

Independent Living Activity Calendar – February 2026 The Gardens of Taylor Glen

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy – AU	2 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney-CP 11:30 Lunch Outing-Tacos for Life 1:00 Canasta-CR 1:00 Poker-BR 1:30 Mexican Train Dominoes-CR 1:30 Balance Class-CP 6:30 Taylor Glen Choir Practice-AU	3 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Bible Study w/ Rev. Sammy-AU 1:30 Bible Study w/ Rev. Sammy-AU 2:30-Water Aerobics 3:00 HOE: Hooked on Electronics-CR 3:30 Uniguest Training-CR 6:30 Mahjong-CR	4 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Bible Study w/ Scott Davis-AU 10:00 Groceries-Food Lion 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole-CP 2:30 Water Aerobics 2:30 Rummikub-CR 6:30 Dominos-CR	5 9:00 Get Fit Exercise-CP 9:30 Men’s Coffee-Café 9:45 Chair Yoga-CP 1:00 Bridge-CR 1:30 Balance Class-CP 2:30 Water Aerobics 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	6 Winter Olympics 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 9:00 Swap-Shop-IL AR 10:15 Coffee & Tea-CR 11:00 Opening Ceremonies-Choose Teams-AU 1:00 Olympic Game –Hockey-AU 2:30 Cheese & “Spirits”-Cardinal Cafe 6:30 Spinners Dominoes-CR	7 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
8 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy – AU	9 NAME TAG WEEK 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney-CP 11:00 Morning Movie-Cast Away-AU 1:00 Canasta-CR 1:00 Poker-BR 1:30 Mexican Train Dominoes-CR 1:30 Balance Class-CP 6:30 Special Music w/ Bill Calisanti-AU	10 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Bible Study w/ Rev. Sammy-AU 11:30 Outing to “Souper Bowl” w/ the Salvation Army 1:30 Bible Study w/ Rev. Sammy-AU 2:30-Olympic Game-Water Volley-Ball 3:00 HOE: Hooked on Electronics-CR 3:30 Uniguest Training-CR 6:30 Mahjong-CR	11 8:30 Outing to NC Arboretum-Ashville 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Bible Study w/ Scott Davis-AU 10:00 Groceries-Walmart 1:00 Billiards Battle-BR 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole-CP 2:30 Water Aerobics 2:30 Rummikub-CR 6:30 Dominos-CR	12 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Women’s Fellowship-AU 1:00 Religious Committee Meeting-IL AR 1:00 Bridge-CR 1:30 Balance Class-CP 2:00 Olympic Game-Water Walking Relays 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	13 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 10:15 Coffee & Tea w/ April-CR 11:00 Devotion of Faith-CP 1:00 Water Color w/ Ann Lea-IL AR 2:00 Olympic Game-Corn Hole-CP 2:30 Cheese & “Spirits”- Cardinal Cafe 6:00 Senior Prom w/ JR Robinson BETA Club-AU	14 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
15 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy-AU	16 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney-CP 11:00 Lunch Outing/Shopping at Kings Grant Pavilion 1:00 Canasta-CR 1:00 Poker-BR 1:30 Balance Class-CP 1:30 Mexican Train Dominoes-CR 2:00 Therapy Chat-Eat Well, Live Well: The Heart Edition-AR 3:00 Trivia & Coffee-Coffee Lounge 6:30 Taylor Glen Choir Practice-AU	17 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Bible Study w/ Rev. Sammy-AU 11:30 Olympic Game-Javelin Throw-AU 1:30 Bible Study w/ Rev. Sammy-AU 2:30 Olympic Game-Target Shooting-AU 2:30 Water Aerobics 3:00 HOE: Hooked on Electronics-CR 3:30 Uniguest Training-CR 6:30 Mahjong-CR	18 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:30 Bible Study w/ Scott Davis-AU 10:00 Groceries-Harris Teeter 1:00 Billiards Battle-BR 1:00 Olympic Game-Ping-Pong-CP 1:30 Fitness Assessments w/ Timothy 2:00 Corn Hole-CP 2:30 Rummikub-CR 2:30 Olympic Game-Bowling-CP 3:00 Water Aerobics 6:30 Dominos-CR	19 MONTHLY BIRTHDAY PARTY 9:00 Get Fit Exercise-CP 9:30 Men’s Coffee-Café 9:45 Chair Yoga –CP 12:00 Monthly Birthday Party-AU 1:00 Bridge-CR 1:30 Balance Class-CP 2:30 Water Walking 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	20 Closing Ceremonies 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 10:15 Coffee & Tea-CR 11:30 Pizza Party-Awards-AU 1:00 Curious Minds-AU 2:00 Water Color w/ Ann Lea-AR 1:30 Fitness Assessments w/ Timothy 2:30 Cheese and “Spirits”- Cardinal Cafe 6:30 Spinners Dominos-CR	21 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
22 8:45 am Pitts Baptist Church Pick-up 6:00 pm Worship Service w/ Rev. Sammy-AU	23 NAME TAG WEEK 9:00 Get Fit Exercise-CP 10:15 Sound Healing w/ Whitney CP 1:00 Canasta-CR 1:00 Poker-BR 11:00 Morning Movie-War Room-AU 1:30 Balance Class-CP 1:30 Mexican Train Dominoes-CR 3:00 Trivia and Coffee-Coffee Lounge 6:30 Taylor Glen Book Club-LB	24 9:00 Wellness Breakfast 9:45 Chair Yoga-CP 10:30 Bible Study w/ Rev. Sammy-AU 1:30 Bible Study w/ Rev. Sammy-AU 2:30 Water Aerobics 3:00 HOE: Hooked on Electronics-CR 3:30 Uniguest Training-CR 6:30 Mahjong-CR	25 9:00 Get Fit Exercise-CP 9:45 Chair Yoga-CP 10:00 Groceries-Publix 10:30 Bible Study w/ Scott Davis-AU 1:00 Billiards Battle-BR 1:30 Community Meeting-AU 2:00 Corn Hole-CP 2:30 Rummikub-CR 3:00 Water Aerobics 6:30 Dominos-CR	26 9:00 Get Fit Exercise-CP 9:30 Men’s Breakfast Club w/ Rev. Sammy-Breakfast Time 9:45 Chair Yoga-CP 1:00 Bridge-CR 1:30 Balance Class-Chapel 2:00-Socialites Meeting-AR 2:30 Water Walking 3:00 Devotions w/ Rev. Sammy-AU 6:30 Canasta/Hand and Foot-CR	27 9:00 Get Fit Exercise-CP 9:00-12:00 Blood Pressure Clinic-Clinic 10:15 Coffee & Tea-CR 11:00 Devotions of Faith-CP 1:00 Water Color w/ Ann Lea-AR 1:30 Fitness Assessments w/ Timothy 2:30 Special Cheese and “Spirits”-Auditorium w/Bill Bottoms 3:00-5:00 Guest Swim 6:30 Spinner Dominos-CR	28 9:00 Breakfast Club/ Cardinal Cafe 1:30 Mahjong/ CR 6:30 Bingo / Auditorium
					Activity Location Key AR-Activity Room MR-Music Room CR-Card Room LB-Library AU-Auditorium BR-Billiards Room CP-Dickson Worship Ctr. (Chapel) TR-Training Room	The Gardens of Taylor Glen 3700 Taylor Glen Lane Concord, NC 28027 704-788-6510