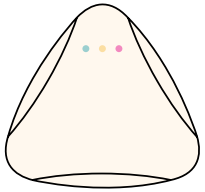
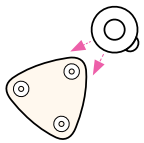
Electrode & Device Replacement

5 Step Process





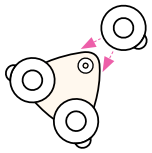
1. Remove Device

Gently detach the device.



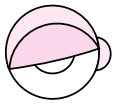
2. Remove Used Electrodes

Peel off and dispose of old electrodes.



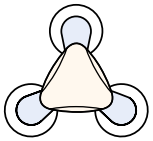
3. Attach New Electrodes

Connect new electrodes to the device.



4. Peel Backing

Remove the protective backing.



5. Reapply Device

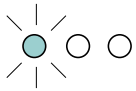
Place on your chest in a similar position and press firmly.

Scan the QR code & watch:
'Holter monitor guide for dot electrodes'

What do the lights mean?

Green Light

One flash every 2 seconds: **Recording**.



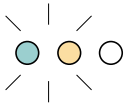
Red Light

Permanently on indicates a device error. Please contact your healthcare provider for support.



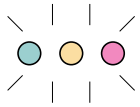
Green | Yellow

One flash every 2 seconds indicates that the device battery level is low.



Green | Yellow | Red

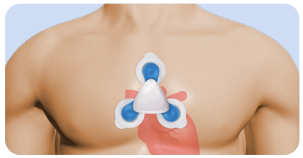
When you double-tap to record an event.

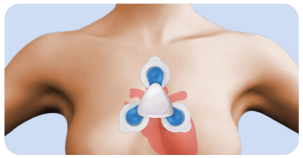


Electrode Positions

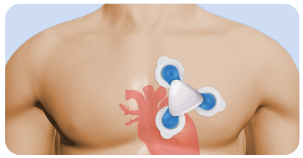
Male

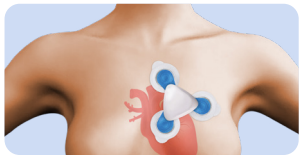
Female



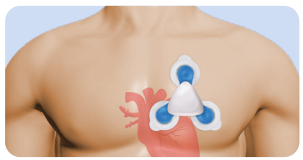


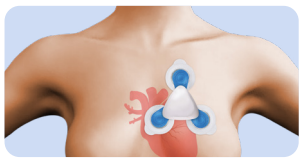
Recommended Position: Middle rib cage





Alternative Position One





Alternative Position Two

Replace the electrodes yourself if itching or skin irritation occurs. Remove the device, then carefully peel off the electrodes. They can be replaced individually or all three at once. Contact your healthcare provider for advice.

GL_A082

Fold

CardioScan

Holter Quick Guide
Dot Electrodes

Patient name

Patient ID (if applicable)

Date of Birth

Gender ☐ Male ☐ Female

Pacemaker ☐ Yes ☐ No

Hospital

Specialty

Referring Dr.

Duration

Date & Time Fitted

Date & Time Removed

Technician

Symptom Diary (Patient to fill in)

Reason for study: _____ or Unknown: ☐

Please ensure the symptoms you record are cardiac related. The symptoms listed in the table are some common examples of cardiac related symptoms.

	Date	Time	Duration	Activity	Symptoms					
					Chest pain	Dizzy	Flutters	Palpitations	Short of breath	Other
Example	*01/01/2025*	*10am*	*Less than 10 min*	*Walking*	✔					*Light-headed*

During the Test

Important Information



Take short showers and gently pat the device dry.

Do not submerge the device.



Do not swim with the device on.



Change electrodes when necessary.



If you feel any cardiac related symptoms, double-tap the device firmly.

The green, yellow, and red lights will come on to confirm the event has been recorded.

If you experience multiple symptoms at the same time, you only need to double-tap the device once to record the symptoms.



You should avoid undergoing MRI, CT scans, or similar imaging procedures during the Holter test period.

If you develop severe chest pain or have difficulty breathing, please seek immediate medical attention. Do not wait for your test results.

If you experience any adverse reaction or signs of an allergic response, please remove the electrodes immediately, discontinue use, and contact your physician as soon as possible.