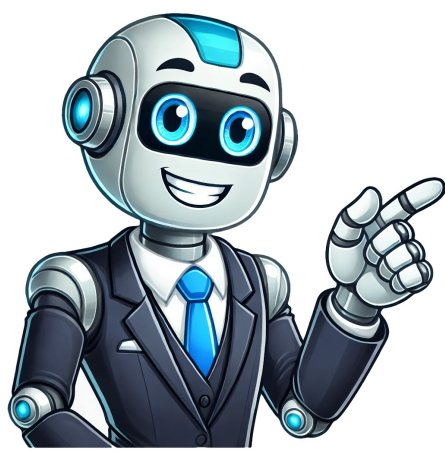


I'm not a bot





Pocket Guide to Nutrition Assessment, Third Edition - A Comprehensive Resource for RDs This comprehensive CPE program is designed to help you conduct thorough nutrition assessments, earning you 20 Level 2 CPEUs. To get the most out of it, follow these four steps: review the objectives, read and study the pocket guide, assess your knowledge through self-assessment questions, and compare your answers to the answer key. If you score at least 80%, complete the program; otherwise, re-read sections and reassess until you meet the criteria. Once done, submit your CPE Reporting Form online or via fax/mail with your email address included, and we'll send a Certificate of Completion. This program will enhance your ability to explain the nutrition care process, articulate its steps, describe its differences from other models, apply critical thinking in assessing nutritional status, weigh the value of clinical judgment, and communicate results effectively. The Pocket Guide to Nutrition Care Process outlines key steps in assessing a patient's nutritional needs. These include identifying signs of nutrient deficiencies, weighing benefits and risks associated with biochemical testing, and integrating patient history data into the nutrition assessment. The guide also emphasizes calculating estimated nutrient intake based on diet history results and determining nutrient requirements based on the nutrition assessment outcomes. Chapter 1 discusses the Nutrition Care Process, while Chapter 2 focuses on screening for nutritional needs. Chapters 3-5 explore food and nutrition-related histories, anthropometric measurements, and a nutrition-focused physical assessment, respectively. Biochemical tests, medical data, and procedures are covered in Chapter 6, followed by a discussion of client history in Chapter 7. Chapter 8 provides information on nutrient requirements. The guide is authored by Pamela Charney, PhD, RD, who has extensive experience in nutrition support and management. Dr. Charney's expertise spans adult and pediatric care, and she has held various leadership positions within the Academy of Nutrition and Dietetics (AND) and American Society for Parenteral and Enteral Nutrition (ASPEN). Outstanding Alumna by Rutgers University, Pam is a highly accomplished dietitian who made history as the first to receive a National Library of Medicine Fellowship to attend the Biomedical Informatics Short Course at Woods Hole. She was also an invited attendee at the Nursing Informatics TIGER meeting in 2006. As a proud parent of three kids and two furry Papillons, Pam juggles her busy life with her role as a member of the Nutrition Support Team at Mt. Carmel West Hospital in Columbus, Ohio. Her expertise lies in managing patients requiring enteral and parenteral nutrition, and she serves as a Clinical Practice Specialist for the American Society for Parenteral and Enteral Nutrition (ASPEN). Pam is a certified nutrition support clinician who has delivered international, national, and local presentations on various aspects of nutrition support practice. She's also an author of multiple peer-reviewed articles and book chapters in her field. As a fellow of the Academy of Nutrition and Dietetics (Academy) and ASPEN, Pam has held numerous leadership positions, including President of ASPEN in 2013 and Chair of the Academy Positions Committee in 2016. Meet Dr. Jennifer Tomesko, a renowned expert in clinical nutrition, who is currently pursuing her Doctorate of Clinical Nutrition (DCN) at Rutgers, The State University of New Jersey's Department of Nutritional Sciences in Newark, NJ. As an Assistant Professor and registered dietitian (RD), certified nutrition support clinician (CNSC), and certified diabetes educator (CDE), Dr. Tomesko is dedicated to advancing knowledge in the field of nutritional sciences.

Pocket guide to nutrition assessment 4th ed.   Pocket guide to nutrition assessment.   Pocket guide to nutrition assessment 4th edition.   Pocket guide to nutrition and dietetics.