

Signature bowls

ROOTS & GREENS BOWL

Base: Kale Salad

Protein: Curry Chickpea

Sauce: Chipotle Aioli

Toppings: Black-Eyed Pea Salad,
Bourbon Sweet Potatoes,
Shredded Carrots,

Garnish: Fried Shallots

BAYOU BBQ CHICKEN

Base: Herb Rice

Protein: Cajun BBQ Chicken

Sauce: Cajun BBQ sauce

Toppings: Braised Collards,
Crispy Andouille Bits, Red Beans

Garnish: Jalapeño Cornbread Croutons,
Green Onions

GARLIC SHRIMP HARVEST

Base: Herb Rice

Protein: Island Garlic Shrimp

Sauce: Chimichurri (bright & herby)

Toppings: Grilled Okra, Turmeric
Cauliflower, Pepper Chow

Garnish: Green Onion

DIASPORA DELIGHT

Base: Jollof Rice

Protein: Blackened Salmon

Sauce: Shito Pepper Jam

Toppings: Pickled Red Onion,
Buffalo Brussels, Braised Collard

Garnish: Fried Garlic

CARIBBEAN JERK BLISS BOWL

Base: Kale Salad

Protein: Honey Jerk Chicken

Sauce: Caribbean Ranch

Toppings: Braised Collard, Red Beans

Garnish: Fried Garlic, Green Onion, Herb Oil

JOLLOF HEATWAVE

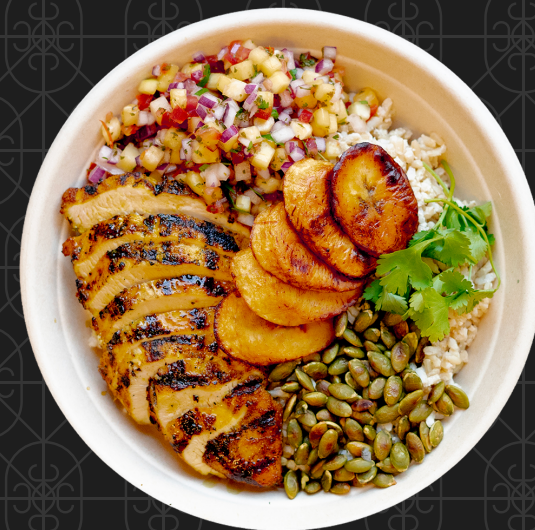
Base: Jollof Rice

Protein: Suya Spiced Beef

Sauce: Shishito Pepper Sauce

Toppings: Collard Greens, Grilled Okra,
Pepper Chow

Garnish: Fried Shallots, Fried Garlic



BROWN STEW JACKFRUIT

Base: Jollof Rice

Protein: Brown Stew Jackfruit

Sauce: Shito Pepper Jam

Toppings: Black-Eyed Pea Salad,
Fried Tostones, Spicy Cabbage Slaw,
Shredded Carrots

Garnish: Green Onion

HARISSA MEATBALLS BOWL

Base: Garlic Rosemary Roasted
Potatoes

Protein: Harissa Meatballs

Sauce: Caribbean Ranch

Toppings: Turmeric Cauliflower, Spicy
Cabbage Slaw, Cucumber, Candied
Beef Bacon

Garnish: Green Onion

