

A photograph of a man and a woman sitting on wooden benches in a sauna. The woman is wrapped in a white towel and holding a white cup on a saucer. The man is shirtless and looking towards her. The sauna has wooden walls and a window on the left showing a city view.

OCTOBER SPECIALS

8AM - 7PM | DAILY

CINNAMON SPICE AROMATHERAPY MASSAGE

\$165 (50 MIN) | \$199 (80 MIN)

A deeply restorative massage featuring warm essential oils of cinnamon, clove, and orange blossom to ease muscle tension and awaken the senses.

PRIVATE PILATES EXPERIENCE – \$95 | 50 MINUTES

One-on-one personalized session with our expert instructor to enhance posture, flexibility, and core strength.

GOLDEN HARVEST BODY SCRUB & WRAP – \$199 | 60 MINUTES

An indulgent exfoliation with a golden sugar scrub followed by a hydrating body wrap, leaving skin silky and refreshed.