

Independent Living Activity Calendar – August 2025 The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The Gardens of Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027 704-788-6510	<u>Activity Location Key</u> AR-Activity Room MR-Music Room CR-Card Room LB-Library AU-Auditorium BR-Billiards Room CP-Dickson Worship Ctr. (Chapel) TR-Training Room				1 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 9:00-2:00 Blood Pressure Clinic 10:15 Coffee & Tea -CR 2:30-3:30 Open Pool/Open Gym 2:30 Cheese & “Spirits”-CR 6:30 Spinners Dominos-AR	2 10:00 Breakfast Club/ Aud. Lobby 1:30 Mahjong/ AI AR 6:30 Bingo / Chapel
3 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy – AU	4 NAME TAG WEEK 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 9:45 Chair Yoga-CP 10:00 Outing– Van Gogh: The Immersive Experience-Winston Salem 1:00 Canasta-CR 1:00 Poker-BR 1:30 Balance Class-CP 2:30-3:30 Open Gym/Open Pool 6:30 Taylor Glen Singers Practice	5 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 10:30 Bible Study w/ Rev. Sammy-CP 1:30 Bible Study w/ Rev. Sammy-CP 2:30-3:30 Open Pool/ Open Gym 2:00-4:00 Meet and Greet w/ Stephanie, BRH Foundation-CR 3:00 HOE: Hooked on Electronics-CR 3:30 Uniguest Training-IL AR 6:30 Mahjong-CR 7:00 Fund Raiser-Bingo –Walk to End Alzheimer's-AU	6 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 11:00 Grocery Shopping-Food Lion 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole-Chapel 2:30 Rummikub-CR 2:30-3:30 Open Pool/ Open Gym 6:30 Dominos-CR	7 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 9:30 Men’s Coffee-CR 9:45 Chair Yoga-CP 12:00 Mix and Mingle-AU 1:30 Balance Class-CP 2:30-3:30 Open Pool/ Open Gym 3:00 Devotions w/ Rev. Sammy-CP 6:30 Canasta/Hand and Foot-CR	8 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 9:00-2:00 Blood Pressure Clinic 9:30 Outing-NC Aviation Museum-Asheboro 10:15 Coffee & Tea w/ Curana – CR 11:00 Devotions by Faith-CP 1:00-3:00 Cottage and Villa Tours 2:30-3:30 Open Pool/Open Gym 2:30 Cheese & “Spirits”-CR 6:30 Spinners Dominos-AR	9 10:00 Breakfast Club/ Aud. Lobby 1:30 Mahjong/ AL AR 6:30 Bingo / Chapel
10 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy-AU	11 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/Open Gym 10:15 Sound Healing w/ Whitney and Curana Health-CP 11:30 Lunch Outing-Tacos for Life 1:00 Canasta-CR 1:00 Poker-BR 1:30 Balance Class-CP 2:00 Therapy Chat-Frailty-IL AR 2:30-3:30 Open Gym/Open Pool	12 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 10:30 Bible Study w/ Rev. Sammy-CP 1:30 Bible Study w/ Rev. Sammy-CP 2:00 “Smart Giving Seminar” w/ Kevin Cook-AU 2:30-3:30 Open Pool/ Open Gym 3:00 Creating Memories, Scrapbooking- IL AR 3:00 HOE: Hooked on Electronics-CR 6:30 Mahjong-CR	13 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 11:00 Grocery Shopping-Walmart 11:00-2:00 Pop Up Shop-AU Lobby 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:30-3:30 Open Pool/ Open Gym 2:00 Corn Hole-Chapel 2:30 Rummikub-CR 6:30 Dominos-CR	14 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/Open Gym 10:30 Women’s Fellowship Circle-AU 1:00 Religious Committee Meeting-AR 1:00 Bridge-CR 1:30 Balance Class-Chapel 2:30-3:30 Open Pool/ Open Gym 3:00 Devotions w/ Rev. Sammy-CP 6:30 Canasta/Hand and Foot-CR	15 9:00 Get Fit Exercise-CP 9:00-2:00 Blood Pressure Clinic-Clinic 9:30-10:30 Open Pool/Open Gym 10:15 Coffee & Tea-CR 1:00 Curious Minds-AU 1:30 Fitness Assessments w/ Timothy 2:00-4:00 Guest Swim 2:30 Cheese and Spirits”-CR 6:30 Spinners Dominos-AR 6:15 Outing to Cannon Ballers Game. Purple Night for Walk to End Alzheimer’s	16 10:00 Breakfast Club/ Aud. Lobby 1:30 Mahjong/ AI AR 6:30 Bingo / Chapel
17 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy-AU	18 NAME TAG WEEK 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/Open Gym 9:45 Chair Yoga-CP 10:15 Sound Healing w/ Whitney CP 1:00 Canasta-CR 1:00 Poker-BR 1:30 Balance Class-CP 2:30-3:30 Open Gym/Open Pool 6:30 Taylor Glen Singers Practice	19 9:00 Get Fit Exercise-CP 10:00 Outing-Locust Farmers Market 10:30 Bible Study w/ Rev. Sammy-CP 11:30 Art Class-IL AL 1:00 Dish it out w/ Melki& Brendan-AU 1:30 Bible Study w/ Rev. Sammy-CP 2:30-3:30 Open Pool/ Open Gym 3:00 HOE: Hooked on Electronics-CR 3:30 Uniguest Training-IL AR 6:30 Mahjong-CR	20 Monthly Birthday Party 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 11:00 Grocery Shopping-Harris Teeter 12:00 Monthly Birthday Party-AU 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole– Chapel 2:30-3:30 Open Pool/ Open Gym 2:30 Rummikub-CR 6:30 Dominos-CR	21 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/Open Gym 9:30 Men’s Coffee –CR 9:45 Chair Yoga-CP 11:00 Socialites Meeting-IL AR 1:00 Bridge-CR 1:30 Balance Class-CP 2:30-3:30 Open Pool/ Open Gym 3:00 Devotions w/ Rev. Sammy-CP 6:30 Canasta/Hand and Foot-CR	22 9:00 Get Fit Exercise-CP 9:00-2:00 Blood Pressure Clinic-Clinic 10:30 Lunch Outing-EDDIES on the Water-Lake Norman 9:30-10:30 Open Pool/Open Gym 10:15 Coffee & Tea-CR 11:00 Devotions by Faith-CP 1:30 Fitness Assessments w/ Timothy 2:00 Special Cheese and Spirits-w/ Bill Bottoms-AU	23 10:00 Breakfast Club/ Aud. Lobby 1:30 Mahjong/ AI AR 6:30 Bingo / Chapel
24 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy 31 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy	25 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/Open Gym 9:45 Chair Yoga-CP 10:15 Sound Healing w/ Whitney CP 1:00 Canasta-CR 1:00 Poker-BR 1:30 Balance Class-CP 2:30-3:30 Open Gym/Open Pool 6:30 Taylor Glen Book Club-LB	26 WELLNESS BREAKFAST DAY 9:00 Wellness Breakfast-AU 9:30-10:30 Open Pool/ Open Gym 10:30 Bible Study w/ Rev. Sammy-CP 1:30 Bible Study w/ Rev. Sammy-CP 3:00 Creating Memories, Scrapbooking- IL AR 3:00 HOE: Hooked on Electronics-CR 6:30 Mahjong-CR 7:00 Special Music w/ Al Mahan-AU	27 9:00 Get Fit Exercise-CP 9:30-10:30 Open Pool/ Open Gym 11:00 Grocery Shopping-Publix 1:00 Billiards Battle-BR 1:30 Community Meeting-AU 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole– Chapel 2:30-3:30 Open Pool/ Open Gym 2:30 Rummikub-CR 6:30 Dominos-CR	28 9:00 Get Fit Exercise-CP 9:00 Outing-Men’s Breakfast Club w/ Sammy-Parkway House 9:30-10:30 Open Pool/Open Gym 9:45 Chair Yoga-CP 11:00-2:00 Pop Up Shop-AU Lobby 1:00 Bridge-CR 1:30 Balance Class-CP 2:30-3:30 Open Pool/ Open Gym 3:00 Devotions w/ Rev. Sammy-CP 6:30 Canasta/Hand and Foot-CR	29 9:00 Get Fit Exercise-CP 9:00-2:00 Blood Pressure Clinic-Clinic 9:30-10:30 Open Pool/Open Gym 10:00-3:00 Swap Shop-IL AR 10:15 Coffee & Tea-CR 12:00 Movie Matinee-AU 1:30 Fitness Assessments w/ Timothy 2:30 Cheese and Spirits-CR 6:30 Spinner Dominos-AR	30 10:00 Breakfast Club/ Aud. Lobby 1:30 Mahjong/ AI AR 6:30 Bingo / Chapel