

March 2026

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|--|--|---|-----|
| | | | | | | |
| 1 | 2 Meatloaf, mashed potatoes, buttered corn, wheat bread and milk | 3 Caprese pasta w/chicken, garlic bread, peaches, sliced cukes and milk | 4 Chicken, cabbage soup, pimento cheese on wheat, spiced apples and milk, saltines | 5 Oven roast, chicken, baked tomato/cheese, buttered peas, wheat bread and milk | 6 Glazed ham, sweet potatoes, seasoned green beans, wheat bread and milk | 7 |
| 8 | 9 Tomato, bacon tart/puff pastry, tomato basil soup, cottage cheese, pears and milk | 10 BLT / wheat toast, baked potato, fruit cocktail and milk | 11 Garlic tomato baked chicken, mashed potatoes, buttered corn, wheat bread and milk | 12 Salami rollup / cream cheese, broccoli salad, grape tomatoes, cottage cheese bread and milk | 13 Rattlesnake pasta/chicken, side salad/ ranch, cheesy garlic bread, mandarin oranges and milk | 14 |
| 15 | 16 Oven baked cabbage burgers, roast potatoes, cherry tomatoes, dinner roll and milk | 17 Reuben sliders, St. Paddy pasta/broccoli, spinach dip/warm baguette, and milk, | 18 Chicken Pomodoro, rice, buttered broccoli, sliced peaches and milk | 19 Beef chili, crackers, PBJ/ wheat, spiced apples and milk | 20 Coney dog/ bun, Auggarten potatoes, glazed carrots and milk. | 21 |
| 22 | 23 Oven fried chicken, mashed potatoes, green beans, wheat bread and milk | 24 Chicken salad stuffed tomato, baby bakers, cinnamon applesauce, multi grain bread/milk | 25 Polish sausage on bun, potato salad, broccoli and cauliflower and milk | 26 Salmon Patty, cherry tomatoes, garlic mashed potatoes, wheat bread and milk | 27—Ham & beans, creamy coleslaw, cornbread, cinnamon apples and milk | 28 |
| 29 | 30 Taco stuffed tomato, corn chips, tater tots, mandarin oranges and milk | 31 Stuffed bell pepper, mashed potatoes, glazed carrots, wheat bread and milk | | | | |

ADULT DAY SERVICES CALENDAR OF ACTIVITIES

March 2026

Sun

Mon

Tue

Wed

Thu

Fri

Sat



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|---|---|---|---|--|---|----|
| 8– Sign In 9– Breakfast 30– Currents 10–Exercise 30–Fun time 12–Lunch 1–Relaxation 30– Bingo | 2 Beautician Exercise Spring this or that Lunch Masons bingo swimming | 3 Walk to the Oldies Math games& dominoes Lunch White elephant bingo | 4 Exercise St. Paddy word search Lunch Bingo/Mayor | 5 Walk to Oldies Bible movie/ Yahtzee Lunch Bingo/G Sam Shopping –5 below | 6 Exercise Chair dancing Lunch Bingo/ Henderson TR Weight loss | 7 |
| 2– Snack 30–ready for bus/sign out 3–board for home | 9 Chair Exercise Facts about spring Lunch Bingo/ American Table swimming | 10 Walk to oldies Simon says/OTL Lunch Bingo/Guardian Angels Handbells | 11 Exercise He is my spring canvas Lunch Bingo/ Bridgepointe Grocery list | 12 Walk to Oldies OTL/game time Lunch Spring nails, hand massage Snacks | 13 Exercise CC/no bake key lime pie Lunch Bingo/K of C Weight loss mtg | 14 |
| 15 | 16 Exercises Outdoor bucket list Lunch – Chapter reading Bingo/Eagles Swimming | 17 walk to Oldies St Paddy’s party Lunch Leprechaun bingo Handbells More shenanigans | 18 Exercise/ROM St Paddy’s maze Lunch Bingo/ Grocery List Goals | 19 Walk to Oldies Science fun Lunch Bingo/Lydias Shopping— Ollies | 20 Exercise Spring wreath class—\$5.00 Lunch- Bingo/ Colonial Weight loss mtg | 21 |
| 22 | 23 Chair Exercise Spring Pictionary Lunch Bingo/Moose Swimming | 24 Walk to Oldies Toilet paper roll bird craft Lunch Bingo/Nutrition Handbells | 25 Exercise St. Paddy’s tale Lunch Bingo/Piper Diamonds Grocery List Goals | 26 Walk to Oldies Spring facials Lunch Bingo/ Goodwins Shopping | 27 Exercise CC-picture pendants Lunch Bingo/VFW Weight loss mtg | 28 |
| 29 | 30 Chair Exercise 50’s day fun Lunch Bingo/Gentle care Swimming | 31 Walk to Oldies Candlelight & music Lunch Bingo/Wabash Steele Handbells | | | | |