

AUGUST 2025 LIVE WELL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1 BBQ Chicken	2
3	4 Baked Ham w/Pineapple	5 Stuffed Peppers	6 Oven Baked Chicken	7 Roast Pork w/Gravy	8 Baked Fish w/Garlic Soy	9
10	11 Teriyaki Chicken	12 Pork Guisantes	13 Baked Beef and Macaroni	14 Chicken Katsu	15 Sweet and Sour Pork	16
17	18 Spaghetti w/Meat Sauce and Garlic Bread	19 Chicken Stir Fry	20 Pork Adobo	21 Meatloaf	22 Chinese Style Steamed Fish	23
24	25 Tonkatsu	26 Hamburger Steak	27 Orange Chicken	28 Beef Broccoli	29 Pork Teriyaki	30