



COURSE
CORRECTION
CONSULTING

Fear is Data, Not a Decision



Why leaders should stop
treating discomfort as a stop sign



*Translate fear into preparation,
clarity and action*



LEAD *with* EASE

Course Correction Consulting



1. What am I afraid of?



Name it plainly.



Avoid vague fog.



Write the sentence:

"I am afraid that..."



*Specific fear becomes a problem
you can work with.*





2. What is it pointing at?

Fear often points to one of these:



Real risk



Ego



Capability gap



Relationship tension



Lack of information



Unclear standards

Separate the signal from the story.





3. What preparation is required?

Convert fear into preparation:



Training



Data



Rehearsal



Support



A better plan



Clearer decision rights



*Confidence is not a strategy.
Preparation is.*





4. What is the smallest useful action?



Choose one next step:



One conversation



One test



One draft



One decision



One boundary

Movement beats rumination.





Translate fear. Then move.

LEAD *with* EASE when discomfort shows up:



Learn from the signal



Educate around the real issue



Advise with clarity



Delegate the next safe step

Do not ask whether fear
should stop you.

Ask what it is trying to teach
you before you move.



Book a clarity call at coursecorrection.co.uk

