation. But take heart; I have overcome the world."

Be hopeful today and be reminded where our true joy and peace come from!

I think of a mom and dear friend who was going through the adoption process years ago. Through that process, the birth mom gave my friend ultrasound images to have. Treasuring that gift since my friend wasn't present in those moments, she realized what a true gift that was.

The first ultrasound picture this birth mom received was at our Center. The visit that saved this baby's life. As this mom was adamant about having an abortion, she was informed about what a gift adoption would be to someone who was waiting.

How precious that the one who was waiting was a dear friend, and God used someone like you to sow a financial gift into the Pregnancy Resource Center, allowing this mom who was hopeless and in despair to choose a different path. An ultrasound, a life-revealing, life-saving tool that changed her heart from death to life!

What hope! Thank you for allowing the Lord to use you and your gifts to bring that hope to someone else. That even when someone is in the middle of tribulation, believing the lies of the enemy, she was shown true peace, and chose life.

## Day 2 Dec 20th

Being hopeful reminds me of the hope before us. As believers, the Lord has placed us in this beautiful community together to bring hope to the hopeless. Those who believe that abortion is the only option, that there is no hope for them, but God. Each story we hear from you, from those who serve on staff, as volunteers, or on our board, has a personal story of where they were when they felt as if they, too, had no hope.

Then the Lord met them in that place, and they received His gift of salvation, the price He paid on the cross for our sins. Isaiah 53:5 ESV says, "But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed."

What hope we have before us to share with those who think they have no hope. Thank you for allowing us that opportunity to share that hope before us. Sometimes people ask us, What makes the Pregnancy Resource Center different? One thing that comes to mind is that we aren't just a social service offering free ultrasounds, pregnancy tests, STI testing, and support before, during, and after pregnancy. We are truly sharing the hope before us, and that is Jesus, when given the opportunity. Planting seeds of the gospel that are changing lives here on earth and for eternity.

Together, we are building a culture of life, a wall of hope, if you will, for moms like Jill\* (not her real name). She was determined to have an abortion. In the client room, we learned a little about her. We could see the hope before us. What a strong and stunning mom Jill was; she didn't know it yet. Her recent fight with her boyfriend crushed Jill, and she could not be pregnant.

...continued next page

Day 2  
Dec 20th

As our nurse invited her into the ultrasound room, she lay back on the exam table as the nurse placed the wand over her belly. She cupped her hands over her eyes and glanced over to our nurse and asked, "Is it formed yet?" Our nurse shared with Jill that, although so tiny, her baby is very much alive and that her baby's heart is beating right now. She cupped her face tightly and began to weep. Tears started flowing down her face and around her hands. Our nurse continued to educate Jill about her baby's fetal development.

Then, as the nurse continued to share the truth in love with her, her hands relaxed and rested by her side as she gazed at her baby on the monitor. She started to cry even more at this point, and through the tears, she said, I guess I'd better call him because we are having this baby! Our nurse had an opportunity to share that hope before us and what Jesus did for you, me, and Jill.

What a gift we have to share and the freedom to live where we do and offer real hope to those who feel there is not. Thank you for giving us that opportunity. There truly is opportunity all around us, but you choose to say yes to the Pregnancy Resource Center. You show up for moms like Jill, her boyfriend, and her baby. You paid for their visit so that they could hear and see life, but also be introduced to the One who paid the price and died, so that we could live.

What hope we have!

When I think of the word hopeful, I think of grace and mercy. That causes me to stop, pause, and be so thankful. Thankful in the sense that brings me to my knees. Aren't you? Mercy is not getting what you deserve. Grace, conversely, is getting something you don't deserve. I think of the song "Not Guilty" by Mandisa. Our church has sung this song several times, and how true it is for all of us. The lyrics go like this:

I stand accused  
There's a list a mile long  
Of all my sins  
Of everything that I've done wrong  
I'm so ashamed  
There's nowhere left for me to hide  
This is the day  
I must answer for my life  
My fate is in the Judge's hands  
But then He turns to me and says  
I know you  
I love you  
I gave My life to save you  
Love paid the price for mercy  
My verdict; not guilty

Whew! Because we are sinners, we deserve death. However, as we call on the name of Jesus and make Him our Lord and Savior, we do not get the death that we justly deserve. We receive mercy.

Because we are sinners, we don't deserve to come into God's presence and be called His children. We don't deserve His blessings and Holy Spirit. But through our faith in Jesus, we receive all of these things. We receive grace. We have witnessed this in our own lives and in those whom we get to serve.

...continued on next page

The Lord is moving, and we pray that we continue to see the fruit of our labor before our very eyes. Thank you for being such an integral part of sharing the living hope with those we see. We know that no appointment is accidental for those who come to our Maryville or Sevierville offices or board our mobile unit.

We see divine appointments happen all the time, more this year than we ever have, and some we may never see until one day the Lord calls us home. I remember a mom who came to us who even put in her GPS the address to show up to her abortion appointment, but ended up walking into our Center. Like, what in the world? But man, aren't you thankful for the divine interruption that day? I know Sarah\* (not her real name) would say the same. Her baby is alive and in her arms because of the wrong address.

But what about those who don't find our address? This is one of those examples of grace and mercy. Those who made an abortion decision and realized that there is no hope for me, there is no forgiveness for me, and yet, we have all been there as we insert whatever life choice we made.

Romans 3:23 ESV tells us, "for all have sinned and fall short of the glory of God," Not a few or just those people, but ALL. And through those we meet who think they cannot be forgiven or God could never use them, we remind them of the grace and mercy and divine forgiveness that is extended to us all. Through your giving and prayers, many this year have walked through our 8-week Bible study, Surrendering the Secret.

Relearning that what Jesus did for you and me on that cross at Calvary was for them too, and through that, the sins of their past no longer bind them. They see and know what true grace and mercy are, and that divine forgiveness that was paid for them.

They have hope for the future and a voice to share with those who are about to walk through the same prison door they did and choose life for their babies!

Man, what hope we have!



## Day 4 Dec 22nd

When I think of being hopeful, I am reminded of the purpose for every life! Thank you for boldly standing with us through your prayers of intercession, your financial giving, and your time. Life is worthy of protection, and here we are, about to enter 2026, a milestone year celebrating 40 years of ministry. The lives that are here, the lives yet to be here, the people that are not yet connected with us, who want to stand firm with us, like you are so faithful to do.

Such an opportunity, that I can see, but it is not yet. We are sitting on gifting land in Sevierville that is yet to come to fruition. Many more lives need our yes, the lives that will be touched and transformed, because not just your yes, but those we are still meant to meet. I remember stepping foot in the building we are now in, at 103 Station Drive in Maryville. We did many tours and shared what we could do with a building paid off.

Much more ministry could be done that wasn't being done because of a monthly mortgage. We were in a building with six rooms instead of 3, and now looking back at what the Lord did in that step of obedience.

You are part of that, through His people designating gifts, that the mortgage was paid in full in less than 2 years. We are now walking in the prayers we prayed, and we are seeing triple the number of people we saw before because of your faithfulness! I can have hope for what is to come in Sevierville because of what He has done before.

He is our provider, and the lives that are waiting on a yes to be used by the Lord in small and big ways are yet to come! We know that before a child is formed in the womb, God knows them. Jeremiah 1:5 ESV tells us that. We stand boldly for life because we believe God's plans are intentional, redemptive, and good, even when circumstances feel overwhelming. I think of the many more lives to come when the vision in Sevierville comes to fruition. It truly is a repeat scenario, like we are walking in now in Maryville. The double or even triple number of lives that will be touched, saved, and transformed.

...continued on next page

## Day 4 Dec 22nd

Just like Tammy\* (not her real name), who came to us earlier this year pregnant and didn't want to be. Her baby's life was hanging in the balance as Tammy was struggling with fear and doubt, still undecided in her decision of life or abortion, she left, and we prayed.

She was offered to return for another ultrasound scan to reveal the truth about life, helping Tammy see the monumental decision that was before her, the decision of life or death for her baby.

Still, she was gripped with fear as she had an almost two-year-old she had chosen life for, and the world says this is too much, get rid of it, no one will have to know.

And then again, the truth that was spoken over her life moves from her head to her heart, and she realizes she can do this, that we have support programs to walk with her to strengthen her as a parent, but also strengthen her and point her to the truth that can never wither or fade, and that is Jesus.

When you just aren't sure that life will be chosen, Tammy comes in with her 1-week-old baby and almost two-year-old. To show her off and be so grateful for the truth spoken into and over her. The nearly two-year-old crawls up into our nurse's lap.

A voice she remembers, the voice of reason and calm, the voice that spoke truth to see her baby sister, who is alive and well. A generational legacy is being formed, one that builds life and not destruction.

Whew, what hope we have to share!



## Day 5 Dec 23rd

When I think of being hopeful, I think of everlasting hope! We can have eternal hope, and we have the opportunity to share that with those we see. Because He lives, despair does not get the final word.

In every pregnancy decision, every fear-filled moment, and every story of redemption, Jesus is our eternal hope! 1 Peter 1:3 ESV says, "Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead,"

Spurgeon said, "It is also called a 'living hope,' because it is imperishable. Other hopes fade like withering flowers. The hopes of the rich, the boasts of the proud, all these will die out as a candle when it flickers in the socket. The hope of the greatest monarch has been crushed before our eyes; he set up the standard of victory too soon, and has seen it trailed in the mire. There is no unwaning hope beneath the changeful moon: the only imperishable hope is that which climbs above the stars, and fixes itself upon the throne of God and the person of Jesus Christ."

Because of you, we get to tell those we see about this everlasting hope! Like Sandi and John, they were happy at first when they found out they were pregnant, but then fear quickly escalated in their lives. The enemy began to whisper lies such as, "How can we do this? We can't do this. Our apartment is too small, we are too young, so we need to get rid of this problem, and fast."

They needed to have an abortion, and when they decided to search for a place to take care of this problem, our Pregnancy Resource Center came up as a life-affirming alternative.

They made the appointment, and that's when everything changed. We served them through our free medical services to confirm that she was pregnant by performing pregnancy testing and an ultrasound, which allowed them to witness the miracle of life. The power of the ultrasound gave them a chance to see their baby on screen and hear that precious sound of its little heart beating.

...continued on next page

## Day 5

### Dec 23rd

They weren't prepared for what was going to happen next.

They were met with two additional people, aside from our medical professionals: a male and female volunteer advocate who invests in our families as they would in their own children.

The dad struggled to read, but here he had this amazing father figure speaking life into him and challenging him to start reading now and be the dad he knew he could be.

The very next week, they came back, and our male champion, as we call them, had purchased a book for him to start reading to his sweet baby girl in the womb.

We are so thankful for our volunteers who give small pockets of time and continue to answer the call to show up. When the parents felt a sense of urgency to find resources to take life, they found the PRC, which points to the one who is the sustainer and hope for all life! They chose life and Jesus! What everlasting, living hope we have!

It is a blessing to co-labor with you and help families like Sandi and John!

## Day 6

### Dec 24th

When I think of being hopeful, I think of unwavering truth! John 14:6 ESV says, "Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me.'" Jesus didn't say that He would show us a way; He said that He is the way. He didn't promise to teach us a truth; He said that He is the truth. Jesus didn't offer us the secrets to life; He said that He is the life.

I am thankful that He reveals truth, that is what He did to this mom, Janet\* (not her real name). Janet came to us for an appointment, but also had scheduled an appointment at the abortion clinic. Janet had other kids and did not want another child. In fact, she was very adamant about it.

Through your generosity, we were able to provide Janet with no-cost pregnancy testing and an ultrasound. Our nurse spoke to Janet about abortion procedures and risks, what other options she had, and how we could come alongside her through many of our mentoring and support programs.

Janet left still undecided about her pregnancy. She had a lot to process. Those appointments are so hard because there is a chance that they won't come back. We prayed and followed up with a text two days later because we knew the timeline was critical.

Janet texted back immediately, saying it was a tough decision and that she had been crying over her choices. We thought, "Oh man," but then she finished her conversation. "I have decided to keep the baby!"

...continued on next page

## Day 6 Dec 24th

You see, we later learned that Janet was crying because the night of her abortion appointment, she had a dream. Her family had passed away when she was young, and she had to be the caretaker for her sisters as she grew up. But that night, her mom appeared to her in the dream.

She spoke positively about her and told her she didn't want her to have an abortion. Janet was emotional about this dream and knew what she had to do. She canceled her abortion appointment and thanked us for sharing not only the truth about the life she was carrying, but also the truth about Jesus. She was so thankful that it was made clear to her what the right next step was. She had so much hope.

We continue to share His unwavering truth with those we see, and in that, we see so many respond in hope for their future! Thank you for making moments like this possible.

What hope we have!

The reason for the season! Not just this season, but every second of every day! That is why we have hope: each morning when we rise, it is a new day, a day to be thankful to be alive. What hope!

What better way to finish this **7-day journey to a hope-filled Christmas** than with some of our staff reading Luke 2:1-21.

What hope we have, amen! We hope you and your family have a hope-filled Christmas.

Thank you for your faithfulness, loving families you may never meet, giving, praying, and serving! They have hope because of you.

Feel free to scan the QR code for the video or click the link here:

<https://vimeo.com/reviews/ea5a1160-64ee-4331-8b78-b4f7cb6b79f4/videos/1147382826>





*Merry Christmas*  
**We love and appreciate all you do!**



**PREGNANCY  
RESOURCE CENTER**

**[friendsofprceasttn.com](http://friendsofprceasttn.com)**