



DermaPEN

NEWS BULLETIN OF IADVL KARNATAKA BRANCH



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President's

MESSAGE

Dear Members of IADVL Karnataka,
Greetings!

It is with great pride and enthusiasm that I address you through this edition of the DERMAPEN News Bulletin. The past few months have been incredibly eventful and rewarding for our association, with numerous impactful initiatives aimed at advancing dermatological education, research, and public awareness.

One of our flagship events, SKINATHON – A Run for Skin Health, was successfully conducted on March 2nd, 2025, in collaboration with BDS. This initiative aimed at spreading awareness about quackery in dermatology and topical steroid abuse witnessed an overwhelming response, with over 5,000 participants running for the cause. The event received extensive media coverage and was widely appreciated across India, reinforcing our commitment to public education and awareness.

We also launched QUIZZATHON, an online postgraduate quiz program, in December 2024. Having successfully completed four episodes, the initiative has been instrumental in enhancing knowledge exchange and stimulating academic curiosity among our budding dermatologists.

A unique initiative, SYNERGY: AI Meets the Research, has been making strides in integrating artificial intelligence into dermatological research. This program has completed two insightful modules and continues to be a pioneering effort in exploring the future of AI in dermatology.

Our ongoing educational and skill-enhancement programs, RESIMED, YATHARTHA, and KALIKE, continue to provide valuable learning experiences for dermatology professionals. Additionally, our community outreach initiative, CHALO PATHSHALA (ARIVU), has been successfully implemented across Karnataka, educating high school and college students on skin health and topical steroid abuse. With over 70 sessions conducted, this project has created significant awareness and empowered young minds with accurate dermatological knowledge.

I extend my heartfelt gratitude to the EC members, all the IADVL Karnataka members, well-wishers, and supporters who have contributed to these initiatives. Your dedication and commitment continue to elevate IADVL Karnataka to greater heights. Let us move forward with the same zeal and enthusiasm, fostering knowledge, innovation, and community service in dermatology.

Warm Regards,

Dr. Manjunath Hulmani

President, IADVL Karnataka

OFFICE BEARERS OF IADVL KARNATAKA 2024-2025



Dr. Manjunath Hulmani
President



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Imm. Past President



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President Elect



Dr. Veeresh D.
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Joint Secretary



Dr. Aneesh S.
Hon. Secretary Elect



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Dr. Ashwini P. K.
Academy Chairperson



Dr. Nagesh T. S.
Academy Convenor



Dr. R. Sanjay Thejaswi
DERMAPEN Chief Editor



Dr. Gowthami H.
DERMAPEN Assistant Editor



Dr. Lahari C.S.
DERMAPEN Assistant Editor



FROM THE HONARARY **SECRETARY'S DESK**

Dear Esteemed Members,

It is with great pride and enthusiasm that I present my message for this special edition of DERMAPEN. As we continue to progress in our mission to elevate the fields of dermatology, venereology, and leprosy, this publication remains an important medium for us to reflect on our collective achievements and the ongoing strides we are making towards professional growth and public awareness.

Over the past months, IADVL has conducted numerous initiatives that have benefited our members and the community at large. One of our flagship programs, DERMABASICS, has proven to be an invaluable platform for postgraduate training, offering an in-depth and structured learning experience for young dermatologists. This program is a testament to our dedication to nurturing the next generation of experts in the field. Held at Sri Siddhartha Medical college, Tumkur which was attended by 200 new Postgraduate students.

Another key Presidential initiative is SKINATHON, which has been a resounding success in raising public awareness against quackery and promoting the importance of seeking professional dermatological care. This community outreach program continues to play a crucial role in educating the masses and providing a platform for public engagement on skin health.

We are also excited to introduce SYNERGY, an innovative initiative that bridges the fields of artificial intelligence and dermatology. With AI becoming an integral part of healthcare, this program aims to explore its potential in improving diagnostic accuracy and treatment outcomes. We are committed to integrating the latest technological advancements into our practice to better serve our patients and advance the field.

Additionally, our educational programs YATHARTHA and RESIMED have gained considerable traction. YATHARTHA provides a holistic approach to dermatological education, focusing on practical, evidence-



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based learning for our members. Meanwhile, RESIMED serves as an essential platform for continuing medical education, offering insights from leading experts and enabling our members to stay updated with the latest in dermatology.

In this edition, we also take great pride in showcasing the remarkable achievements of our esteemed members. Whether through groundbreaking research, clinical excellence, or impactful contributions to public health, our members continue to set benchmarks in dermatology, venereology, and leprosy care. Their dedication and hard work inspire us all to continue pushing the boundaries of what is possible in our field.

As we move forward, I encourage each one of you to engage with these programs and initiatives actively. Your involvement is crucial in continuing the legacy of excellence that IADVL Karnataka stands for. Let us remain united in our efforts to improve patient care, advance our profession, and support one another in our shared journey towards excellence.

Thank you for your continued support, and I look forward to another year of growth, collaboration, and achievement.

With warm regards,

Dr. Mahesh Kumar.C

Honorary Secretary, IADVL Karnataka



Dr. R. Sanjay Thejaswi
DERMAPEN Chief Editor



Dr. Gowthami H.
DERMAPEN Assistant Editor



Dr. Lahari C.S.
DERMAPEN Assistant Editor

FROM THE EDITOR'S DESK

We are thrilled to present the latest edition of **Dermapen**, brimming with the newest developments and insights from the world of dermatology. This quarter has been a dynamic period of growth, marked by engaging learning sessions and impactful initiatives. The highlight of the quarter, **CUTICON 2024**, was an overwhelming success, bringing together education, collaboration, and celebration within the dermatology community.

Derma Basics 2025 continued the legacy of building a strong foundation of dermatology in new residents with 213 first-year post-graduates in attendance this year. Many standout workshops were conducted this quarter - "**Asthetic Dermatology Update 2024**" hosted by the BDS and Rajarajeshwari Medical College, "**Kalike 6.0**" hosted by the KDS, "**Hands-on Dermatoscopy Workshop**" hosted by Kasturba Medical College, the "**Hands-on Nail Surgery Workshop**" & "**Hands-on Botox Workshop**" hosted by SDM Medical College, Dharwad. All stood out as exceptional opportunities for postgraduate students providing hands-on experience in critical surgical techniques, live cadaveric demonstrations and fostering an environment of interactive learning and skill-building. Extending our reach beyond national borders, the "**Second Online CME**" was hosted by Father Muller Medical College in collaboration with Brawijaya University, Indonesia, under the auspices of GPEC.

This event offered a unique platform for postgraduate students from both nations, fostering meaningful academic exchange.

Synergy, an innovative initiative focused on exploring the optimal integration of AI into dermatological healthcare, holds immense potential to enhance diagnostic accuracy and improve treatment outcomes. Meanwhile, the "**ARIVU - CHALO PATHASHALA**" initiative has been a resounding success, positively impacting thousands of school and college students across Karnataka. Our sister societies have remained highly active, organizing monthly CMEs, workshops and quizzes dedicated to ongoing medical education and professional advancement. Among our community outreach efforts, Skinathon, a marathon dedicated to raising



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awareness about skin health, emerged as a standout event. Held in both Bangalore and Mangalore, the initiative was a resounding success, with over 6,000 participants, including both doctors and non-doctors. In addition, other outreach programs, such as those organized on World AIDS Day and World Leprosy Day, have been instrumental in spreading awareness and fostering knowledge on critical health issues. Additionally, **RESIMED** and **YATHARTHA** sessions remain indispensable resources for postgraduates and young dermatologists, seamlessly bridging the gap between clinical dermatology and aesthetics in everyday practice. In this issue, we are excited to introduce a new Literary & Art section, dedicated to showcasing the talents and creativity of our colleagues. We look forward to making this a regular feature in all future editions of Dermapen. A heartfelt thank you goes to our seniors and the leadership of IADVL Karnataka for their unwavering support and for entrusting us with this newsletter. We look forward to continuing this journey of knowledge, growth, and collaboration.

Dr. R. Sanjay Thejaswi
DERMAPEN Chief Editor

Dr. Gowthami H.
DERMAPEN Assistant Editor

Dr. Lahari C.S.
DERMAPEN Assistant Editor

MINUTES OF MEETING

IADVL KARNATAKA AGBM

Held at CUTICON KN 2024, CHITRADURGA at 6:00pm on 9th NOVEMBER 2024

Once the quorum was set, the meeting was started at 6 pm. Dr Mahesh C, Honorary Secretary IADVL KN started the meeting and gave condolences to departed souls. Dr. Mitaxari Hugar, President IADVL KN addressed the members and welcomed all. She expressed gratitude for the dedicated individuals who worked tirelessly and highlighted the strides made together, including academic programs and community services.

1. Secretary report was presented by Dr. Mahesh C, it was passed by Dr. Raghunath Reddy and seconded by Dr. Sacchidanand S Aradhya.
2. Treasurer report was prepared by Dr Sujala S Aradhya IADVL KN Treasurer and presented by Dr Preethi B. Nayak IADVL KN Joint Secretary. it was passed by Dr. Sacchidanand S Aradhya and seconded by Dr. Veeresh.
3. Dermapen Report was presented by Dr. Sanjay Tejasvi, it was passed by Dr. Raghunath Reddy and seconded by Dr. Manjunath Shenoy.
4. Academy report was presented by Dr. Ashwini PK, it was passed by Dr. Manjunath Shenoy and seconded by Dr. Vivekananda Ittigi.
5. Clinical Dermatology Review (CDR) journal report was presented by Dr. Shashikumar BM, it was passed by Dr. Raghunath Reddy and seconded by Dr. Vivek Ittigi. Dr. Mitaxari Hugar appealed to all members to apply for DVL welfare trust and be a member of the same.
6. Dr. Savitha AS proposed to close one of the accounts and transfer the amount to the other bank, and if possible to shift to Bangalore branch. Dr Shashikumar BM added that to convert any amount in the account in fixed deposits.
7. CDR journal payments to be done immediately as the invoices have been sent to treasurer.
8. Travel reimbursement to be given for DERMABASICS and DERMADVANCE if they come booking taxi. Timeline to submit any relevant documents for reimbursement after CUTICON/any program is 1week or 1 month, to be decided by Finance committee with SOP.
9. Dr Manjunath Shenoy proposed travel and accommodation to be given to President and Honorary Secretary for DERMAZONE south. A total payment of Rs 10000 to be dedicated for accommodation for both of them separately, if anything exceeding they have to spend it. Travel to be paid fully to both of them. Dr Raghunatha Reddy seconded it. Voting was conducted and AGBM passed it.
10. DERMABASICS 2025 and DERMAADVANCE 2025 bidding happened on the floor of AGBM. It was finalized that DERMABASICS 2025 will be conducted by Siddartha Medical College Tumkur (Dr. Shivanand) and DERMAADVANCE 2025 will be conducted by SDM Medical College, Dharwad (Dr. Naveen).



11. Dr Mahesh C proposed that we can keep a segment in Election circular specifically for bidding of DERMABASICS and DERMAADVANCE. Dr Raghunath Reddy added that to make a SOP and guidelines for the same. This was passed by Dr. Manjunath Shenoy and seconded by Dr Raghunath Reddy.
12. Dr. Aneesh S mentioned the difficulties in conducting RESICUTICON and the number of delegates who did turn up for the meeting. Dr. Raghunath Reddy proposed to cancel Resicuticon from the upcoming years and it was seconded by Dr. Ravi Rathod. An opinion and voting was taken at the AGBM, and RESICUTION was decided to be cancelled from the upcoming years.
13. Dr Akshay Samgani proposed to have a legal retainer for IADVL KN. It was considered as good proposal by all, but more research has to be done and proposed better and guidelines to be set. It has to be discussed about scope of services which he would be providing and annually an amount of 1-1.5 lakh can be given to him. This proposal has to be discussed again once all the formalities has been spoken to the legal retainer. This was proposed by Dr Ambresh Badad and seconded by Dr Savitha A S.
14. Dr Ashwini PK proposed that certificated to be given to all the members involved in the IADVL academy, to appreciate their contribution and encourage them further. She also proposed that members can step down if they are not able to contribute. Academy has planned to make sub groups, so that work can be executed well. It was also discussed that financial gain from the academy programs should be at least Rs 10000 per program as suggested by AGBM and this has to be bargained by the EC with Pharma Company. This was proposed by Dr Natraj and seconded by Dr Akshay Samgani.
15. Dr. Shivanand proposed for equal opportunity for all the members to be faculty in scientific programs. This proposal was rejected in the AGBM, as being a faculty depends on merit. Youngsters will be given more chance whenever possible was decided.
16. Dr Prakash Kololgi proposed that for any region in Karnataka, minimum number of members to be there to form the sister society should be 10 members (as per the society registration act) from 25 members. Voting was taken regarding the same, and majority of them agreed it to be 10.
17. It was proposed all sister societies must renew their registration every year under Societies registration Act. Along with the Minutes of meeting of their AGBM, New Office bearers list and Society renewed certificate should be submitted to Honorary Secretary of IADVL Karnataka before 30th December of every year for the sister society to be active.
18. Dr Mahesh. C Secretary also suggested the need to revise the constitution and eligibility criteria for elections as smaller sister societies with less than 12 members will have limited experience compared to bigger sister societies. Also the best sister society awards to be given to smaller and bigger sister societies, referring the matter to constitution committee.
19. Dr. Shashikumar BM proposed that Charmaratha vehicle was being asked by IADVL TN for their conference purpose. Dr Mitaxari Hugar suggested that, as last year Charmaratha was utilized by National IADVL for activities in Pune for 1 week and they gave an amount of Rs 1lakh to IADVL KN. In the last year the expense on the same vehicle was around Rs 70000. Hence the whole AGBM decided that as there is not

much profit on the vehicle and there is additional risk involved in giving it for rent to other state branch, to sell the vehicle. It was also decided to keep a base price of Rs 3 lakh and to bargain and sell the vehicle at the earliest. This was proposed and seconded by all members in union.

20. Dr. Ravi Rathod announced the election results of 2024-25, Dr Savitha A.S as President Elect, Dr Aneesh S as Honorary Secretary Elect, Dr Mohan Shendre as Treasurer Elect, Dr Monisha K and Dr Vivekananda Ittigi as Joint Secretaries. The EC members are Dr Akshay Samagni, Dr Shivanand, Dr Sahana P Raju, Dr Deepdarshan, Dr Swetha Sridhar, Dr Sri lakshmi, Dr Vijaykumar (proposed by Dr Vivekananda Ittigi and seconded by Dr Deepdarshan), Dr Shishira (proposed by Dr Savitha AS and seconded by Dr Shashikumar) , Dr Lahari CS , and Dr Leena Ravindra (proposed by Dr Shanmukha and seconded by Dr Raghunatha Reddy). The Vice Presidents selected in the AGBM are Dr Veeresh (proposed by Dr Mohan Shendre and seconded by Dr Raghavendra Topkane) and Dr Sanjana AS (proposed by Dr Savitha AS and seconded by Dr Sacchidanand S Aradhya). The CC members elected are Dr Raghunatha Reddy (proposed by Dr Sacchidanand Aradhya and seconded by Dr Raghavendra Topkane), Dr Sacchidanand S Aradhya (proposed by Dr Manjunath Shenoy and seconded by Dr Nataraj), Dr. Mukund (proposed by Dr Mohan Shendre and seconded by Dr Sanjana AS), Dr. Prakash Kololgi (proposed by Dr Vidya TS and seconded by Dr Preethi B. Nayak) and Dr. Ambresh Badad (proposed by Dr Vishal and seconded by Dr Veeresh).

It was also decided that venue for CUTICON and DERMAZONE south is Hubli.

Dr. S. Sacchidanand raised the issue of not received the communication reg Bangalore bid for DERMAZONE South not being considered. Dr Raghunatha Reddy asked the secretary why the communication was not been done. Dr Mahesh C replied that it was the election Officers decision to announce Hubli as the venue and the same as been communicated. It was also informed that repeated query from Bangalore Dermatological Society was not answered.

Dr. S. Sacchidanand congratulated Hubli team to conduct DERMAZONE South.

Dr. Mahesh. C read a proposal by Dr B. S. Chandrashekar that during inauguration ceremony only Chief guest if he is Dermatologist should be allotted to speak and strict time management. It was decided that once we invite as Chief Guest we should allow them to speak, strictly time should be managed.

21. Dr Ambresh Badad told briefly about CUTICON 2025 to be held in Kalburgi.
22. Dr Varsha reported on the income and expenditures at CUTICON 2023 at Manipal. Rs 86 lakh has been saved and given to the IADVL KN. It was passed by the AGBM. Dr Raghunath Reddy clarified the doubts asked by Dr Mahesh regarding the profit sharing between organizing committee and IADVL KN. 15% of registration amount and 20 % of the stall amount has to be given to the IADVL KN as a basic saving. 30% of the total amount should be given to the IADVL KN at the end if the amount surpasses this basic saving.

The core EC members were called to take up the stage and the new team assumed charge.

Dr. Manjunath Hulamani, President presented his roadmap for the next 1 year. Presidential projects Anti-quackery initiatives, Quizathon and Skinathon were highlighted.

Dr. Mahesh C Kumar, Hon' Secretary delivered the Vote of Thanks, and the AGBM was closed.



IADVL KARNATAKA EXECUTIVE COMMITTEE 2024-25

Dr. Manjunath Hulmani
President

Dr. Monisha K.
Joint Secretary

Dr. Mitaxari M. Hugar
Imm. Past President

Dr. Vivekananda Ittigi
Joint Secretary

Dr. Savitha A.S.
President Elect

Dr. Aneesh S.
Hon. Secretary Elect

Dr. Veeresh D.
Vice-President

Dr. Mohan Shendre
Treasurer Elect

Dr. Sanjana A.S.
Vice-President

Dr. Ashwini P. K.
Academy Chairperson

Dr. Mahesh Kumar C
Hon. General Secretary

Dr. Nagesh T. S.
Academy Convenor

Dr. Sujala S. Aradhya
Treasurer

EC MEMBERS

Dr Akshay Samagni
Dr Shivanand
Dr Leena Raveendra
Dr Deepdarshan K
Dr Shishira R Jartarkar
Dr Lahari C S
Dr Sahana P Raju
Dr Swetha Sridhar
Dr SriLakshmi N
Dr Vijayakumara Adavi

CC MEMBERS

Dr S Sacchidanand
Dr R Raghunatha Reddy
Dr Prakash Kololgi
Dr Ambresh Badad
Dr Mukund P

IADVL-KN ACADEMIC ACTIVITIES

CUTICON KN 2024

The State-Level Dermatology Conference, CUTICON KN 2024, was held from November 8–10, 2024, at Basaveshwara Medical College and Hospital, Chitradurga, organized by the Chitradurga Dermatology Association and the Department of DVL, BMCH, with the theme “Enhancing Evidence-Based Medicine.”

The event began with a CME on November 8, attended by 208 delegates, focusing on lasers in dermatology, dermatosurgery, and aesthetics, followed by a cultural evening and dinner. The two-day conference on November 9–10 saw 424 delegates, bringing the total attendance to 632. Eminent speakers from across the state delivered insightful lectures and participated in panel discussions.

The inaugural function featured Dr. Manjunath Shenoy, National President of IADVL, as the chief guest, alongside distinguished guests. Awards included the Lifetime Achievement Award to Dr. Jayadev Betkerur and the Young Dermatologist Award to Dr. Namitha Chatra. BMCRI, Bengaluru, received the Best Department Award, and Karavali Dermatology Society was honored as the Best Sister Society.

The event also hosted quizzes, paper, and poster presentations. Orations were delivered by Dr. Madura C on Dermatosurgery and Dr. Gatha M Upadya on Community Dermatology. The conference concluded with a valedictory function, celebrating achievements across various categories.



RESIMED SESSION

SESSION NO	DATE	TOPICS	SPEAKERS
138	10/10/2024	INTERESTING CASES-VULVAL DERMATOLOGY	DR. SWETHA RAMBHIA
139	17/10/2024	ACNE-AN OVERVIEW	DR. SHITAL POOJARI
140	21/11/2024	AN APPROCH TO ATOPIC DERMATITIS	DR. RADHIKA S R
141	12/12/2024	SIMPLE TIPS AND TRICKS FOR IMPROVING OUTCOMES OF BASIC DERMATOLOGY	DR. GAURAV DASH
142	2/01/2025	ACQUIRED DERMAL MACULAR HYPERPIGMENTATION: WHERE DO WE STAND?	DR. DAVINDER PARSAD
143	16/01/2025	CHIKUNGUNYA,DENGUE &HFMD:DERMATOLOGIST'S PERSPECTIVE	DR. VISHALAKSHI VISHWANATH
144	14/02/2025	EPIDERMOLYSIS BULLOSA:-PART 1	DR. DIVYA GUPTA DR RAVI HIEMAGALORE MODERATOR DR. MANOJ SRINIVASA
145	21/02/2025	EPIDERMOLYSIS BULLOSA – PART 2 TOPIC 1-BEYOND THE CLINIC:WHY RESEARCH MATTERS IN EB CARE TOPIC 2 – FROM CARE TO ADVOCACY 360 DEGREE CARE OF EB SHAPING- THE FUTURE OF EB CARE IN INDIA	DR. GURUDATTA BARAKA DR. MANOJ SRINIVASA
146	13/03/2025	DERMATOLOGICAL SIGNS: DECODING SKIN'S LANGUAGE	DR. MAYURI M SAWANT
147	24/03/2025	“DECODING WHAT THE SKIN SPEAKS-PRURITUS”	DR. DEENA PATIL MODERATOR DR. PRABAKAR SANGOLI

YATHARTHA 3.0 – AN ACADEMIC JOURNEY TOWARDS TRUTH AND REALITY

A Case Based Online Program for Dermatology Residents and Practitioners

Conducted by IADVL-KN academy and EC

Episode Co-ordinator: Dr. Veeresh V Dyavannavar

Date	Sessions	Topic	Speakers
31/10/2024	21	The skin tapestry: unravelling endocrine abnormalities through dermatological clues	Dr Kirti Pawar Dr Indrashis Podder Dr Syed Mubashir Dr Shruthi Teggimani Dr Suman Odugoudar
28/11/2024	22	Psychocutaneous disorders - Case based discussion	Dr Abhineeta Hosthota Dr Shrutakirti Sheno Dr AShwini Shetty Dr Sudipta Roy Dr Veda Shetageri
26/12/2024	23	Nail disorders - Case based discussion	Dr Shikha Bansal Dr Chander Grover Dr Balachnadra Ankad Dr Bhavana Doshi
30/01/2025	24	Contact dermatitis - Case based discussion	Dr Vignesh Narayan Dr Satish Pai Dr Soumya Jagadeesan Dr Chatana S G
27/02/2025	25	Drug reaction - Case based discussion	Dr Abhay Mani Martin Dr Rajesh Rajagopalan Dr Chidambara Murthy Dr Vishalakshi Pandit
27/03/2025	27	Connective tissue diseases - Case based discussion	Dr Anupam Das Dr Chengappa K G Dr Ishwara Bhat Dr Smitha Ancy Verghese

DERMA BASICS 2025

Derma Basics is an annual academic program conducted by IADVL KN in collaboration with medical colleges, aimed at building a strong foundation for first-year dermatology residents. This year, Sri Siddhartha Medical College, Tumkur, had the honor of hosting the event on March 9, 2025, with great enthusiasm and a focus on delivering excellent scientific content.

Around 213 students from across Karnataka participated, making the event a grand success. The highlight was the enriching academic sessions delivered by esteemed speakers who traveled from various parts of the state to share their knowledge and expertise.

We also had the privilege of honoring former IADVL National President Dr. Manjunath Shenoy, IADVL Karnataka President Dr. Manjunath Hulmani, and IADVL Honorable Secretary Dr. Mahesh Kumar C.

A heartfelt thanks to our Chancellor and college management for their unwavering support in making this event possible.



CME AND WORKSHOP CONDUCTED

BANGALORE DERMATOLOGICAL SOCIETY (BDS)

The BDS CME held on 24th November 2024 at Bengaluru City Institute, led by Dr. Madan Mohan N T and the Department of Dermatology of Dr. B R Ambedkar Medical College, featured the 10th BDS Knowledge Knockout Quiz (won by Dr. Bharath & Dr. Shefali, BMCRI), a spotter on Angiokeratoma by Dr. Sachin S, guest lectures on Atopic Dermatitis by Dr. Shilpashree P and non-pharmacological approaches by Dr. Revathy S, a pediatric dermatology panel by Dr. Divya Gupta, case reports, and a session on pigmentation treatments by Dr. Dilip Kumar, sponsored by Supraceuticals Pvt Ltd.

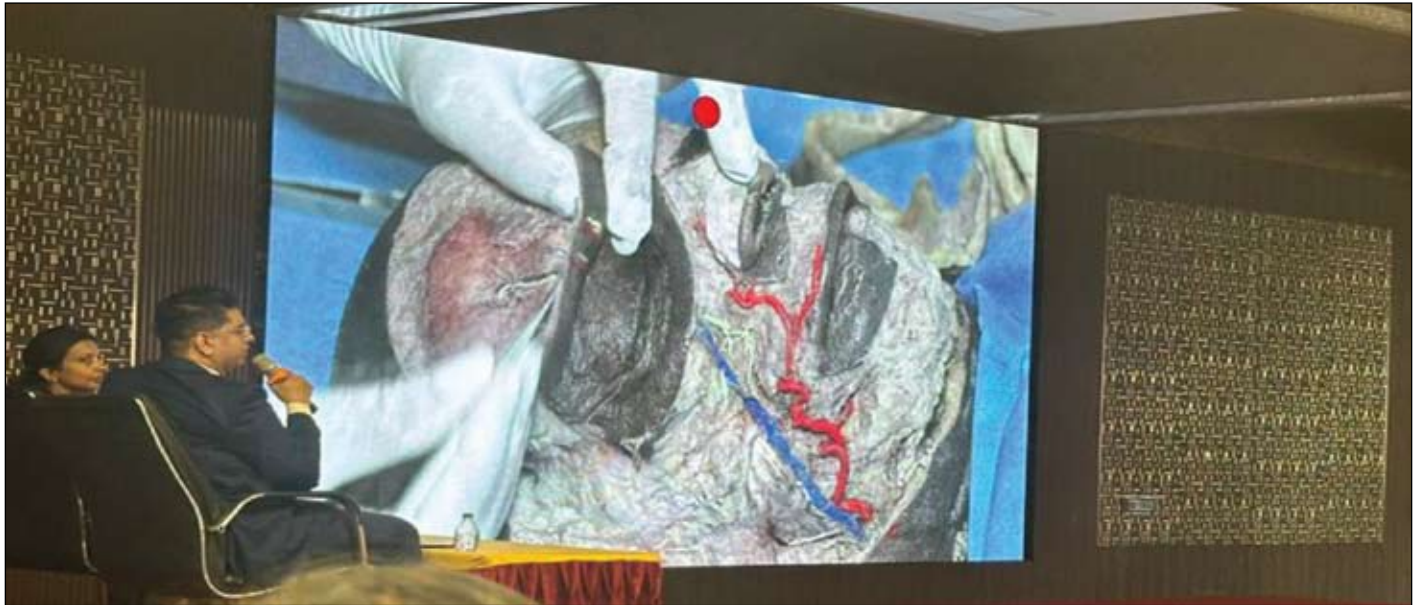


Dr Dilip Kumar delivering a talk on “Newer molecule for treating Pigmentation”

The Aesthetic Dermatology Update – 2024, hosted by the Bengaluru Dermatological Society and Department of Dermatology, Raja Rajeshwari Medical College Hospital on 15th December 2024 at Rajarajeshwari Medical College, Bengaluru, featured expert lectures, live demonstrations, and interactive sessions on minimally invasive procedures like thread lifts, fillers, and skin boosters. Highlights included a live CADAVERIC WORKSHOP on facial anatomy led by Dr. Yogitha R, thread lifts by Dr. Gulhima Arora, and dermal fillers/skin boosters by Dr. Sachin Verma, enhancing skills in advanced aesthetic procedures.



Felicitation of the Chief Guest Dr Sacchidanand S, President, BDS



The Live Cadaver Workshop moderated by Dr Akshay S.

The BDS Annual Get-Together held on 22nd December 2024, at Nisarga Resort, Bengaluru welcomed around 300 participants. Highlights included the BDS Knowledge Knockout Quiz (won by BMCRI's Department of Dermatology) and top PG presentations: 1st - Dr. Meghana Kempanna (KIMS, ₹5000), 2nd - Dr. Abhay Samsundhar (BMCRI, ₹3000), 3rd - Dr. Namrata Shanbhag (KIMS, ₹2000). The event featured fun activities, stall games, and children's activities.



BDS Life members at the annual get-together, Nisarga Resort



The BDS Knowledge Knockout Quiz rolling trophy won by Department of Dermatology, BMCRI

The BDS CME conducted on 2nd February 2025 at Trinity Airforce Officer's Mess, Bengaluru hosted by Department of Dermatology, CHAF under Dr. Amit Bahuguna, featured a session on "Onychoscopy" by Dr. Shishira R. Jartarkar, a BCC spotter by Dr. D Navya, and PG case presentations chaired by Maj Gen Dr. A K Jaiswal. Highlights included "Flap Surgeries" by Dr. Bahuguna, "Secukinumab in Psoriasis" by Dr. M K Shetty, a biologics panel and a debate on "Social Media in Dermatology".



Dr Amit Bahuguna delivering a talk on Basal Cell Carcinomas

The BDS CME on 23rd February 2025 at Bengaluru City Institute, hosted by Department of Dermatology, Ramaiah Medical College under Dr. T K Sumathy and Dr. K N Shivaswamy, featured a bedside session on “Tzanck Smear & KOH” by Dr. Shruthi Madhavi G, a “BPK Spotter” by Dr. Chetana P R, PG case presentations, and talks on “Cutaneous ADRs” by Dr. Deena Patil, “JAK-1 Inhibitors” by Dr. Rajeshwari Bhat, Glenmark, and “Lip Rejuvenation” by Dr. Shilpa Bhat. A panel on dermatology ethics and a debate on “Glutathione in Dermatology” enriched the event.



Dr K N Shivaswamy, Professor and HOD, addressing the gathering.



Panel discussion on Ethics and professionalism moderated by Dr A L Shyamprasad.

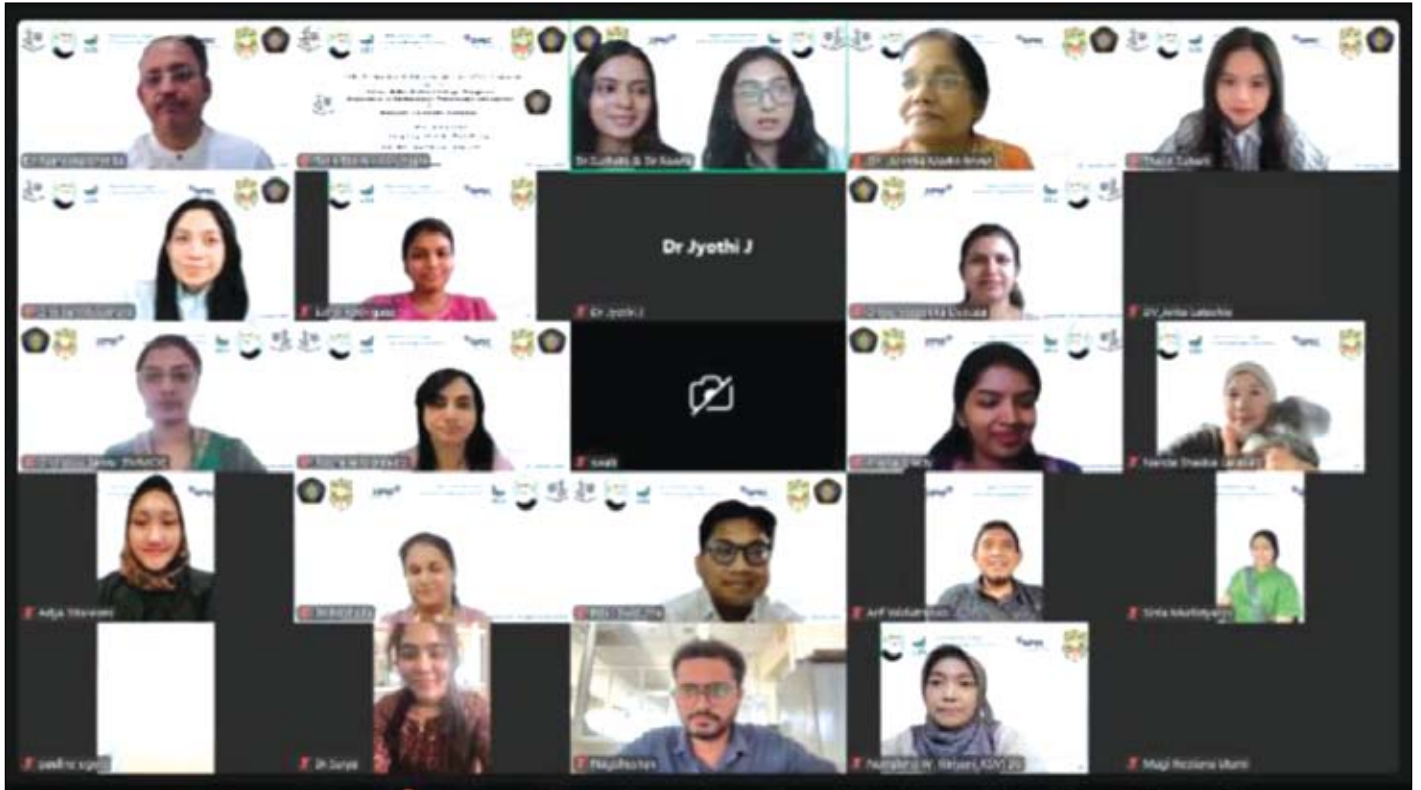
The BDS CME held on 16th March 2025 was conducted at the Bengaluru City Institute. The scientific session was hosted by Department of Dermatology, The Oxford Medical College, Hospital & Research Centre led by Dr Abhineetha Hosthota, Professor and Head of the Department.

KARAVALI DERMATOLOGY SOCIETY

KALIKE 6.0 was conducted on 5th January 2025 by Karavali Dermatology Society in collaboration with IADVL KN, at Gold Finch Hotel, Mangaluru. The event was attended by 95+ participants. Sponsored by Sesderma, it featured Dr. Siddhi Chavan's talk on chemical peels, a panel discussion, and live demos on acne scars, pigmentation, rejuvenation, and advanced therapies.



The Second Online CME was held on 26th January 2025 by the Department of Dermatology, Father Muller Medical College in partnership with Brawijaya University, Indonesia under GPEC. Postgraduates from both universities presented cases, followed by a clinicopathological correlation session by Prof. Dr. Ramesh Bhat M, fostering academic exchange and knowledge-sharing.



The 10-year DERMACON 2015 celebration was held on 16th February 2025 featuring KDS consultants and postgraduates. It began with the SARCD 2025 Scientific Committee Meeting, followed by a Sunscreen session by Prof. Dr. Ramesh Bhat. A group photo in blue symbolized unity, marking a decade of dermatology progress.



A CME on “Vitiligo Surgery and Lasers” was held on 15th March 2025 by the Department of Dermatology, Venereology & Leprosy, Kasturba Medical College, Manipal. Renowned speakers, including Dr. Jyothi Jayaraman and Dr. Munish Paul, shared insights on vitiligo treatments, with a panel discussion moderated by Dr. Malcolm Pinto.

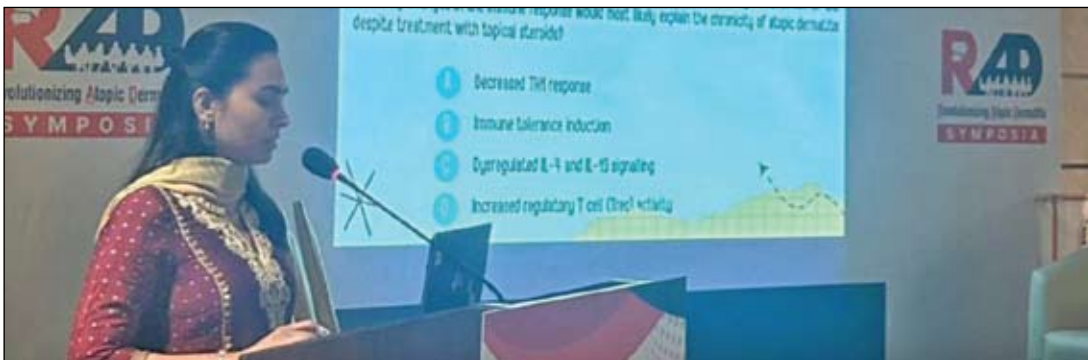


A CME and Hands-on Workshop on Dermoscopy was held on 16th March 2025, organized by the Department of Dermatology, Kasturba Medical College, Mangaluru and the Dermatoscopy Society of India. Chief guest Dr. Rochelle Monteiro, along with speakers Dr. Shishira RJ, Dr. Keshavmurthy Adya, Dr. Soumil Khare, and Dr. Balachandra A. Ankad, shared insights. Dr. Kashinath Nayak chaired the event.



MYSORE DERMATOLOGY SOCIETY

A CME was organised on 5th January 2025 by the Mysore Dermatology Society. The sessions included Dr. Harikishan Kumar's talk on "Abrocitinib - Patient Selection and Practical Considerations". A panel discussion on "Management of Atopic Dermatitis: Recent Updates" was moderated by Dr. Deepadarshan, with panelists Dr. B.L. Nanjundaswamy, Dr. Prasanna, Dr. Harikishan Kumar, Dr. Lavanya MS, and Dr. Aswini S. The event concluded with a New Year celebration by MDS members.



A CME was organized by the Mysore Dermatology Society. Dr. Chengappa and Dr. Rishwith delivered informative sessions on "Scleroderma Management". Dr. Aswini PK was felicitated for her National-level achievement.



HUBLI DHARWAD DERMATOLOGISTS ASSOCIATION



BOTOX HANDS-ON WORKSHOP was conducted on 5th December 2024 by the Department of Dermatology, SDM Medical College, Dharwad. The morning session featured a talk on Botox by Dr. Dhanya Nayak, MBBS, MD, FRGUHS, consultant at Epicorium Skin Clinic, Bengaluru. The afternoon session included hands-on training for staff and postgraduates.



A CME was organized on 11th December 2024 by the Hubli-Dharwad Dermatologists Association on the topic “Minoxidil Evolution in Alopecia Therapy”. The keynote address was delivered by Dr. Mayuri Sawant, Senior Resident, SDM Medical College, Dharwad. The session highlighted Minoxidil's journey from an antihypertensive to an alopecia treatment. Postgraduates benefited from the lecture, followed by the DERMAZONE SOUTH & CUTICON 2026 meeting. SDM was elected as the venue, with the committee comprising Dr. S.B. Athanikar (Chief Patron), Dr. Raghavendra S. Tophakhane (Organizing Chairman), Dr. Mitaxari Hugar (Organizing Secretary), Dr. Naveen KN (Scientific Chairperson), and Dr. Sowmyashree K (Treasurer).

A CME was organized on 23rd January 2025 by the Hubli-Dharwad Dermatologists Association on the topic “Newer advancements in sunscreen formulation for Melasma and post-procedure”. The keynote address was delivered by Dr Sweta Prabhu followed by an interactive session on sunscreens with participation by all members and postgraduates.

Hands-on NAIL SURGERY WORKSHOP was organised on 7th March 2025 by the Department of Dermatology, SDM Medical College Dharwad. Dr. Priya Sharat, consultant dermatologist, provided in-depth training on nail surgical procedures through theoretical discussions and live demonstrations. The workshop enhanced the skills of both postgraduates and faculty.

GADAG DERMATOLOGY ASSOCIATION

A CME on “Tofacitinib in Dermatology” was organized on 6th November 2024 by the Gadag Dermatology Association. The keynote address was delivered by Dr. Amulya R. The session provided valuable insights into the expanding role of tofacitinib in dermatological practice, with a focus on its application in autoimmune skin disorders.

A CME on “Melasma Update and Update on Acne” was organized on 31st January 2025 by the Gadag Dermatologists Association. Dr. Saroja presented the session on melasma, while Dr. Apoorva discussed the latest updates on acne. The discussions covered recent advancements in the pathophysiology, diagnosis, and management of both conditions.

A CME on “Rituximab in Dermatology” was organized on 12th March 2025 by the Gadag Dermatologists Association. The keynote address was delivered by Dr. Veeresh V. D. The session explored the evolving applications of rituximab in dermatology, with a focus on its use in autoimmune blistering diseases.

SISTER SOCIETY CAMPS & ACTIVITIES

BANGALORE DERMATOLOGICAL SOCIETY

On November 29th, 2024, the Department of Dermatology, BGS GIMS, in association with IADVL Karnataka and BDS, organized “ARIVU - CHALO PATHASHALA” at BGS Public School, Kengeri to educate students on skin, hair, and nail health and prevent quackery. Around 100 Class 8 students attended. Dr. Sanjana A S opened the event with an introductory speech, followed by Dr. Dheemant M delivering an informative talk on dermatological awareness and debunking myths. The session concluded with a lively Q&A, leaving students better informed about skin health.



Dr Sanjana A S, Professor and HOD & Dr Dheemant delivering talk during ARIVU Programme

On December 4, 2024, Rajarajeswari Medical College and Hospital conducted the “ARIVU - CHALO PATHASHALA” awareness programme at Siddaganga Public School, Chandra Layout, Bengaluru. Dr. Leena Raveendra, Dr. Akshay Samagani, Dr. Nikhil Ram, and Dr. Nikhitha Billalar engaged with 750 students, raising awareness about skin-related issues.



Enthusiastic students interacting with Dr Leena Raveendra and Dr Akshay S.

On January 3, 2025, the Department of Dermatology, Ramaiah Medical College and Hospital organized the “ARIVU - CHALO PATHASHALA” awareness program at Ashok International School, Abbigere, Bengaluru, under the guidance of Dr. T K Sumathy and Dr. K N Shivaswamy. Dr. Suparna M Y and Dr. Shruthi Madhavi engaged with 80 enthusiastic students (6th to 8th grade) in an interactive session, which was well-received and appreciated by all.



Dr Suparna M Y and Dr Shruthi Madhavi conducting “ARIVU - CHALO PATHASHALA” ‘a student awareness program at Ashok International School, Abbigere, Bengaluru.

On January 8, 2025, the Department of Dermatology, BGS Medical College and Hospital, Bengaluru organized the “ARIVU - CHALO PATHASHALA” awareness programme at Government High School, Aluru. Dr. Anushree L S, Senior Resident, led an interactive session with 100 students, raising awareness about skin hygiene and common skin conditions. The students participated enthusiastically, making the program a great success.



Dr Anushree L S, Senior Resident, conducted the “ARIVU- CHALO PATHASHALA” a student awareness program at Government High School, Aluru.

On January 9, 2025, the Department of Dermatology, Rajarajeswari Medical College and Hospital, in association with the Bengaluru Dermatological Society, organized the “ARIVU - CHALO PATHASHALA” awareness programme at Vijaya High School, Jayanagar, Bengaluru. Dr. Akshay Samagani (an alumnus) and Dr. Leena Raveendra conducted an interactive session with 450 students, covering skin hygiene, common conditions, vitiligo misconceptions, and the dangers of quackery and steroid abuse. The session ended with a lively Q&A led by Dr. Nivetha and Dr. Amrutha.



Dr Akshay Samagani (Alumni of School) and Dr Leena Raveendra conducted the ARIVU programme at Vijaya High School, Jayanagara, Bengaluru

On January 11, 2025, the Department of Dermatology, Rajarajeswari Medical College and Hospital, in association with the Bengaluru Dermatological Society, organized the “ARIVU - CHALO PATHASHALA” awareness programme at Arundhati Gurukulam, Girinagar, Bengaluru. Dr. Leena Raveendra and Dr. Akshay Samagani again engaged 78 students on skin hygiene, common conditions, vitiligo misconceptions, and the dangers of quackery and steroid abuse. The session concluded with a lively Q&A.



Dr Leena Raveendra and Dr Akshay Samagani conducted an interactive session with the students

On 19th January 2025, Dr Krupashankar D S delivered a lecture on “GERIATRIC DERMATOSES” to residents of Sandhaya Sanjeevini - Home for the Elderly followed by a skin camp.



Dr Krupashankar D S interacting with the residents of old age home

On 2nd March 2025, BDS, in association with IADVL-KN, organized a mega event, “SKINATHON – RUN FOR SKIN HEALTH”, at Atal Bihari Vajpayee Stadium, HSR Layout, Bengaluru, featuring 10K, 5K, and 3K marathons. The event aimed to raise awareness about quackery, steroid abuse, and self-medication, while promoting basic skin care and knowledge of common skin disorders. The event saw active participation from around 6,000 people, including doctors.



Participants ready for the 10 k marathon

ನಕಲಿ ವೈದ್ಯರ ಬಗ್ಗೆ ಜನಜಾಗೃತಿ, ಚರ್ಮರೋಗ ಕುರಿತು ಅರಿವು ಮೂಡಿಸಲು ಬೃಹತ್ “ಸ್ಕಿನ್ ಥಾನ್”

ಬೆಂಗಳೂರು: ಚರ್ಮ ರೋಗ ವೈದ್ಯರ ಸಂಘ, ಬೆಂಗಳೂರು ಕಾರ್ಪೊರೇಷನ್ ಸಂಘ, ಇಂಡಿಯನ್ ಅಸೋಸಿಯೇಷನ್ ಆಫ್ ಡರ್ಮಾಟಾಲಜಿಸ್ಟ್, ಬೆಂಗಳೂರು ಮತ್ತು ಬಿ.ಎಸ್. ಸಂಸ್ಥೆಗಳಿಂದ ಆಯೋಜಿಸಿದ ಈ ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಜ್ಞಾನ ಕಾರ್ಯಕ್ರಮವು ಬೆಂಗಳೂರಿನಲ್ಲಿ 2ನೇ ಮಾರ್ಚ್ 2025ರಂದು ಆಯೋಜಿಸಲಾಗಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಸುಮಾರು 6,000ಕ್ಕೂ ಹೆಚ್ಚಿನವರು 10K, 5K ಮತ್ತು 3K ಮಾರ್ಥನ್‌ನಲ್ಲಿ ಭಾಗವಹಿಸಿದರು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಚರ್ಮರೋಗಗಳ ಕುರಿತು ಜನಜಾಗೃತಿ ಮೂಡಿಸಲು ಬೃಹತ್ “ಸ್ಕಿನ್ ಥಾನ್” ಕಾರ್ಯಕ್ರಮವು ಆಯೋಜಿಸಲಾಗಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಚರ್ಮರೋಗಗಳ ಕುರಿತು ಜನಜಾಗೃತಿ ಮೂಡಿಸಲು ಬೃಹತ್ “ಸ್ಕಿನ್ ಥಾನ್” ಕಾರ್ಯಕ್ರಮವು ಆಯೋಜಿಸಲಾಗಿದೆ. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಚರ್ಮರೋಗಗಳ ಕುರಿತು ಜನಜಾಗೃತಿ ಮೂಡಿಸಲು ಬೃಹತ್ “ಸ್ಕಿನ್ ಥಾನ್” ಕಾರ್ಯಕ್ರಮವು ಆಯೋಜಿಸಲಾಗಿದೆ.

On 9th March 2025, BDS conducted a free skin health camp at Sanrakshan Rainbow Home, an orphanage for 60 girls. The camp, led by Dr. Heera Ramesh and Dr. Sachin S, EC members of BDS, focused on personal hygiene and raising awareness about skin conditions. The initiative had a positive impact, educating the children on the importance of skin health and fostering better hygiene practices



Dr Sachin and Dr Heera at skin camp with the care takers

KARAVALI DERMATOLOGY SOCIETY

On 4th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was organized at Expert PU College, Valachil, Mangaluru which was attended by 1100 2nd PUC students. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 6th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was organized at Milagres Degree College, Mangaluru which was attended by 200-degree college students. Dr Malcolm Pinto, Professor Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 11th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was organized at Expert PU College Valachil, Mangaluru which was attended by 1200 1st PUC students. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 12th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was organized at Government Muslim Residency School and was attended by 120 high school students. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 19th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was organized at Government PU College, Montepadavu, Mangaluru which was attended by 60 (1st and 2nd PUC students). Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) conducted the session to great success.



DermaPEN

News bulletin of IADVL Karnataka Branch



On 31st December 2024, “ARIVU - CHALOPATHASHALA” awareness programme was organized at Government PU College for Women, Balmatta, Mangaluru which was attended by 300 Ist PUC students. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) conducted the session. It was very well received.



On 5th January 2024, “ARIVU-CHALOPATHASHALA” awareness programme was organized at Yenepoya Nursing College, Kinya Campus, Mangaluru. It was attended by 120 nursing college students. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 8th January 2024, “ARIVU-CHALOPATHASHALA” awareness programme was organized at Canara High School (Main), Mangaluru which was attended by 275 students from 9th and 10th standard. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 13th January 2024, “ARIVU - CHALOPATHASHALA” awareness programme was organized at Canara High School (Main), Mangaluru which was attended by 260 students from 9th and 10th standard. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 19th January 2025, “ARIVU - CHALOPATHASHALA” awareness programme was organized at St Agnes College (Autonomous) in association Youth Red Cross Wing which was attended by 140 students from degree college. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 22nd January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was organized at Yenepoya School of Engineering and Technology, Kuloor Campus, Mangaluru. This event was held as a part of National Youth Day and was attended by 120 students from degree college. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 27th January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was organized at School of Social work, Roshni Nilaya, Mangaluru campus in association of Lions Club and was attended by 60 students from degree college. Dr Malcolm Pinto, Professor, Department of DVL, Yenepoya (Deemed to be University) spoke on common skin and hair diseases.



On 6th January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Excel College, Guruvayankere. Dr Manasa KN and Dr Kriti Bhat from KMC, Mangaluru conducted these in 2 batches for 1500 students (908 boys and 642 girls), highlighting general skin hygiene, common skin conditions, supporting patients with vitiligo, say no quackery/steroid abuse/social media advice followed by a very interactive QA post each session.



On 20th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Father Muller College of Nursing by the Department of Dermatology, Father Muller Medical College. Around 200 students actively participated in this engaging and interactive program which was done by Dr. Jyothi Jayaraman, Dr. Rochelle, Dr. Kiran, Dr. Prajna and Dr. Annabel.



DermaPEN

News bulletin of IADVL Karnataka Branch



On 10th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Hazrat Syed Madani Women’s PU College, Ullal, Mangalore by Dr Manjunath Shenoy. A total of 120 students attended and interactive session continued for over 30 minutes.



On 19th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Joyland School, Thokkotu organized by K.S.Hegde Medical Academy. Dr. Monisha and Dr. Snigdha conducted an informative session. Around 200 students from classes 7th to 10th participated in this interactive program and the session was concluded with an engaging Q and A.



On 20th January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was conducted by Dr. Anusha Potula, Assistant Professor, Dept of Dermatology, KMC Manipal for the 8th standard students in Madhavakripa High School, Manipal. It was well received with a scintillating Q and A session following the talk.



On 20/12/24, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Sri Sri Ravishankar Vidya Mandir, Karkala by MAHE, Manipal. Around 150 students actively participated in this engaging and interactive program. Dr. P Anusha D’souza delivered a talk on topics such as general skin health, adolescent skin care, lice infestation, and effect of social media on skin.



On 17th January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was organized by K.S.Hegde Medical Academy at Sacred Hearts’ Higher Primary English Medium School, Kulshekar with total number of participants (Students of 6th & 7th standard) being 280. Dr Tonita Noronha conducted the session covering topics such as general skin care, acne, fungal infections, scabies, hair loss, head louse infestation, topical steroid abuse and adversaries of social media products.



On 24th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at SDM PG Institute of Business Management by Dr Narendra Kamath. Over 150 students attended the session. The talk titled “Beauty is not just Skin Deep” was delivered to great appreciation and focused on quackery. It was followed by a lively discussion for 20 minutes.



On 21 January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was conducted by Dr. Lisa D’souza, Department of Dermatology, KMC Manipal, MAHE for the children of 5th to 8th standard in Sharada Residential School, Udupi.



On 17th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at St.Aloysius College (Deemed to be University) by Father Muller Medical College. Around 150 students actively participated in this engaging and interactive program led by Dr. Ramesh Bhat, Dr. Rochelle, and Dr. Prajna.



On 18th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was organized at Vidya Kendra, Mangaluru One, Thokkotu by K.S.Hegde Medical Academy. Around 80 students (classes 7th, 8th, and 9th) participated in this interactive program by Dr. Monisha and Dr. Snigdha.



On March 2nd 2025, Karavali Dermatological Society in collaboration with IADVL Karnataka, Father Muller Medical College, and IMA Mangalore organized “SKINATHON: A Walk for Skin Health” to raise awareness against skin quackery. Over 100 participants walked from IMA Mangalore to Father Muller Medical College. Dr. Rochelle Monteiro, President of KDS, emphasized consulting qualified dermatologists for skin issues. Dr. Jessy D’souza, President of IMA Mangalore also addressed the gathering. The walkathon was flagged off by Dr. Manjunath Shenoy, former National President of IADVL, and Dr. Narendra Kamath, Community Dermatology Coordinator. Dr. Jacintha Martis, Head of the Department of Dermatology at Father Muller Medical College, co-organized the event. Dr. Prajna Shetty, KDS Secretary, and Dr. Anusha D’souza, KDS Treasurer, coordinated the event with the Mangaluru City Police ensuring smooth traffic management. Awareness pamphlets were distributed, educating the public about skin care.



MYSORE DERMATOLOGY SOCIETY

On 19th January 2025, Community Health Camp was conducted by Mysore Dermatological Society. Both, MDS and Rotary Club - Ivory City, collaborated and organised a skin and hair check-up and treatment camp at a Tribal Hadi of B Mattanakere Billage of H D Kote Taluq. The local population and students of the tribal residential school attended and received treatment. Dr S M Purushothama and Dr Mukund P took part in the event.



On 17th December 2024, "ARIVU - CHALO PATHASHALA" awareness programme was conducted at Avila Convent High School, Mysore. Around 150 students participated in this interactive program. Dr Srilakshmi N from JSS Hospital, Mysore spoke on general skin care in adolescence, acne, hair loss, fungal infections, scabies, topical steroid abuse and influence of social media. Q&A session was held after the talk.



HUBLI DHARWAD DERMATOLOGISTS ASSOCIATION

On 26th November 2024, "ARIVU - CHALO PATHASHALA" awareness programme was conducted by the Department of Dermatology, SDM Medical College Dharwad in association with HDDA at Shri Manjunatheshwar English Medium School, Dharwad. Around 70 students from class 8th and 9th and 10th participated in the program. Dr Sowmyashree K delivered a talk on general skin health and emphasized the need to consult a qualified dermatologist in case of skin ailments. Dr Naveen KN, Head of the Department, answered all the student and myths regarding skin care.



Dr Naveen KN interacting with the students

On 29th November 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted by the Department of Dermatology, SDM Medical College, Dharwad in association with HDDA at JSS College, Dharwad. Around 90 students participated in the interactive program. Dr Sowmyashree K delivered a talk on general skin health, effect of social media, fairness addiction. Dr Naveen KN, Head of the Department, busted the myths and answered all the queries of students regarding misuse of steroids.



On 4th January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Smt Vidya P Hanchinmani School, Dharwad organised by Department of Dermatology, SDM Medical College, Dharwad in association with HDDA. Around 100 students (first and second PU) participated in the program. Dr Sowmyashree delivered a lecture on skin care, acne, fungal infections, effect on social media. Dr Mayuri Sawant busted the myths, answered all the queries of students and also emphasized the need to consult a qualified dermatologist.



Dr Sowmyashree educating the students about skin care

On 6th January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Arjuna PU Science College, Dharwad organised by Department of Dermatology, SDM Medical College, Dharwad in association with HDDA. Around 100 students (first and second PU) participated in the interactive program. Dr Sowmyashree delivered a lecture on skin care, acne, fungal infections and effect on social media. Dr Naveen KN, Head of the Department, busted the myths and answered all the queries of students regarding misuse of steroids and also emphasized the need to consult a qualified dermatologist.

On 21st January 2025, “ARIVU - CHALO PATHASHALA” awareness programme at Sri Sathya Sai Vidya Mandir School, Dharwad organised by Department of Dermatology, SDM Medical College, Dharwad in association with HDDA. Around 120 students participated in the interactive program. Dr Sowmyashree K delivered a talk on general skin care, common skin problems encountered in this age group and concluded the session with Q&A and also emphasized the need to consult a dermatologist in case of skin ailments.



Dr Sowmyashree K interacting with the students

DAVANGERE DERMATOLOGY ASSOCIATION

On 2nd December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted by Dr Divya from SSIMS at a Durgambika High School, Davangere. Around 120 students participated in this programme.



On 7th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Rastrothana PU College, Davangere by Dr Spandana from SSIMS, Davangere. About 90 students were benefitted by this programme.



On 16th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was organised by Department of Dermatology, JJM Medical College, Davanagere at Mothi Veerappa Pre-University College where approximately 60 students, accompanied by their teachers, actively participated in the event. Dr. Akshay L M and Dr. Rachana H various aspects of skin health, including common skin conditions, do’s and don’ts for skin care, the impact of social media on skin and debunking common misconceptions about skin and hair care.

TUMKUR DERMATOLOGIST SOCIETY

On 4th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Shridevi Vidya Mandir by Department of Dermatology, Shridevi Medical College. Children were educated regarding general skin care, common skin disorders and steroid misuse. They were also educated to consult a qualified Dermatologist for any skin or hair related issues.



“ARIVU - CHALO PATHASHALA” awareness programme was conducted at Siddaganga High School by Department of Dermatology, Siddaganga Medical College and Research Institute, Tumkur. The program was attended by around 650 high school students. Dr Lalitha C and Dr Chethan Kumar conducted informative session about general skin care, skin problems like scabies, pediculosis, acne, hair fall, fungal infection and topical steroid misuse.



On 6th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted by Department of Dermatology, Siddaganga Medical College and Research Institute, Tumkur at Sri Siddhartha Rural High School, Tumkur. Around 90 students participated in this interactive program. Dr D R Shivanand and Dr Abhishek delivered a talk on general skin health, effect of social media and fairness addiction.



GADAG DERMATOLOGY ASSOCIATION

On 2nd March 2025, the Department of Dermatology, Gadag Institute of Medical Sciences, Gadag in association with GDA conducted “ARIVU - CHALO PATHASHALA” awareness programme at JNV Mundargi, Gadag District. Around 400 students participated in this interactive program. Dr Veeresh Dyavannavar delivered a talk on general skin health, effect of social media, fairness addiction. Dr Tukaram Sori busted the common myths and answered all the queries of students regarding misuse of steroids.



**Dr Tukaram Sori and Dr Veeresh interacting
|with the students during Arivu program**

In March 2025, a Skin Camp was conducted at Jawahar Navodaya Vidyalaya, Mundargi by Dr. Tukaram Sori, Dr. Veeresh V. D., Dr. Nirusha, and Dr. Soundarya. The camp provided free dermatological consultations, diagnosis and treatment for students and staff. The camp focused on common dermatological disorders.

KALABURAGI DERMATOLOGY SOCIETY

“ARIVU - CHALO PATHASHALA” awareness programme was conducted at Nutan Vidyalaya PU College by Dr Ambresh S Badad and Dr Gouthami. They spoke on IADVL Dermatologists, quackery, awareness about common skin issues. More than 300 students benefitted from the programme.



On 21st December 2024, “ARIVU - CHALO PATHASHALA” awareness programme program was conducted at Sri SVPM High school, Kalaburagi. Around 150 students participated in this interactive program. Dr Trivedi Rahul Prasad, Dr Vishal Wali, Dr Ambresh Badad and Dr Tejaswini from Basaweshwara Hospital, Kalaburagi spoke on general skin care in adolescence, acne, fungal infections, scabies, topical steroid abuse and influence of social media.



On 18th December 2024, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at JNNCE College. Around 80 students participated in this interactive session led by Dr Anupama Y.G., Associate Professor, Departmentt of Dermatology, SIMS, Shimoga. She spoke on general skin care, acne, hair loss, fungal infections, topical steroid abuse and influence of social media.



On 30th December 2024 “ARIVU - CHALO PATHASHALA” awareness programme program was conducted at R L Jalappa Central School, Kolar. Dr Hanumanthayya K, Professor, SDUMC spoke on general skin care in adolescence, acne, fungal infections, scabies, leprosy. Dr. Suresh Kumar K, Associate Professor, SDUMC and District Coordinator - Kolar, spoke on IADVL Dermatologist, awareness of who is a qualified dermatologist.



DermaPEN

News bulletin of IADVI Karnataka Branch



“ARIVU - CHALO PATHASHALA” awareness programme was conducted at Diamond School and College, Bidar. More than 100 students attended the program. Dr Parameshwar Biradar delivered an informative speech regarding skin, hair and nail care and topical steroid abuse.



On 11th January 2025, “ARIVU - CHALO PATHASHALA” awareness programme was conducted at Swami Vivekanand High School, Koppal. Around 100 students participated in this interactive session. Dr. Vishalakshi S. Pandit conducted the session covering topics such as general skin care, acne, fungal infections, hair loss and adversities of social media products.



ಹೆಣ್ಣೇ ನೀನೆ ಪ್ರೇರಣೆ



ಓ ನನ್ನ ಮುದ್ದು ಕಣ್ಣಿಗೆಳೇ
ನಮ್ಮ ಬಾಳಿನ ಅಮೂಲ್ಯ ರತ್ನಗಳೇ
ನೀವು ಬಾಳಿರಿ ಎಲ್ಲರೊಂದಿಗೆ ಹೊಂದಿಕೊಂಡು
ಸದಾ ಇರಿ ಮುಖದಲಿ ನಗುವ ತುಂಬಿಕೊಂಡು

ನಿಮಗೆ ವಯಸಿದ ಕೆಲಸದಲ್ಲಿ ಇರಲಿ ಆಸಕ್ತಿ
ಪೂರ್ಣ ಮನಸ್ಸಿನಿಂದ ದುಡಿದು ಹೆಚ್ಚಿಸಿ ನಿಮ್ಮ ಕ್ರಿಯಾಶಕ್ತಿ
ನಿಮ್ಮ ಮನೆಗಳಲ್ಲಿ ಆಗಿ ನೀವು ಎಲ್ಲಾ ರೀತಿಯ ಪಾತ್ರದಾರಿ
ಜಗತನ್ನು ಮುನ್ನಡೆಸಲು ಆಗಿ ನೀವು ಸೂಕ್ತ ಸೂತ್ರದಾರಿ

ಜೀವನದಲ್ಲಿ ಮುಂದೆ ಒಂದಾಗಿ ಬನ್ನಿರೆಲ್ಲ
ನಿಮ್ಮ ಜೊತೆ ಎಲ್ಲರನ್ನು ಪ್ರಗತಿಯತ್ತ ತನ್ನಿರೆಲ್ಲ
ತೋರಿ ನಿಮ್ಮ ಪ್ರತಿಭೆಯನ್ನು ಪೃಥ್ವಿಯ ಎಲ್ಲಾ ಭಾಗಗಳಲ್ಲಿ
ಹಾರಿ ಎತ್ತರಕ್ಕೆ ಅವಕಾಶಗಳ ಬಾನಿನಲ್ಲಿ

ಹೆಣ್ಣನ್ನು ಗೌರವಿಸುವ ತಾಣ ಸ್ವರ್ಗದಂತೆ
ಹೆಣ್ಣಿನ ಶೋಷಣೆ ಮನುಕುಲಕ್ಕೆ ಅಪಮಾನದಂತೆ
ಸ್ತ್ರೀ ಕುಲದ ಏಳಿಗೆಗಾಗಿ ಕೈ ಜೋಡಿಸಿ
ದೇಶ ಅಭಿವೃದ್ಧಿ ಹೊಂದುವುದನ್ನು ನೋಡಿ ಸಂಭ್ರಮಿಸಿ.

► ಡಾ|| ಸುಪರ್ಣ ಎಂ.ವೈ.

ಅಸೋಸಿಯೇಟ್ ಪ್ರೊಫೆಸರ್, ಚರ್ಮ ರೋಗ ವಿಭಾಗ
ರಾಮಯ್ಯ ವೈದ್ಯಕೀಯ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪತ್ರೆ, ಬೆಂಗಳೂರು

TIME FOR MYSELF???



Dr Saleem A Jamadar

Consultant dermatologist, Gadag
drsaleemajamadar@gmail.com

“ what’s for breakfast dear?”

“ today also quite busy day for me, with line up of surgeries “

“ is she ready?”

Now she was ready for fourth statement/ question of the day as a routine and it did come.

“You are going to drop her to school na “

Now an addendum “ it’s good, “your”daughter’s school is on the way to your clinic “

No honey it’s near to your hospital and I have to make a detour too and I know the list of your surgeries, I have heard it twice already. Words she always wanted to say but never did.

Rest the usual things . Daughter did a lot of nakhras for breakfast. Lovely moment for dad and “his daughter”. A good click on his iPhone. As usual she had to search for daughter’s notebooks and get her bag ready. And now most important thing, she herself had to get ready and she did in least amount of time possible. I will start applying sunscreen from tomorrow and will take all the care of my skin and hairs too, she promised herself for nth time. After dropping her daughter to school, she drove on to her clinic. Smiling as her husband’s words repeated in her mind. “ your speciality is an easy one, one can manage many other things along with your practice. No emergencies, no surgeries, so comfortable life. Yes thank you dear hubby for making me feel so important. But, she never failed to feel happy, and to smile looking at her clinic signboard which always made her forget everything else. She looked affectionately at sparkling letters “Shri Gauri’s skin & hair clinic”. The words dermatologist and cosmetologist next to her name always made her feel proud. She felt like a queen entering her kingdom(queendom?). Her assistant greeted with a smile and good morning wish , started telling her about the list, even though she herself had prepared it. Two laser hair removals three chemical peels and a skin biopsy. Wow that’s a housefull day. Does my husband know? How could he? I didn’t mention to him or anybody during my calls on mobile. Not his mistake. She wished her first patient (or the client)a good morning , went on to compare the photographs and explained the results of the previous sessions. The girl happily smiled, saying thank you doctor.

Now the turn for today’s OPD appointments, which she happily went

through, putting her all knowledge and expertise to the test .

Few patients after post lunch session, the receptionist came through and asked “ doctor I have an elderly lady dropping in without appointment. Shall I accept her? Elderly? What’s the age? Around fifty was the answer. And what for ? Hair loss next reply. Strange, she thought and told her receptionist “could she come some other time with an appointment?”. She told doctor please see her , she looks very concerned and today’s three appointments are cancelled. “ Send her last” and she got on with her schedule.

By the time the lady walked in she had almost forgotten the discussion with receptionist and the lady also wasn’t even looking concerned. In fact she was smiling and answered her namaste with a big Hi and “good evening Dr Gauri, thank you so much for seeing me”with all the enthusiasm in the world. Impressed, Dr Gauri asked what the problem is.

Now she was feeling a bit hesitant , but went on to tell about her hair fall. Our good doctor felt bit odd when the lady said she has hair fall since last 20 years. It’s been decades of planning and postponing a “visit to the nearest dermatologist “.

‘ How much hair have you lost in all these years’ was the usual next question to which she said 70%. A photograph of her came out of her purse showing a woman in her late twenties with a long flowing mane and a broad smile. Now only half the smile was there and a fraction of hair. That’s a really a lot of difference, our doctor thought. She did a little sweet talking. The woman poured out her story. Getting married in her early twenties and getting into in law’s home dreaming it would be her own now and immersed herself in endless duties of being a wife, daughter-in-law, mother, so called homemaker, et cetera, et cetera. After four years of of marriage she had a son and started experiencing hair fall. As usual, the vegetables supposed to be eaten, were applied

on scalp. All sorts of flowers and leaves were mixed with coconut oil. She followed endless list of advices from all her in-laws, Neighbors, and many relatives. This went on for good 7 to 8 years and one more pregnancy and child birth came by.

She got busy in her children, fitting perfectly into the role of the “Great Indian housewife”. In between friends suggested visiting skin and hair doctor, but laughed at by husband. “You look beautiful, you don’t need any treatment”, said the ever caring husband. Loss of skin glow, few lines here and there all went unaddressed drowning in daily chores. Once this thing get settled , I will have time for myself. Let her finish 12 standard. Let him get a seat in a good college. Let father in-law’s health problems settle down. After that, I will have a lot of time for taking care of myself, my skin, my beauty, and my hairs. And I am here, now please see that I will have my hairs back” pleaded the lady. That can be taken care of said Dr Gauri, but quipped smilingly “ So now you have everything tied up and came for yourself “. But the lady’s answer surprised her. No doctor these things never get settled, my son is yet to get a job, my daughter is yet to find a proper match, my father in law’s arthritis is getting worse and above all my husband still waiting for that dream promotion. Now confused and also bit disturbed doctor asked but you said that you had planned things for yourself after taking care of all these matters. No doctor, now the lady was speaking in a very determined and strong voice, I was wrong I never realised the time would never wait for me.

If I think of doing anything for me that should be today. I did a mistake of thinking my sacrifices will be written in golden words and displayed on all the walls of our home. But no, everybody got on with their journey. If I want to look good, I need to do something for that, I am the person who should take of me. Rest all bullshit, forgive my language madam the lady completed her monologue. The doctor looked at her closely. She could see the regret, the pain of

not asserting herself and also a newfound realisation and determination. She kept looking at the lady for some few more moments. Then it dawned on her, she wasn't looking just at her patient she was looking at herself after a decade or two.

Getting herself lost in the thoughts, she didn't realise the lady was asking whether she could do something for her face too. Only after patient's loud voice she came back to the world and advised the lady in a very professional manner sent her for few investigations. Her phone was ringing with the display of "sweet hubby" words. Gauri didn't pick up the call instantly as she would usually do. She kept thinking with a not so happy smile which she usually had only when she is alone. Slowly her smile turned into a

broad smile just like her last patient had in her photo. Her phone started ringing again, "sweet hubby". She picked up and said hi hubby and giggled.

The confused husband started dear it's time for picking up our, no no dear would you please pick her up today she said not allowing him to complete his sentence. What but today I have.., please dear she cut his sentence again, please go to the school na, please. I have my appointment with my hairstylist today which I forgot to tell you. I am getting late , thank you so much my dear hubby and hung up.

The assistant came in and uttered " what madam you are looking so happy and radiant. Dr Gauri nodded with a smiling approval.

VISIT TO VATAPI (BADAMI)

Nataraja Carving : The cave portrays the Tandava-dancing Shiva as Nataraja on the rock face to the right of entrance and also part of Gandharveda. The image, 5 feet (1.5 m) tall, has 18 arms (9 in left and 9 on right) in a form that expresses the dance position (about $9 \times 9 = 81$ combinations in total) arranged in a geometric pattern, which Alice Boner - a Swiss art historian and Indologist, states is a time division symbolizing the cosmic wheel. The eighteen



arms express Natya mudras (symbolic hand gestures), with some holding objects such as drums, a flame torch, a serpent, a trident and an axe. Shiva has his son Ganesha and the bull Nandi by his side. Adjoining the Nataraja, the wall depicts the goddess Durga of Shaktism tradition slaying the buffalo-demon Mahishasura. The sculptors had excellent knowledge of the natya mudras of Bharatanatya (a very popular classical dance in southern part of India), because there is no chance to correct any errors and it has to be perfectly carved at the first place otherwise the entire cave has to be abandoned.

Next to this in corner you can see a slim Lord Ganesha - on him the name "VATHAPI GANAPATHIM BHAIJE" has come, which is said before every auspicious function.



► Dr. Tukarma Sori

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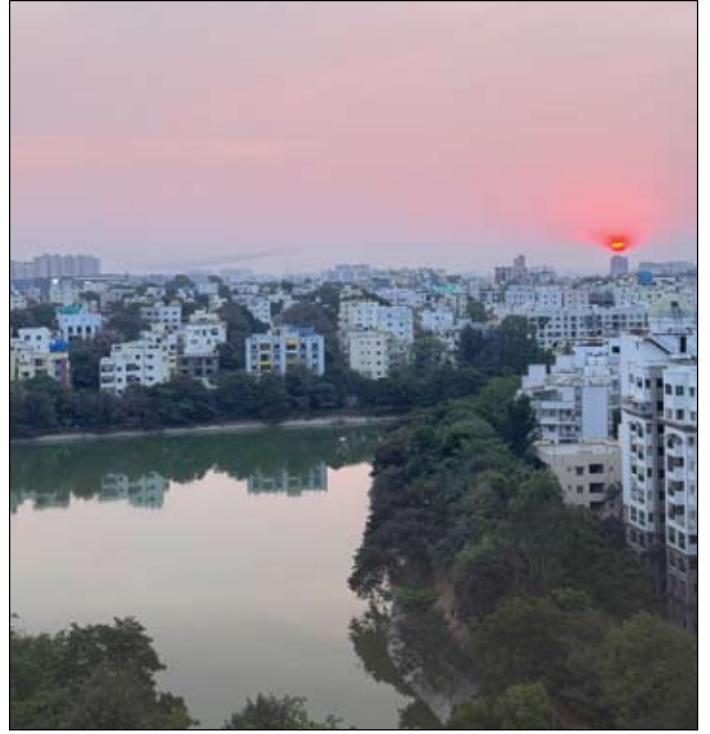


►► **Dr Veeresh Dyavannavar**
Associate Professor, GIMS Gadag



►► **Dr. Suresh Kumar K.,** Associate Professor, Sri Devaraj Urs Medical College, Tamaka, Kolar

The rising sun and the full moon with the reflection over the lake



►► Dr Rachana Shilpakar, AM/KN/5455

Poem 1

I wrote this poem for my mom when she visited me during my postgraduate studies, capturing the warmth, comfort, and love that only a mother can bring.

The embrace

As her arms reach out and surround me with warmth,
All I can think of are my blessings to count.
My worries and fears, all float away,
And I think of the world as a better place.

As I submerge in this sea that smells of home and of love pure,
I feel peace, I feel hope, strength,
and gratitude.

There may be an avalanche right outside,
But here, with her, I know I'll be alright.
The troubles of tomorrow don't weigh in anymore,
As the divinity encompasses me, and fills my core.

How will the past or future matter at all,
With a present so beautiful, it cloaks it all.

They say she brought me into the world,
But to me, she is my world.

» Dr. Sumedha Tirthani

Poem 2

Superhero

In the operation theatre, a voice stands strong,
As he guides every person, explaining each step along.
As he makes the final stitches,
And gives me a smile,
I spot it in his eyes,
Confidence, like I've never seen,
Empathy, like I've never known.

The aura that fills everyone around with vigour,
The compassion that makes everyone around feel secure

My father, as I say with pride,
The epitome of inspiration, of strength and of hard work that makes everyone drive

From teaching me numbers to teaching me medicine,
From handing me my first paintbrush to my first stethoscope,
From letting me cry to giving me strength,
From tying my shoelaces to leading me to my every success.

My own superhero,
Who picks me up if I fall,
Makes me fly when I walk.
I thank you, with all my heart,
I love you, forever and beyond.

» Dr. Sumedha Tirthani

IADVL KN COMMUNITY DERMATOLOGY ACTIVITIES

WORLD AIDS DAY

1st December 2024

Davanagere Dermatologists Association organized a walkathon in observance of World AIDS Day. Knowledge about mode of transmission, mortality and stigma associated with AIDS was imparted to general public through hand-outs, placards and slogans.



Department of Dermatology, BGS Global Medical College, Bengaluru in association with Bengaluru Dermatological Society observed World AIDS Day with the theme, "Take the Rights Path: My Health, My Right". Led by Dr. Sanjana A S, Professor & HOD, the event promoted healthcare access for all, followed by pamphlet distribution to raise awareness among patients.



The Department of Dermatology Headed by Dr Sanjana A S, Professor and HOD.

Department of Dermatology, Ramaiah Medical College, Bengaluru in association with Bengaluru Dermatological Society organised the performance of a skit by postgraduate students and interns in observance of World AIDS Day. Organised under the guidance of Dr. K N Shivaswamy and Dr. T K Sumathy, the performance was held at Ramaiah Nursing College. The skit highlighted needle-stick injury protocols, HIV awareness, and the importance of breaking stigma with compassion. It concluded with the message: "Avoid the Scare, Be Aware."



The Department of Dermatology, Ramaiah Medical College headed by Dr K N Shivaswamy

WORLD LEPROSY DAY

30th of January

Department of Dermatology, SDM Medical College, Dharwad organized a poster competition and role play programme to raise awareness program about leprosy in commemoration of World Leprosy Day 2025. The event was centred around the theme unite, act and eliminate. As part of the awareness initiative Dr Sowmyashree K delivered an insightful speech on the clinical symptoms and treatment of leprosy. This was followed by an engaging role play, "Leprosy Myths Busted" performed by postgraduate students of the department. The performance, which aimed to dispel common misconceptions surrounding leprosy, was well received and appreciated by all.



Department of Dermatology, JJM Medical College, Davangere led by of Dr Sugareddy, Professor and HOD, Dr Mangala H C, Dr Roopa M C & Dr Lingaraj MM interacted with patients and educated them about transmission, symptoms , complications, stigma and treatment of leprosy on the occasion of World Leprosy Day 2025. A postgraduate leprosy quiz was conducted by Dr Shashidhar M. The winner of the quiz received the prize from DDA.



The Department of Dermatology, Ramaiah Medical College, Bengaluru commemorated World Leprosy Day 2025 with two awareness programs. A Kannada skit by postgraduates and interns educated 35 housekeeping staff on leprosy, followed by an address from Dr. Shalini Nooyi, Principal & Dean, Ramaiah Medical College. Additionally, Dr. Chetana P R conducted a session for nursing staff, highlighting leprosy symptoms and patient care. Both programs encouraged interaction and promoted awareness.



The Department of Dermatology with Dean, Dr Shalini Nooyi and Associate Dean, Dr Ramesh after kannada skit on leprosy.

The Department of Dermatology, Rajarajeshwari Medical College and Hospital, Bengaluru commemorated World Leprosy Day 2025 with a digital poster competition for UGs, receiving 32 entries. PGs participated in a debate on “U-MDT as the future of Hansen’s disease treatment”. Senior faculty concluded the event by highlighting leprosy’s historical significance and the evolution of its therapeutics.



Display of digital poster making competition for UGs

St. John’s Medical College and Hospital organized patient-centric public awareness activities in observance of World Leprosy Day 2025. Highlights included hand-outs on symptoms, early treatment and non-stigmatization, posters with educational messages for patients in the OPD and a continuous interactive presentation on the hospital’s digital display.



Educational posters displayed at the St John’s Hospital OPD

The Department of Dermatology, BGS Global Institute of Medical Sciences commemorated World Leprosy Day 2025 under the guidance of Dr. Sanjana A.S., Professor & HOD. Guest speaker Dr. Hanumanthayya, Professor, Sri Devaraj Urs Medical College, delivered a talk on the history, clinical aspects, and treatment of leprosy. The program was attended by faculty, postgraduates, and interns from the Department of Dermatology.



Dr. Hanumanthayya, Professor, Department of Dermatology, Venereology and Leprosy, Sri Devaraj Urs Medical college, Kolar delivered talk on history, clinical aspects and treatment of leprosy at BGS Global Institute of Medical Sciences.

Dr Girish, Professor and HOD, Department of Dermatology, ESIC Medical College & PGIMSR Model Hospital, Rajajinagar, Bengaluru gave an insight on the present prevalence of leprosy in Karnataka in prominent daily newspapers - The Hindu and Prajavani on World Leprosy Day 2025.

Prevalence rate of leprosy in three districts higher than national average

While district-wise data shows that the prevalence is less than 1% in Karnataka, 10 districts have crossed the State's average.

Although Karnataka is considered a low leprosy endemic State, the prevalence rate in three districts - Koppal, Vijayanagara, and Ballari - continues to be higher than the national average of 0.61%. Overall, the State has recorded a prevalence rate of 0.33% in 2023-2024. January 30 is observed as National Leprosy Eradication Day.

With a marginal rise in the number of new cases detected in the last two years, the overall prevalence rate has also gone up from 0.36% in 2022-2023 to 0.33% in 2023-2024.

While the district-wise data shows that the prevalence is less than 1% in Karnataka, 10 districts have crossed the State's average prevalence rate.

Koppal has the highest prevalence rate at 0.79%, Hassan and Chikmagalur have the lowest at 0.04% and 0.07% respectively.

Grade II deformity: The rate of Grade II deformity has also been on the rise. While it was 2.5% in 2019-2020, the rate of de-

thected to 80% in 2022-2023 and 78% in 2023-2024 and 2024-2025 till December. The national average is 60.88%, according to data from the State Health and Family Welfare Department.

Early detection helps: Rishu S., State in charge, said The Hindu that leprosy is a treatable but a disfigurement-causing disease. It affects not only the individual but also the family and community with social implications of stigma and discrimination.

"However, if leprosy is detected and diagnosed early - at the stage of skin

ಪ್ರಜಾವಾಣಿ



ಕುಪ್ಪ ರೋಗದ ಬಗ್ಗೆ ಜಾಗೃತಿ ಮೂಡಿಸಲು ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಕುಪ್ಪ ಪ್ರದರ್ಶನವನ್ನು

ಕುಪ್ಪ ರೋಗದ ಬಗ್ಗೆ ಜಾಗೃತಿ

ಪ್ರಜಾವಾಣಿ ವಾರ್ತೆ

ಬೆಂಗಳೂರು: ವಿಶ್ವ ಕುಪ್ಪ ರೋಗ ನಿವಾರಣಾ ದಿನದ ಅಂಗವಾಗಿ ರಾಜಾಜಿನಗರದ ಎಂಎಸ್ ಆಸ್ಪತ್ರೆಯ ವೈದ್ಯರು ಹಾಗೂ ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಕುಪ್ಪ ರೋಗದ ಬಗ್ಗೆ ಸಾರ್ವಜನಿಕ ಸುರಕ್ಷತಾ ಜಾಗೃತಿ ಮೂಡಿಸಿದರು.

ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಕುಪ್ಪ ಪ್ರದರ್ಶನ, ರೋಗದ ಬಗ್ಗೆ ಅರಿವು ಮೂಡಿಸಿದರು. ಇದೇ ದಿನ ಬೆಂಗಳೂರಿನಲ್ಲಿ ಜಾಗೃತಿ ಕಾರ್ಯಕ್ರಮವು ನಡೆಯಿತು. ಕುಪ್ಪ ರೋಗದ ಕುರಿತು ಹೆಚ್ಚಿನ ಮಾಹಿತಿಗಾಗಿ ಕುಪ್ಪ ರೋಗದ ಬಗ್ಗೆ ಜಾಗೃತಿ ಮೂಡಿಸಲು ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಕುಪ್ಪ ಪ್ರದರ್ಶನವನ್ನು ನಡೆಸಿದರು.

ಕುಪ್ಪ ರೋಗದ ಬಗ್ಗೆ ಜಾಗೃತಿ ಮೂಡಿಸಲು ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಕುಪ್ಪ ಪ್ರದರ್ಶನವನ್ನು ನಡೆಸಿದರು. ಕುಪ್ಪ ರೋಗದ ಬಗ್ಗೆ ಜಾಗೃತಿ ಮೂಡಿಸಲು ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಕುಪ್ಪ ಪ್ರದರ್ಶನವನ್ನು ನಡೆಸಿದರು.

Department of Skin, KR Hospital in association with Mysore Dermatology Society organised events to raise awareness in observance of World Leprosy Day 2025. Dr Veeranna S delivered a talk on leprosy and Dr Bangaru H addressed about the importance of awareness about leprosy. Dr Nanjundaswamy BL addressed the gathering on the importance of World Leprosy Day. Free MCR slippers were distributed to the leprosy patients by Dr Raghavendra KR and Dr Sathish S.



ACHIEVEMENTS



Dr Prabhakar M Sangolli, Professor and Head of the Department, Sri Siddhartha Institute of Medical Sciences, T. Begur, Bengaluru was felicitated by Tumakuru Dermatologist Society on 27th of October 2024. He delivered a lecture on “Recent Advances in Hair Care Treatment”.



Dr. Madura C, Chief Hair Transplant Surgeon and Dermatosurgeon, CUTIS Academy delivered the “DR. SHIVAKUMAR & DR. RAJENDRAN ORATION” at CUTICON KN-2024, held at Chitradurga from 8th to 10th November 2024.

Dr Chandan and Dr Sudheer, postgraduates from BMCRI, won FIRST PRIZE IN STATE LEVEL QUIZ held during CUTICON KN-2024 held at Chitradurga from 8th to 10th November 2024.



The Department of Dermatology, BMCRI headed by Dr. Shilpa K, Professor & HOD, was awarded the “BEST DEPARTMENT AWARD” at CUTICON KN-2024 held in Chitradurga from 8th to 10th November 2024.



Dr S Sacchidanand was awarded as “DOYEN OF DERMATOLOGY” during DERMAZONE - South Conference at Chennai on 16th November 2024.



Dr. B S Chandrashekar, Senior Consultant Dermatologist, CUTIS Academy delivered the “Prof. Dr. A K Bajaj Oration” at DERMACON 2025 held in Jaipur from 6th to 9th February 2025.

Dr Jayadev Betkerur, Senior Dermatologist, was felicitated with “IADVL LIFETIME ACHIEVEMENT AWARD” at DERMACON 2025 held in Jaipur from 6th to 9th February 2025.



Dr. Savitha A.S, Professor, Department of Dermatology, Sapthagiri Institute of Medical Sciences, Bengaluru was conferred with FIADV at DERMACON 2025 held in Jaipur from 6th to 9th February 2025.

At DERMACON 2025 held in Jaipur, the following BDS members received the prestigious “IADVL PRESIDENTIAL AWARDS” for their dedicated contributions:

- Dr. B S Chandrashekar: For leading the Media Cell and enhancing member-friendly activities.
- Dr. Rasya Dixit: For upgrading the IADVL website and enriching the public portal.
- Dr. Namitha Chathra: For spearheading the Yuva Cell with impactful initiatives.
- Dr. Sahana P Raju: For pioneering new Wellness Programs as IADVL Wellness Task Force Coordinator.

Book release program: 22nd March 2025

- The Department of Dermatology, Venereology & Leprosy at Father Muller Medical College and Karavali Dermatological Society organized the book release of “HEROES & HEROINES OF 20TH CENTURY LEPROSY WORK IN INDIA” by Dr. Derek A. Lobo and Dr. Mohan D. Gupte. The book, highlighting contributions to leprosy care, featured Fr. Augustus Muller, founder of Father Muller Charitable Institutions. The event was attended by Mr. Gaurab Sen (CEO, Sasakawa India Leprosy Foundation) as the Chief Guest. Dr. Derek A. Lobo, a key figure in leprosy work, was felicitated for his lifetime of service. Rev. Fr. Richard Aloysius Coelho, Director of FMCI, released the book, followed by a review by Dr. Nandakishore B. Dr. Lobo shared insights on the importance of documenting unsung heroes in leprosy care.

IADVL FOR ITS MEMBERS

IADVL DVL Welfare Trust

IADVL has launched a double benefit scheme that has social security coupled with professional legal protection. It is called the DVL welfare trust. The trust has been registered at Vadodara. DVL Welfare Trust is by IADVL, of IADVL, and for IADVL members and their families.

Social security to family members : In case of the unfortunate demise of a member, the nominee will get ₹ 450 x N, where N = No. of members of DVL trust. In other words, when more IADVL members join this scheme, more fraternity benefits for members families.

Professional legal protection (Optional) : An option to provide comprehensive indemnity cover in the event of litigant situations arising out of alleged professional negligence by the members. Legal help is extended in all types of cases, like civil, criminal, labor and consumer redressal fora. It is to be noted

that it is the only professional indemnity scheme that covers cosmetic procedures.

Eligibility of the members : Any life member of IADVL, irrespective of age, is eligible to become a regular member of the scheme. Family members of Life members of IADVL can also join the scheme as Beneficiary Members. Separate forms need to be filled out for each member of a family.

Application forms can be downloaded at <http://www.dvlwelfaretrust.org>

For clarification Contact persons :

Dr Chetan. N. Patel, email: dvlwelfaretrust@gmail.com

State Coordinator : Dr. Sujala S Aradhya email : drsujalasa@gmail.com

Dr Jayadev Betkerur, email: jbetkerur@gmail.com, jbetkerur@yahoo.com

Dr Ravi. M. Rathod, email: rmr23366@yahoo.com

IADVL E-LIBRARY

IADVL now has an E-Library, which is ready to provide articles from the following journals to all

IADVL members:

1. British Journal of Dermatology
2. Clinical & Experimental Dermatology
3. Dermatologic Therapy
4. Journal of Cutaneous Pathology
5. Journal of the European Academy of Dermatology & Venereology
6. Pediatric Dermatology
7. The Journal of Dermatology

To obtain any full text article from these journals, please write to: iadvlejournals2016@gmail.com

While doing so, please cite your IADVL membership number and provide details of the articles in the following format: Citation and URL

Chao PH, Cheng YW, Chung MY. Generalized pustular psoriasis in a 6-week-old infant. *Pediatr Dermatol* 2009; 26: 352–354

URL: Just copy the address on the browser, where the abstract is displayed and paste it.

Please note that full text articles are available from these journals, since 1997 only.

State Co-ordinators: Mail with request to

Dr Sachin. S : sachinbmcite@gmail.com

Dr. Ambresh Badab: drasbadad@gmail.com



IADVL E-GROUPS

IADVL has newly formed the IADVL ACAD e-group “acad_iadvl@googlegroups.com”. This new ACAD Google group shall serve as the official e-group meant strictly for academic discussions of IADVL life members. As this is a private group, those who wish to join the group may send a request for the same.

Please follow the steps given below to join this group:

1. Sign in to Google Groups.
2. In the box at the top, enter “ACAD_IADVL”.
3. To join the group, click Join group or apply to join group.
4. The group owner/ moderator needs to approve your application before you can join the group.
5. Once your application is approved, you shall get a confirmation email.

Please note that there is a limitation in the number of members that can be added to an e-group each day. Considering this, it might take about 2 weeks from your date of application to approve your request.

If you do not get a confirmation mail within 2 weeks of application or if you find any difficulty in joining the group kindly send a mail to D r. K Feroz , Hon. Secretary General, (secretarygeneral@iadvl.org) with a copy to Dr. Rajyalaxmi Konathan, ACAD Moderator, Joint Secretary, IADVL 2021 (rajyalaxmikonathan@gmail.com). Kindly sign in using your email ID which is registered in the IADVL database and mention your LM number in the request.

Hope this new e-group will serve as a platform for our members to stay united, learn and grow.

IADVL DERMAAPP

IADVL DermaApp, is the official mobile app of IADVL that has been developed to connect all IADVLites and foster a vibrant mobile community of the association.

To download: Open the Google Play app in your mobile and search for “IADVL DermaApp” (or) click ‘Google Play’ icon below from your mobile

Key features of the mobile app include:

- Latest news and announcements from IADVL
- Access to journals
- Access to E-learning portals

Easy tracking of key events & conferences

Registration for E-Voting

Access to Member Directory with search features and more...

For any support, email to: helpdesk@healthconnectdigital.com.

All IADVLites are requested to visit iadvl.org and updated the following:

1. Sign up in the IADVL website
2. Register for e-voting
3. Update one’s profile details

IADVL KN BENEVOLENT FUND

Introduction : “IADVL KN Benevolent Fund” is a novel initiative of IADVL KN for the benefit of its members.

Objectives : The objective for which the fund is established is to provide financial assistance for maintenance, medical illness, or any other exceptional circumstances to necessitous members.

This scheme will be helpful to meet immediate expenses in case a member needs ICU care, prolonged medical care, and for permanent disability. IADVL KN aims to provide benevolence in the form of immediate financial assistance to its members to tide over their genuine financial difficulty.

This will also assure members the support and good wishes of the entire IADVL KN family. This scheme will strengthen the bond between the members and IADVL KN association, making our association more member-friendly and purposeful. Hence, the objective of this scheme is to provide financial help to the deserving members.

- 1. Eligibility:** Any bonafide life member (LM) and provisional life members (PLM) of IADVL KN. PLM will be eligible till they are members of IADVL-KN.
- 2. Membership of the Fund:** The existing LM and PLM members of IADVL-KN, will continue to be the members of the benevolent fund.
- 3. Administration :** The administration of the fund shall vest in a managing committee, which shall carry out the objects of the fund and generally exercise all powers in furtherance Indian Association of Dermatologists, Venereologists & Leprologists Karnataka Branch thereof. The committee shall consist of total 11 members. The following shall be the members of Managing Committee.

Chairman (President of IADVL-KN)

Central finance committee chairman

Members: Honorary General Secretary & Treasurer of IADVL-KN. Other committee members Ex officio IADVL KN (1 Past President, 1 Past Vice-President, 3 Past Secretary /Treasurer)

Two nominated members

Advisers

Past of presidents of IADVL-KN and IADVL-KT

4. Quorum : The quorum of the meeting shall be 7 members. In the exceptional circumstances, the meeting shall be held physically or virtually at any required time.

5. Budget : A corpus of rupees fifty lakhs shall be earmarked for this fund which will be with IADVL-KN general fund and disbursed as and when need arises.

6. Sources of Fund:

A) Donations from members: Donation can be made by members to the fund. The donation into the fund is purely based on the individual's willingness to join hands for this great cause.

After collecting donation, the association will acknowledge the member with a certificate of appreciation.

B) Grant from Government

7. Benefit : This scheme will provide a maximum amount of rupees three lakhs per member subject to amount claimed, necessity for hospitalization, treatment received and bills produced on case-to-case basis.

ICU admission of more than 72 hours is required to claim benevolent fund.

Conditions covered under the fund : MI, CVA, paralysis, CRF, major accidents, permanent disabilities, malignancy.

In case of demise of a member due to illness, the



amount will be provided to family members.

Decision of the managing committee is final.

The benefits will be reviewed from time to time depending upon the number of members making a claim under the proposed scheme.

8. Coverage of Financial assistance : All life members (LM) and provisional life members (PLM) of IADVL-KN, as per the register maintained by Hon. Secretary General of IADVL-KN. Benefits will be given only to a member whoever fulfills the criteria mentioned in point 7.

9. Application Process : The member will apply to Hon. Secretary General, IADVL-KN. Duly filled form and relevant documents should be submitted by the members. But in certain extraordinary situations, any IADVL-KN member/dependent can apply on his/her behalf.

List of documents required:

Duly filled application form (copy attached)

Copy of hospitalisation along with discharge summary report (should be produced later)

Copy of PAN Card

Copy of cancelled cheque leaf with name of member pre-printed

Photocopy of medical bills

10. Modalities of disbursement: Upon receipt of the application the Managing Committee duly shall evaluate and approve the same based on the merit of the case. The approved fund can be electronically transferred only in the name of the affected member whose PAN card is verified.

In cases of emergency, the Chairman and one of

the two members i.e., Secretary and the Treasurer can grant financial assistance subject to the limits fixed above. Each such grant shall be reported to the managing committee at its subsequent meeting for ratification of such grants.

11. Audit of accounts : All necessary documents and back papers need to be filed by the Treasurer and is subject to audit verification by IADVL-KN Auditor.

12. Statutory/Legal compliances : The amount should be allotted after necessary TDS and TDS certificate filed as per norms. All legal and statutory requirements need to be cleared.

13. Indemnity against Action etc.:

All members of the Managing Committee shall stand absolved from any liability in respect of actions, costs and all other claims made against them for anything done or any action taken by them on behalf of the 'IADVL-KN Benevolent Fund'.

14. Rules

Only LMs and PLMs are eligible. Dependants and ALM are not eligible.

A maximum of ₹ 3,00,000/- is admissible per claim on case-to-case basis.

Member shall disclose about receiving benevolent fund from other associations (IADVL, ACSI, BDS, IMA).

If an individual member had claimed some other health insurance, its mandatory to disclose. But this scheme is irrespective of the benefit claimed under other health schemes.

APPLICATION FORM FOR FINANCIAL ASSISTANCE FROM BENEVOLENT FUND

MEMBERSHIP NUMBER:

1. Name of the Applicant:
2. Full Postal Address:
3. Full Permanent Address:
4. Relationship of the applicant with member:
5. Name of Member:
6. Age of Member as on date of application:
7. Mobile number of Applicant (other than member) to be contacted:
8. PAN of Member:
9. Reasons for Application:
10. How much funding are you applying for?:
11. Household income (Amount in Rs.):
 - a. Please provide your salary details, any other income details below:
 - b. Please provide details of income earned by your spouse if any:
 - c. Please provide details of your household income if any:
12. Bank Account details of the Member:
 - a. Name of Bank:
 - b. Account Number:
 - c. IFSC:
 - d. Branch Name:
 - e. Name of Account holder:
13. Date of hospitalisation:
14. Number of days stay:
15. Details of Health insurance opted (if any):
16. Attachments:
 - a. PAN copy of Member:
 - b. Hospital discharge summary (provide later):
 - c. Insurance Copy if any:
 - d. Medical bills (provide later):
 - e. Doctors Report for further treatment:
 - f. Self-declaration of Member (Provide Later):



►► Dr Mohan Shendre, Associate professor, KIMS Hubballi

