



YMCA BETTYE J. MCCORMICK
CENTER

2009 Prospect Avenue
Vincennes, IN 47591

812-882-2285

www.vincennesymca.org



December

©LP

DIRECTOR COMMENTS



I absolutely love Christmas. December really is a most wonderful time of the year. One of the nicest things about working here is the people I get to meet and become friends with. Over the years I have been blessed to work with many wonderful individuals both client and staff. I am very thankful for each and everyone of them. They have changed my life and I hope in some way, I have changed theirs. We could never run a facility like this without dedicated staff. Those who are kind, compassionate and puts others before themselves. I am so thankful to have this wonderful center family.

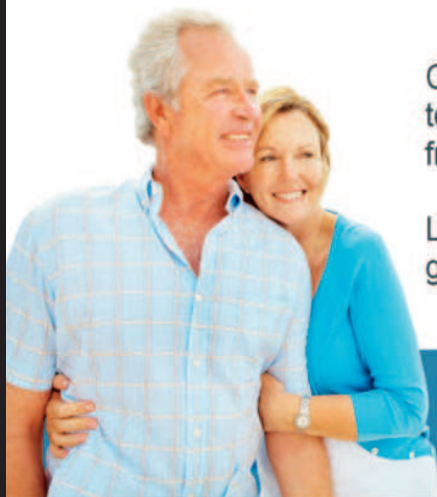
When I came here years ago my goal was to work in a place where I could help others. God didn't let me down. He out done himself!

The center has surely been transformed over the years and we are expecting even bigger better things in the new year!

As we head into all that December has to offer; my staff and I want to wish each and everyone of you a very Merry Christmas and a Happy New Year!

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ACTIVE ADULT PROGRAM –812-882-2285

December Lunch served Mon-Fri from noon to 12:15p.m. Cost: \$3.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Need a ride?	1 Beautician in house 10:00	2 Nativity chalk drawing—11:00	3 Santa spoon class -10:30—\$5.00	4 Hand massage—11:00a.m.	5 Parade of Lights 6:30pm	6
7 Call Van Go 812-886-3381	8 Christmas cookie class—10:00a.m.	9 Card Sharks—1:00pm	10 Theater—10:00 True x-mas story	11 Coffee chat—10 past x-mas 's in cafe	12 fun with water color - 1:00p.m.	13
14	15 Coffee Chat—10:00am Bettye J. Cafe	16 Bingo (8 person minimum) 1:00pm	17 Nurse walk and talk—10:00am	18 advisory committee meeting—10	19 x-mas nails—1:00pm	20
21	22 YMCA staff X-mas Luncheon 11-1	23 Card Sharks—1:00pm	24 Center Closed Merry Christmas Eve	25 Center Closed Merry Christmas	26 Center Closed	27
28	29 Hydro massage—10:00am	30 Bingo—1:00 (8 player min)	31 Happy New Years Eve—Ctr Closed		27 Happy Holidays	

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Bettye J McCormick Senior Center, Vincennes, IN

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MENU—2025

JULY 2025

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
Please reserve your place for lunch if you plan to attend on Dec. 22. Reservations needed by the 15th.	1 Hobo Casserole, creamed peas, cinnamon applesauce, garlic bread and milk	2 Chili dog/bun, oven French fries, steamed broccoli and milk, ketchup and mustard	3 Brown Sugar pineapple chicken, mashed potatoes, green beans, wheat bread and milk	4 Supreme pizza casserole, garden salad/ranch, seasoned baby bakers, garlic bread stick, milk	5 White cheddar chicken pasta, honey glazed carrots, peaches, wheat bread and milk	6
7	8 Oven fried chicken, garlic mashed potatoes, corn, wheat bread and milk	9 Chicken and noodles, mashed potatoes, green beans, cinnamon apples, wheat bread and milk	10 Hamburger/bun, LTO, au gratin potatoes, buttered peas and milk	11 Bacon wrapped chicken thighs, roast potatoes, glazed carrots, wheat bread and milk	12 TX cowboy stew, wheat bread, spiced fruit medley, mashed potatoes and milk	13
14	15 Beef chili w/ crackers, PBJ on wheat, peaches, celery sticks/cream cheese and milk	16 Petite egg salad, cucumber sandwich, chicken salad, tomato basil soup, deviled eggs, milk and hot tea, grapes, orange cranberry, strawberry	17 Greek Gyro/Pita, TLO, roasted potatoes, fruit salad and milk	18 Tuna noodle casserole, Brussel sprouts, sliced pears, wheat bread and milk	19 Beef Goulash, garlic bread, fruit cocktail, buttered corn and milk	20
21	22 Beef Brisket, mashed potatoes, carrots, Feta salad, strawberries/poppy seed dressing, roll and milk	23 Spaghetti Bake, garlic bread, buttered corn, fruit cocktail and milk	24 Merry Christmas Eve—Center Closed	25 Merry Christmas Center Closed	26 Happy Holiday Center Closed	27
28	29 Chicken on stick w/bacon, cheesy potatoes, green beans, bread and milk	30 Polish sausage, cooked cabbage, corn bread, hot spiced apples and milk	31 Happy New Years Eve—Center Closed			

ADULT DAY SERVICES CALENDAR OF ACTIVITIES

December 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat



	1 Beautician Exercise Let's make Santa Cookies Lunch American Table Bingo Swim	2 Walk with nurse Grinch Mischief Lunch Guardian Angels X-mas bow hunt	3 Exercise Cookie, cocoa and mystery Story Time Lunch Mayors Bingo	4 Christmas Bow Roulette/x-mas picture day Lunch Henderson Transfer Shopping	5 Exercise Candy Cane games/swap Lunch Handbells K of C Bingo Parade	6
7	8 Exercise Handbell Tour— Xmas cross painting Lunch Eagles Bingo	9 Outdoor walk Night Before X-Mas Trivia Lunch Mason's Bingo Build a moose Xmas	10 Kettle Balls/ Exercise OTL—\$5.00 gift exchange Lunch Pipers Diamonds Bingo	11 Pancakes n PJ Country line dancers Lunch Lydias Bingo/shopping C Brown trivia	12 Exercise Cooking—snowflake biscuit Lunch Colonial Bingo Handbells	13
14	15 Exercise X-mas nails/eyes, pass gift Lunch – Chapter reading Goodwins bingo/swim	16 Dickens Tea Time—10-11 Darren Oakman-guitar/singer Lunch Nutrition bingo	17 Exercise/ROM Clay Pot Santa Lunch Good Sam Bingo	18 Tea towels for momma Lunch American Rental bingo Shopping	19 Exercise Santa bag game Lunch-VFW Bingo/ 1– Jamestown carolers	20
21	22 Exercise Christmas fun and games Lunch Pictures with Santa	23 Hand massage Soda Bar/nativity craft Lunch 1-piano players—Colleen Irwin	24 Merry Christmas Eve ! Center Closed	25 Merry Christmas!! Center Closed	26 Center Closed Happy Holidays!	27
28	29 Exercise Roll a snowman Lunch Gentle care bingo/swim	30 Let' make a snowman craft Lunch Oaktown bingo	31 Happy New Years Eve Center Closed			

THANKSGIVING ACTIVITIES

Chris Kleumper was the lucky winner of one of three turkey dinners provided for our annual turkey shoot. Joe Yochum, Mayor personally sponsors this event for our adult day services clients every year. To win, Chris had to guess the number of shots it would take to "bag" the bird. Chris was thrilled to be one of the winners.

The dinner included all the fixings for a wonderful Thanksgiving feast. Chris stated his favorites are the turkey and the pumpkin pie.

The bag also contained yams, rolls, gravy mix, cranberry sauce, stuffing, noodles, broth and green beans. Thank you Mayor Yochum for making this fun event possible. Our BJMC family looks forward to the turkey shoot every year.



Olivia Taylor, Rebecca Skinner, Seth Harrington and Felicia Meeks are busy working on a thanksgiving basket. Each year the ADS finds one project to work towards as a way of giving back to the community. This years project involved each client donating one item for the basket which was given to a local family whose name was submitted by one of our community churches.

The clients prepared a list of needed items and went shopping for their item to stuff the basket. The turkey was donated by the staff and more and more items were added daily as the clients thought of new things they wanted to add for the family. The basket was hand delivered just in time for the big day! Our clients had so much fun doing this project, stating they loved helping others.

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COMPANY FOR THE HOLIDAYS? HOW ABOUT A GRAZING BOARD

A beautifully designed grazing board may feel more like a grown-up treat, but with the right ingredients, grazing boards can provide fun and nutrition for the whole family.

What you serve on a grazing board is entirely up to you. Most include a selection of meats, cheeses, nuts, crackers, dips and jams. Some incorporate fresh fruit and vegetables. Creating your own board means there are no rules; you can add anything you want. Here are some good tips:

Choose items that do not need temperature control. A grazing board will be sitting for awhile. Avoid items that need heat or refrigeration.

Select a surface large enough to hold a variety of foods. There is no specific size, but bigger is better. Spacing out your goodies can be more attractive and less messy.

Build your board around a theme adds an element of fun. Use cookie cutters to make fun shapes out of meat and cheeses. Be mindful of color; a rainbow of vibrant appealing colorful fruits and veggies is best.

Remember it doesn't have to be elaborate. Classic favorites are all you need. Even kid favorites like mandarin oranges and carrot sticks are fair game on a family friendly board.

Use high quality ingredients to ensure every bite is delicious and nutritious. Grazing boards are a great easy way to serve your company for the holidays. Easy to make and easy to clean up.

Taco Grazing Board made easy!

Things you can add to your board.

Guacamole, Salsa, Queso, Hard and Soft Taco shells, Ground beef or Turkey seasoned and browned, lettuce, diced tomatoes, shredded cheese, chopped onions, chopped peppers, sour cream, cilantro, lime wedges.



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YMCA BETTYE J. MCCORMICK SENIOR CENTER

2009 Prospect Avenue
Vincennes, IN 47591

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Staff members Rose Sage, Stacey Russell and Sandy Higgins are preparing Merry Beary who will ride in the Lighted Christmas Parade on December 5th at 6:30p.m. Come on down and enjoy this family friendly community event. We hope to see you there

Great news our beautician is back 12/1. Call to make your appointment 812-882-2285.

12/3—Painting class (\$5.00) make your own wooden spoon Santa. Class taught by Terry Jones. Reservation required by 12/1.

12/5—Join us this evening at 6:30p.m. for the Downtown parade of Lights. Look for our float. Hope to see you there!

12/8—Gayla Travis will hold a class on making home-made sugar cookies just in time for Christmas. Please call to reserve your spot. No charge. Come and have fun making these scrumptious old time favorites.

12/8—Handbell community tour. Departs center at 9:30.

12/10—ADS OTL—\$5.00 gift exchange is optional.

12/12—Join as we delve into the art of watercolor painting at 1:00p.m. There will be Christmas ornament templates to work with. Supplies will be provided. Reservations appreciated.



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