

Independent Living Activity Calendar – January 2026 The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
The Gardens of Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027 704-788-6510	<u>Activity Location Key</u> AR-Activity Room MR-Music Room CR-Card Room LB-Library AU-Auditorium BR-Billiards Room CP-Dickson Worship Ctr. (Chapel) TR-Training Room			 9:00 Get Fit Exercise-CP 11:30-2:00 Special Lunch Buffet 1:00 Bridge-CR 1:30 Balance Class-CP 6:30 Canasta/Hand and Foot-CR	2 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 10:15 Coffee & Tea-CR 1:00 Water Color w/ Ann Lea-IL AR 2:30 Cheese & “Spirits”-Cardinal Cafe 6:30 Spinners Dominos-CR	3 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
4 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy – AU	5 NAME TAG WEEK 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney-CP 1:00 Canasta-CR 1:00 Poker-BR 1:30 Mexican Train Dominoes-CR 1:30 Balance Class-CP 2:00 Therapy Chat-A Blue Print for Whole-Person Wellness-AR 6:30 Taylor Glen Choir Practice-AU	6 9:00 Get Fit Exercise-CP 9:45 Yoga w/ Mary Catherine-CP 10:30 Bible Study w/ Rev. Sammy-AU 1:30 Bible Study w/ Rev. Sammy-AU 2:30-Water Aerobics - w/ Mary Catherine 3:00 Afternoon Movie-AU 3:00 HOE: Hooked on Electronics-CR 3:30 Uniguest Training-IL AR 6:30 Mahjong-CR	7 9:00 Get Fit Exercise-CP 10:30 Bible Study w/ Scott Davis-AU 10:00 Groceries-Food Lion 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole-CP 2:30 Rummikub-CR 6:30 Dominos-CR	8 9:00 Get Fit Exercise-CP 10:30 Women’s Fellowship-AU 1:00 Religious Committee Meeting-IL AR 1:00 Bridge-CR 1:30 Balance Class-CP 2:00 Trivia & Coffee-Coffee Lounge 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	9 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 9:45 Outing-Feed NC Donoghue’s Open Door-Tour/Lunch 10:15 Coffee & Tea-CR 11:00 Devotion of Faith-CP 1:00 Water Color w/ Ann Lea-IL AR 6:30 Spinners Dominos-CR	10 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
11 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy-AU	12 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney-CP 1:00 Canasta-CR 1:00 Poker-BR 1:00-3:00 Chancery Cursive Calligraphy w/ Lois Handy-AU 1:30 Balance Class-CP 1:30 Mexican Train Dominoes-CR 2:00 Trivia & Coffee-Coffee Lounge	13 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Bible Study w/ Rev. Sammy-AU 1:30 Bible Study w/ Rev. Sammy-AU 1:30 Music-Elvis Performance-AU 2:30 Water Aerobics– w/ Mary Catherine 3:00 HOE: Hooked on Electronics-CR 6:30 Mahjong-CR	14 9:00 Get Fit Exercise-CP 10:30 Bible Study w/ Scott Davis-AU 10:00 Groceries-Walmart 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole-CP 2:30 Rummikub-CR 6:00 Outing to see the Charlotte Checkers (Hockey) 6:30 Dominos-CR	15 9:00 Get Fit Exercise-CP 9:30 Men’s Coffee-Café 9:45 Chair Yoga w/ Mary Catherine -CP 1:00 Bridge-CR 1:30 Balance Class-Chapel 2:00 Game-LRC w/Denise-AR 2:30 Water Walking w/ Mary Catherine 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	16 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 10:15 Coffee & Tea-CR 1:00 Curious Minds-AU 2:00 Water Color w/ Ann Lea-AR 1:30 Fitness Assessments w/ Timothy 2:30 Special Cheese and “Spirits”- Auditorium- 3:00-5:00 Guest Swim 6:30 Spinners Dominos-CR	17 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
18 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy-AU	19 NAME TAG WEEK 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney CP 1:00 Canasta-CR 1:00 Poker-BR 1:30 Special Music w/ Robert Buxton-AU 1:30 Balance Class-CP 1:30 Mexican Train Dominoes-CR 6:30 Taylor Glen Choir Practice-AU	20 9:00 Get Fit Exercise-CP 10:00 Groceries-Harris Teeter 10:30 Bible Study w/ Rev. Sammy-AU 11:30 Lunch outing-Fresh Chef 1:30 Bible Study w/ Rev. Sammy-AU 3:00 HOE: Hooked on Electronics-CR 6:30 Mahjong-CR	21 9:00 Get Fit Exercise-CP 10:30 Bible Study w/ Scott Davis-AU 11:15 Outing Energy Explorium at McGuire Nuclear Station & Lunch 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole-CP 2:30 Rummikub-CP 6:30 Dominos-CR	22 MONTHLY BIRTHDAY PARTY 9:00 Get Fit Exercise-CP 12:00 Monthly Birthday Party-AU 1:00 Bridge-CR 1:30 Balance Class-Chapel 2:00-Socialites Meeting-AR 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	23 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 9:30 Outing-Memory Lane Car Museum 10:15 Coffee & Tea-CR 11:00 Devotions of Faith-CP 1:00 Water Color w/ Ann Lea-AR 1:30 Fitness Assessments w/ Timothy 2:30 Cheese and “Spirits”- Cardinal Cafe 6:30 Spinner Dominos-CR	24 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
25 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy-AU	26 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney CP 1:00 Canasta-CR 1:00 Poker-BR 1:30 Balance Class-CP 1:30 Mexican Train Dominoes-CR 6:30 Taylor Glen Book Club-LB	27 9:00 Wellness Breakfast-Magnolia Dinning 9:45 Chair Yoga –CP 10:30 Bible Study w/ Rev. Sammy-AU 1:30 Bible Study w/ Rev. Sammy-AU 2:30 Water Aerobics- w/ Mary Catherine 3:30 Uniguest Training-IL AR 6:30 Mahjong-CR	28 9:00 Get Fit Exercise-CP 10:30 Bible Study w/ Scott Davis-AU 10:00 Groceries-Publix 1:00 Billiards Battle-BR 1:30 Community Meeting, special guest speaker, Mayor Steve Morris-AU 1:30 Fitness Assessments w/ Timothy 2:30 Rummikub-CR 6:30 Dominos-CR	29 9:00 Get Fit Exercise-CP 9:30 Men’s Breakfast Club w/ Rev. Sammy-Cracker Barrell 9:45 Chair Yoga-CP 1:00 Bridge-CR 1:30 Balance Class-Chapel 2:30 Water Walking w/ Mary Catherine 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	30 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 10:15 Coffee & Tea-CR 10:00 Movie-Morning Matinee-AU 1:00 Water Color w/ Ann Lea-IL AR 1:30 Fitness Assessments w/ Timothy 2:30 Cheese and “Spirits”- Cardinal Cafe 6:30 Spinner Dominos-CR	31 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium