

FRIDAY (19/9)

16:30 - 17:00

Doors open & check-in

17:00 - 17:30

Event opening & welcome

17:30 - 18:30

Snorkelling* (led by Wild Wonder & Wisdom CIC)



18:30 - 19:30

Twilight yoga** (led by Sophie Mydlarz from Recharge Yoga)

19:30 - 20:30

Bat Walk



20:30 - 22:00

Film screening: Under the Surface (Cornwall Climate Care)



22:30 - 00:00 (+1)

Night-time rock pooling (led by The Rock Pool Project)



SATURDAY TALKS

09:00 - 09:30

Night-time rock pooling highlights
Speaker: Dr. Ben Holt (The Rock Pool Project)

10:00 - 11:00

Nature and wellbeing
Speaker: Millie Nahar (Inspiring Women Network)

13:30 - 14:30

Animal agriculture and fishing's harm to the environment and ecosystems
Speaker: Chrys McLaren (Climate Action St Austell)

15:30 - 16:30

Marine species discovery and biodiversity monitoring, from global to local
Speaker: Dr. Daniel Moore (University of Exeter)

SATURDAY (20/9)

08:00 - 09:00

Morning yoga** (led by Sophie Mydlarz from Recharge Yoga)

09:00 - 09:30

Paddleboard*

09:00 - 10:00

Moth trap



09:30 - 10:00

Paddleboard*

09:30 - 10:30

Snorkelling*



09:30 - 11:00

Wildflower Walk**



09:00 - 11:00

Sequest survey



09:00 - 11:00

Community Hub

11:00 - 13:00

Day-time Rock Pooling (The Rock Pool Project)



13:00 - 14:00

BRUVs set-up
&
deployment
(U of Exeter)

14:00 - 15:00

Bug Hunt



13:30 - 15:30

5K Nature Walk**



14:00 - 15:00

Snorkelling*



14:30 - 15:00

Paddleboard*

15:00 - 15:30

Paddleboard*

15:00 - 16:00

Snorkelling*



13:00 - 16:30

Community Hub

16:30 - 17:00

Closing ceremony