

# Table Groups: Frequently Asked Questions

## What is a Table Group?

Table Groups meet weekly to share a meal, build relationships, and experience God's presence together. They exist to cultivate a sense of family, grow as disciples of Jesus, and fulfill His mission.

## How often do groups meet?

Table Groups meet bi-weekly in homes throughout the greater Treasure Valley.

## Do groups meet year-round?

Table Groups meet from September to November and February to April, taking breaks during winter and summer. Some groups may choose to meet occasionally during the off-seasons, but this is up to each group's leader.

## Do groups follow a Bible study or book?

Rather than focusing on a specific book study, Table Groups center around the values of discipleship, family, and mission. This allows groups to be led by the Holy Spirit in living out kingdom principles. On discipleship nights, groups may discuss the most recent sermon and how it applies to daily life.

## Can I invite someone to my group?

Absolutely! Here's how:

- First, check with your Table Group leader and share a little about the person you'd like to invite. Leaders help maintain the group's dynamic and ensure it remains a good fit.
- Then, have the person sign up for the group on the website. Once they register, the leader will receive their contact information and can reach out with important details.

## How can I start and lead a Table Group?

If you're interested in starting or leading a Table Group, we encourage you to:

- Join an existing group first to learn the culture and values.
- Reach out to Pastor Matthew to express your interest. He will submit your group proposal to Valley Pastoral Leadership for approval.
- If approved, attend Table Group Leader training.

Family, Friends, Community - There is a seat at the table for **you**.