

October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
			1 Chicken Kabob, baked potato, mixed veggies, wheat bread and milk	2 BBQ Glazed chicken, cauliflower, warm cinnamon apples, wheat bread and milk	3 Roast pork, garlic potatoes, green beans, wheat bread and milk Y fish fry—\$8.00	4
5	6 Pork BBQ/bun, baker potatoes, buttered corn and milk	7 Spaghetti w/ meat sauce, garlic toast, glazed carrots, pears and milk	8 Bacon Wrapped chicken thigh, roast potato, brussels sprout, dinner roll and milk	9 Beef chili, beef hot dog/bun, banana, oatmeal raisin cookie and milk	10 Tuna noodle casserole, glazed carrots, tropical fruit salad, wheat bread and milk	11
12	13 Sloppy Joe/bun, au gratin potatoes, peaches and milk	14 Chunky potato soup, turkey/Swiss on wheat, coleslaw and milk	15 Oven Pork chop, mashed potato, buttered broccoli, wheat bread and milk	16 Coney dog/bun, tater tot casserole, buttered peas and milk	17 Veggie soup, crackers, PBJ, apple and milk KOLB Food truck here	18
19	20 Chicken noodles, mashed potatoes, green beans, wheat bread and milk	21 Polish sausage/bun, potato salad, sliced peaches and milk	22 Pig n blanket, witches taco soup, red hot cinnamon apples, graveyard pudding cup/ milk	23 Chicken Cacciatore, steamed rice, pears, buttered peas and milk	24 Meatloaf, mashed potatoes, mixed veggies, wheat bread and milk	25
26	27 Oven fried chicken, potatoes, glazed carrots, wheat bread and milk	28 Meatball subs, cheesy potatoes, buttered broccoli and milk	29 Taco cornbread casserole, lettuce, tomato, calico corn, fruit cocktail and milk	30 Asian chicken, broccoli, egg roll, brown rice, mandarin oranges and milk	31 Beef stew, cheesy spider, turkey cream spider sandwich, eyeball grapes, and milk	

ADULT DAY SERVICES CALENDAR OF ACTIVITIES

October 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat



			1 Exercise 3D bat painting Lunch Mayor Bingo Grocery list Goals	2 Music time Witches hat ring toss Lunch Colonial bingo/ shopping	3 Let's go on a ghost hunt Lunch K of C Bingo Handbells	4
5	6 Exercise Spaghetti chal- lenge Lunch American Table Bingo swim	7 Outdoor walk Halloween family feud Lunch Guardian Angels bingo	8 Kettle Balls/ exercise class Leaf face craft Lunch Piper Diamonds bingo Grocery list	9 SENIOR HEALTH FAIR/ SEE U AT THE YMCA	10 Exercise/ handbells COOKING CLASS-witches brooms Lunch Colonial bingo	11
12	13 Exercise Witch pitch Lunch – Chapter reading Eagles bingo/ swim	14 Cemetery soup and scary stories Lunch Hoop shoot Masons bingo	15 Exercise/ROM Ghost in a jar Lunch Good Sam Bingo/ outdoor exercise	16 Let's tell a story Lunch Henderson Transfer bingo Shopping	17 Exercise Outdoor fun Lunch-Kolb food truck/ \$15.00 Chapter reading VFW Bingo	18
19	20 Hula Hoop ex- ercise class Face paint/ tattoos Lunch Goodwins Bingo/ swim	21 Hand massage Eyeball dig Lunch Nutrition bingo Halloween Po- ems	22 Exercise Hocus Pocus day Lunch Movie/popcorn Grocery lists Goals	23 Zombie eyeball toss Lunch Reading circle American Rent- al bingo/ shopping	24 Exercise Handbells Scarecrow relay Lunch– VFW bingo	25
26	27 Exercise Poke a ghost Lunch Gentlecare bingo/swim	28 Dice game/draw a ghost Lunch Lydias bingo	29 Build a bear day Lunch Oaktown Bingo Bingo Costume talk	30 Pass the pump- kin Lunch Wabash Steele Bingo	31 Mouserercise Walt Disney Halloween Par- ty Lunch Halloween Bin- go	