

# I Forgot

Psalm 32:1-7

Problems \_\_\_\_\_ are often more destructive than  
problems \_\_\_\_\_.

\_\_\_\_\_ can make you sick.

The real problem is not with God's \_\_\_\_\_, but  
with the writer's \_\_\_\_\_.

Feeling awful after sinning is an act of \_\_\_\_\_ by  
God, not \_\_\_\_\_.

Our \_\_\_\_\_ are covered and  
hidden forever.

## Transformed by the Truth

Questions for Reflection & Discussion

1. Read Psalm 32:1-7. What connection is there between sin and sickness, if any?
2. What are the benefits of confessing our sins to God and maybe even to others? What are the risks?
3. Why do you think we feel so awful after we do, say, or think something that is sinful?
4. How do we deal with someone who says, "Well, I'll forgive them, but I'll never forget"?
5. Is any sin unforgivable? If so, which one(s)?