

# Lap Pool

## Schedule



January 1, 2026

Thru

March 15, 2026

### MONDAY

6:00-9:00am	Lap Swim
9:00-11:00am	POOL CLOSED
10:00-11:00am	*Swim Lessons
11:00am-1:00pm	Lap Swim
1:00-4:00pm	POOL CLOSED
4:00-5:45pm	**4 Lanes LHS/2 Lane Lap
5:45-6:30pm	Lap Swim
6:30-8:30pm	***4 Lane VST/2 Lane Lap Swim

### TUESDAY

6:00-9:00am	Lap Swim
9:00-11:00am	POOL CLOSED
10:00-11:00am	*Swim Lessons
11:00am-1:00pm	Lap Swim
1:00-4:00pm	POOL CLOSED
4:00-5:45pm	**4 Lanes LHS/2 Lane Lap
5:45-6:30pm	Lap Swim
6:30-8:30pm	***4 Lane VST/2 Lane Lap Swim

### WEDNESDAY

6:00-9:00am	Lap Swim
9:00-11:00am	POOL CLOSED
10:00-11:00am	*Swim Lessons
11:00am-1:00pm	Lap Swim
1:00-4:00pm	POOL CLOSED
4:00-5:45pm	**4 Lanes LHS/2 Lane Lap
5:45-6:30pm	Lap Swim
6:30-8:30pm	***4 Lane VST/2 Lane Lap Swim

### THURSDAY

6:00-9:00am	Lap Swim
9:00-11:00am	POOL CLOSED
10:00-11:00am	*Swim Lessons
11:00am-1:00pm	Lap Swim
1:00-4:00pm	POOL CLOSED
4:00-5:45pm	**4 Lanes LHS/2 Lane Lap
5:45-6:30pm	Lap Swim
6:30-8:30pm	***4 Lane VST/2 Lane Lap Swim

### FRIDAY

6:00-9:00am	Lap Swim
9:00-11:00am	POOL CLOSED
10:00-11:00am	*Swim Lessons
11:00am-1:00pm	Lap Swim
1:00-4:00pm	POOL CLOSED
4:00-5:45pm	**4 Lanes LHS/2 Lane Lap
5:45-6:45pm	Lap Swim

### SATURDAY

8:00-9:00am	Lap Swim
9:00-11:00am	***4 Lane VST/2 Lane Lap
11:00am-1:00pm	Lap Swim
1:00-3:45pm	Open Swim

### SUNDAY

1:00-3:45PM	Open Swim
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\* Indicates that lap pool is closed while swim lessons are taking place

\*\* LHS Swim Team uses 4 Lanes for Practice/ 2 Lanes are open for lap swim

\*\*\* VST uses 4 Lanes for Practice/ 2 Lanes are open for lap swim

- Open Swim = Pool open to all members/guest to swim
- Lap Swim = Open to members/guest to swim laps for exercise
- Kids under 6 years old must have a parent/guardian in the water with them at all times