

November 2025

Live Well Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 Pork Adobo	4 BBQ Chicken	5 Hamburger Steak	6 Sweet and Sour Pork	7 Baked Salmon with Sato Shoyu	8
9	10 Baked Beef and Macaroni	11 Roast Pork w/ Gravy	12 Teriyaki Chicken	13 Beef Broccoli	14 Tonkatsu	15
16	17 Shoyu Chicken	18 Spaghetti with Meat Sauce and Garlic Bread	19 Baked Ham with Pineapple Sauce	20 Stuffed Peppers	21 Chinese Style Steamed Fish	22
23	24 Kalua Pork and Cabbage	25 Oven Baked Chicken	26 Roast Turkey, Mashed Potatoes, Green Beans, and Pumpkin Pie	27 	28 Mushroom Chicken	29
30	1	Notes Menu items are subject to change without notice.				