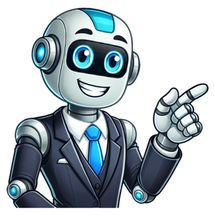
I'm not a robot



Nike tech size guide

We've simplified our kids' sizing, combining Boys', Girls', and Unisex categories into a single Kids Fit scale. This updated system includes more measurements, ensuring a better fit for all kids, regardless of their shape or size. Please note that Old Season Tech Fleece has a tighter fit than New Season Tech Fleece. When shopping, consider sizing up in Old Season joggers to avoid a tight fit. Here's a size guide for NIKE TECH FLEECE HOODIES and JOGGERS: Size Chest (in.) Waist (in.) Hip (in.) Height XS 31.5-35 25.5-29 31.5-35 5'7"-6'0" S 35-37.5 29-32 35-37.5 5'7"-6'0" M 37.5-41 32-35 37.5-41 5'7"-6'0" L 41-44 35-38 41-44 5'7"-6'0" XL 44-48.5 38-43 44-47 5'7"-6'0" XXL 48.5-53.5 43-47.5 47-50.5 5'7"-6'0" Additionally, for Tall sizes (6'–6'5" or 183–196cm approx.), inseam is 2" longer in length and ½" longer in rise than regular fit. For more accurate measurements, refer to the product page's style-specific inseam details. When measuring yourself for a better fit: - Waist: Measure around the narrowest part of your body, keeping the tape horizontal. - Hips: Measure around the fullest part of your hips, also keeping the tape horizontal.

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